

Baseball

Continued from page 7

down the Wolves. SFU loaded the bases in the fifth, and scored two to grab the series lead at 1-0.

The momentum looked like it would shift in the rematch as a pair of first-year Wolf players ignited home plate. First-year catcher Mariah Deleon swung away in the first to run-bat-in Creach. The two meshed again in the third inning off of Deleon's homer to gain further momentum.

That quickly changed in the fourth as SFU loaded the bases again and scored three to go up 4-3, later made 5-3, to decide the series at 2-0. Now at 12-9, Western debuts on its home field this weekend on March 17-18 in another

back-to-back doubleheader.

"The team is very excited about playing at home this weekend. We are excited to have the advantage this weekend. If we get the opportunity to play at home, we don't want to take it for granted. We want to give these games our all," said Fabian.

First arriving to the diamond for two games will be St. Martin's with opening pitches set for 12 and 2 p.m. Central Washington will appear in the second doubleheader with the same time frame.

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Track

Continued from page 7

patience, running the best race in the field that day, and trusting in the things we do everyday at practice, which is run fast and enjoy doing it," said Nading.

Nading soon picked up more speed in the final bell lap. 40 meters down the stretch, Nading paced the rest of the competition for gold in a time of 4:13.30.

"At that very track two years ago, nearly precisely where I kicked to win, Coach (Mike) Johnson and I stood and had our very first discussion — a discussion about taking responsibility

and achievement here at WOU track and field, and the resounding belief that each and every one of us has the possibility of great achievements and that it lies within our grasp to accomplish.

"Both DMR championships mean an incredible amount and this one specifically because it remains proof of the possibilities yet to come."

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Photos by PAUL F. DAMIS

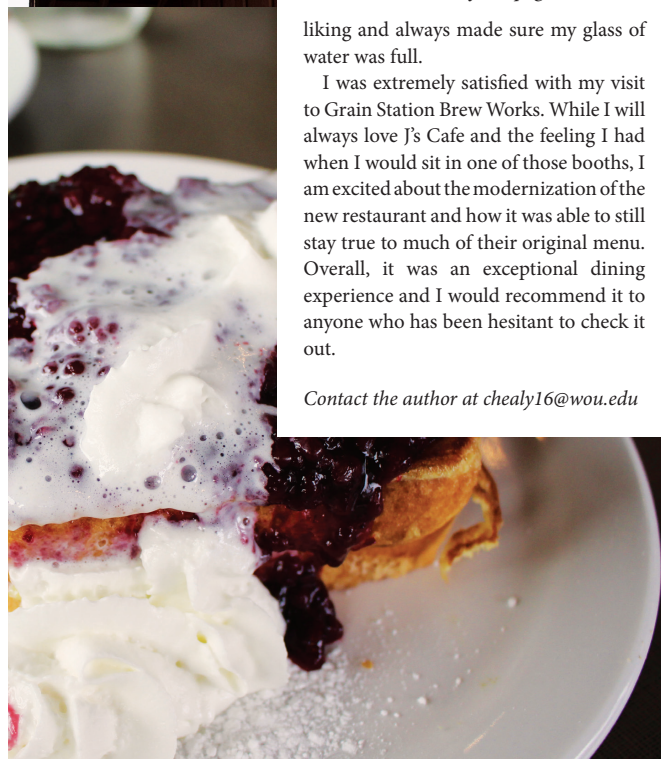
Grain Station

Continued from page 8

liking and always made sure my glass of water was full.

I was extremely satisfied with my visit to Grain Station Brew Works. While I will always love J's Cafe and the feeling I had when I would sit in one of those booths, I am excited about the modernization of the new restaurant and how it was able to still stay true to much of their original menu. Overall, it was an exceptional dining experience and I would recommend it to anyone who has been hesitant to check it out.

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