



2014-2016 Biennial Review:
Drug-Free Schools and Communities Act

Western Oregon University
2014-2016 Biennial Drug Free Schools and Community Act
Compliance Review

Review Team:

Craig Wimmer, Assistant Director of Wellness Education, Student Health and Counseling Center

Pam Medzegian, Wellness Educator, Student Health and Counseling Center

In compliance with the Drug-Free Schools and Community Act (DFSCA), this report outlines efforts and progress in at Western Oregon University (WOU) in creating a community and workplace that is free of drug and alcohol for student and employees. This report will outline current policies, practices, and projects towards prevention, education, and response to use and abuse violations and treatment. The following report outlines the 2014-15 and 2015-16 academic years.

This report also provides information addressing reported alcohol incidents in the WOU community, as well as disclosure of criminal activity on campus as reported through the Clery Campus Security Policy and Crime Statistics Disclosure Act. The full report available to students and employees provides statistics for the previous three years and is attached with this report and can be found through Campus Public Safety's website at: <http://www.wou.edu/safety/clery-act/annual-security-and-fire-safety-report/>

WOU provides alcohol and drug education to the campus community through a variety of programs, materials, and services available to all students. Through a variety of departments and campus collaborations, presentations, events and programs, speakers, materials, and online resources provide preventative and educational interventions in efforts to reduce campus substance abuse. Most approaches advocate for legal responsible use, prevention towards illegal use and abuse, and offer safe drug- and alcohol-free alternative activities for students. Consistent with their policy, individuals with substance abuse at WOU have support services available for counseling and assistance. The Office of Student Conduct manages and upholds violations of the code of conduct with disciplinary sanctions relating to drug and alcohol issues emphasizing educational development when possible.

Review Process:

Triggered by request from the Vice President of Student Affairs, our biennial review process begins with a collaborative collection of information and data from the following departments: Student Health and Counseling Center, University Housing, Student Conduct, and Public Safety. Data collection includes prevention, education, treatment, and violation reports across campus. The Assistant Director of Wellness Education compiles the data and review, providing recommendations to the Vice President of Student Affairs.

Campus Policy Statement and Philosophy:

The WOU Policy Statement was reviewed and revised on 8/11/16 by the Office of the Vice President of Student Affairs.

Western Oregon University has committed itself to the education and development of healthy, productive, and responsible individuals. Consistent with this commitment, WOU has established, and will enforce, institutional rules that uphold federal, state, and local laws applicable to alcohol and other drug usage. The university prohibits illegal use of drugs or alcohol by students, faculty, or staff. Federal law does not allow the use of medical marijuana or recreational use of marijuana as legalized by some states. Since WOU must comply with federal law, marijuana use is strictly prohibited in all situations.

In order to promote intelligent decision-making, WOU makes available to students, faculty, and staff basic information and educational programs on the prevention of alcohol and substance abuse. WOU also offers counseling and assistance programs for individuals with problems related to alcohol and substance abuse.

The university considers each member of the academic community a responsible participant in the health and welfare of the community. The university, therefore, expects each community member to adhere to this policy.

Philosophy

The above policy statement reflects WOU's philosophy concerning the use of alcohol and other drugs as summarized below:

- The university discourages the abuse of alcohol and legal drugs. The university condemns the use of illegal drugs.
- The university values responsible decision-making concerning the use of alcohol and legal drugs.
- The university supports the choice not to drink and upholds that decision as socially acceptable within the academic environment.
- The university does not condone excessive drinking. The university, therefore, considers intoxication an insufficient excuse for misconduct or for infringing on the rights of others.
- The university believes alcohol to be an inappropriate focus of campus social activity.
- The university holds that any use of illegal drugs or the illegal use of alcohol is incompatible with the philosophy and values of the academic community.

Annual Notification of DFSCA Policy to Campus Community:

Each year WOU is required to inform students, faculty, and staff of the university's standards and sanctions, programs available, health risks associated with, and federal and state legal sanctions.

Our campus community receives information of the DFSCA Policy through a variety of media sources. Written documents can be found in the Student Code of Conduct, Guide to Residential Living, Course Catalog, and the Campus Survival Guide. Faculty and Staff have a link on the Human Resources Page, found in the WOU Policy and Procedure section, making it easily found and visible with other campus policies.

These resources can also be found electronically through the WOU Website along with the DFSCA Policy on the Vice President of Student Affairs (VPSA) webpage. (www.wou.edu/student/pdf/DrugFreeSchoolsandCommunitiesPolicy.pdf)

This policy is sent out electronically to the entire campus community at the beginning of each academic year through the Office of the VPSA. If changes are made to policy or laws relating to Alcohol or Other Drugs, the Director of Public Safety sends an electronic notification to the campus community. The DFSCA has been included in the new WOU employee handbook and orientation.

***Review:** The policy is easily accessible to the campus community in a variety of media forms. Information is easily found on the website of Vice President of Student Affairs, and within major campus reference materials. The policy was recently updated, August 2016.*

Recommendations:

- *Increase knowledge of the policy to primary educational programmers and educators, to promote and use as a resource*
- *Program responsibilities and examples should be updated in the “Events and Activities at WOU”*

Campus Information and Statistics

In attention to their students and awareness to the issues regarding alcohol and other drug use, WOU upholds a philosophy of creating a healthy, drug and alcohol free campus community. This philosophy supports positive behaviors such as responsible decision making, respecting choices not to use alcohol or other drugs, and creating a social atmosphere without a focus on alcohol. WOU uses data from Public Safety, Conduct, and the Student Health and Counseling Center to report AOD figures.

WOU has periodically participated in collecting data on its student population through the National College Health Assessment, for campus specific information as well as comparative data to national numbers. This assessment hasn't been completed since 2006, in collaboration with the academic Health Education department and Health Education through the Student Health and Counseling Center. This data could provide insight to students reporting personal use, perceptions, and awareness. This information could enhance our current educational practices and targeted prevention efforts, while also offering a comparison to national numbers.

In 2013, members of the Oregon College Health Association created a plan to align their distribution and collection of NCHA biennially each spring of odd numbered years. Taken simultaneously, each Oregon school will be able to see and compare our data, specific to our state and run the assessment on a coordinated schedule.

The Office of Student Conduct has reported data representing alcohol and drug violations of students. These judicial numbers are representative of individual policy violations and indicate the amount of times each policy is violated.

Code of Student Responsibility Violations

VIOLATIONS	2014-15	2015-16
Alcohol	2	1
Controlled Substances	2	1
Violation of Local Laws (MIP's & Drugs)	12	27

Guide to Residential Living Violations

VIOLATIONS	2014-15	2015-16
Alcoholic Beverages	80	90
Drugs	77	73

The following information is reported through WOU Public Safety Department as provided through the Clery Report:

ALCOHOL/DRUG VIOLATIONS	2015				2016			
	A	B	C	D	A	B	C	D
Alcohol Involved Incidents	41	35	0	0	39	31	0	0
-- Alcohol Arrests	22	21	0	0	10	8	0	0
Drug Involved Incidents	70	57	0	0	58	47	0	0
-- Drug Arrests	4	4	0	0	7	3	0	0
TOTALS	137	117	0	0	114	89	0	0

A = On Campus
 B = Residential Facilities (Subset of On-Campus numbers)
 C = Public Property
 D = Non-Campus Property

Review: *Student Conduct and Public Safety continue to be the primary source of data regarding AOD prevalence at WOU. Since the review in 2014, the number of alcohol and drug violations in Residential living have declined. Drug use violations continue to eclipse alcohol violations, and require educational and preventative attention.*

Recommendations:

- *Continue to develop educational and evaluate sanctions for AOD violations to measure success and value*
- *Increase specific education and prevention efforts toward drug education and prevention to the campus community, specifically around marijuana since legalization based in Oregon.*

Campus Response and Prevention Efforts:

The WOU community continues to collaborate as a community in educational and awareness programs regarding alcohol and drug education and prevention. Within the division of Student Affairs, Wellness Education, University Housing, and Campus Public Safety lead considerable educational events, presentations, and training. Student Engagement has been proactive in providing guidance and training for Greek Life members as well.

Direct violations of campus policy are then directed through the Office of Student Conduct for review and sanctioning. Medical and mental health support services are offered through the Student Health and Counseling Center, including individual counseling, support groups, drug and alcohol evaluations and treatment, and referrals to community resources. The WOU CARE Team is comprised of a collaboration of University official from academic and student affairs, to assess and assist students in urgent wellness matters. Their purpose is “to maintain a safe and secure learning environment at Western Oregon University by addressing the physical and psychological issues that impact students, faculty and staff in the pursuit of the educational process.” Campus partnerships and communication are consistently practiced throughout the variety of response procedures.

Similarly, educational and preventive efforts are also collaborative in nature. Campus-wide, each year, beginning with New Student Week, alcohol and substance abuse education programs and efforts begin and are continued throughout the academic year, for all students. The Student Health and Counseling Center, Wellness Education creates and employs a variety of events, speakers, promotional materials, individual educational sessions, and presentations to the campus community. Public safety provides a variety of presentations, educational support at AOD programs, and provides a presence to campus events.

The Vice President of Student Affairs implemented an online learning module requirement for incoming first year students. Haven is a 1.5 hour prevention program addressing bystander approaches specific to sexual violence prevention that include how alcohol might impact sexual assault, and what campus resources are available for students was used in 2014-15. Student Empowerment was adopted in 2015-16 as the mandatory first year online educational module.

Student Leadership and Activities also involves alcohol awareness through their new student orientation events. With the continued growth of the Greek System, training and education has been provided to those involved with each Greek community. The “Fraternity and Sorority Life Policies and Procedures” provide specific requirements in regards to alcohol education training. Members are required to provide proof of participation in alcohol education training held each year for Greek Life. This training is offered at the annual Greek Summit that requires an attendance rate of 85% of all active members.

The general student population also has access to academic courses specific to educating and addressing issues of drugs and alcohol within the Community Health and Exercise Science Department.

In the academic year of 2014-15, the Student Health Advisory Committee in partnership with Health Education faculty and students, created a marketing and education campaign to address the Tobacco Policy for WOU. This committee reviewed national policies and recommendations, and created a proposal for Student Senate, Staff Senate, Administrative Support Council, Residence Hall Association, and Presidents Council to propose the Tobacco Free Campus Policy. This policy was endorsed and supported by each of the representative bodies, and approved for implementation beginning September 2015. That spring, Monmouth City Council also passed ordinance 1340 so that the Tobacco Free Policy could include city streets and walkways through campus.

By Fall 2015, Facility Services had signage and waste receptacles placed at campus boundaries and building entrances. Wellness Education created website resources for tobacco users support resources for students. While Human Resources provided information for faculty and staff. Education was created for Fall Term to educate new and returning students with knowledge and awareness of this policy change through posters, door-tags, and presentations.

In 2015-16, Wellness Education worked with the Teaching Resource Institute to apply for a NCAA Choice Grant to increase AOD programming, education, and materials. Unfortunately this grant did not materialize, but will continue to be looked at as a funding option to increase AOD efforts on-campus.

Campus-wide programs are utilized to provide alcohol and drug free alternative events for students, and many carry an educational component around alcohol and/or drugs. University Housing provides Resident Assistants, who act as policy enforcers, programmers, and provide student support and resources to their communities. The Wellness Education Department, the Peer Mentors provide another student resource in first year communities, acting as a support and resource, while providing educational programming for their residents and campus. Resident Assistants and Peer Mentor also are provided significant educational training around Alcohol and Drugs, identifying concerning behavior, knowledge of campus resources. Their roles of role-modeling, relationship building, and programming are significant methods of prevention and education to our incoming students.

***Review:** Programming and presentations tend to be the main approach to educating about alcohol awareness. Information and resources for students are easily accessible via websites, programs, and presentations. Support services from the CARE Team, Conduct, Campus Safety, and the Health and Counseling Center are accessible and collaborative. The campus community shares a vision in helping create a safe and healthy education environment, with resources and*

support services easily accessible and visible to the community. AOD prevention and educational goals, and interventions, still remain fairly independent to departmental goals and purpose.

Recommendations:

- *Continue to evaluate and develop online learning and mandatory educational sessions for incoming students*
- *Further develop social norms and bystander approaches within programming for student leaders and target population*
- *Utilize the NCHA and other tools for accurate data regarding campus behaviors and specific needs.*
- *Create a more diverse range of topics within educational programming efforts, specifically regarding drug education and prevention*
- *Review documentation between departments regarding outreach and programming efforts to improve efficiency in sharing data*
- *Continue to build relationships and programmatic partnerships with the more established Greek Life system*

Interventions and Conduct

Students found in violation of alcohol and other drug policies are directed through the judicial process at WOU, which may be in addition to court sanctioning. The process may vary depending on the violation and number of encounters a student may already have. Both violations of alcohol and marijuana-use provide an online educational tool (eCHUG and Marijuana 101) that is mandatory for students to complete. The Student Health and Counseling Center also provides alcohol and drug evaluation and treatment that may be required of a student in violation. These evaluations may lead to sanctioned follow up appointments and treatment. The following table represents the number of sanctions provided by Judicial Affairs:

Educational Sanctions

	2014-15	2015-16
eCHUG/Under the Influence	43	59
Alcohol/Drug Evaluation	9	9
Alcohol/Drug Treatment	0	0
Complete Court Assigned Diversion	9	2
Submit Court Results	13	2
Marijuana 101	34	49

Other sanctions, or combinations of a variety of these sanction may be applied to students based on infraction severity and quantity. Since the 2014 review, our overall numbers in all categories have decreased significantly. The methods of sanctions for student violations have been under review and development in efforts to create a more personalized, educational, and reflective approach.

***Review:** Sanction numbers have continued to decrease, indicating a change in procedure, or effective reduction in violations. WOU provides students with a variety of sanction options to meet the specific needs of students, and options for educational sanction approaches.*

Recommendations:

- *Evaluate the sanction system and usage of options*
- *Continue to research and implement variety of best practiced educational sanctions*
- *Explore involving community resources in educational sanctions and reporting*

Programming Prevention and Education

To address the importance of alcohol and other drug use and abuse within the college population, a variety of educational and preventative efforts are made throughout the year and between departments. WOU believes alcohol to be an inappropriate focus of campus social activity and that the use of illegal drugs or use of alcohol is incompatible with the philosophy and values of the academic community. Throughout the academic year of 2014-2015 and 2015-2016 campus efforts to educate on healthy decision making and prevention were offered to students and the campus community through training, events, and educational materials. The following is a breakdown of the campus-wide efforts:

2014 – 2015 Programs and Events

- Drug and Alcohol Training for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board
- Alcohol and Drug Presentation by Polk County Narcotics Team, Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board
- Sholotta Sharp, SANE Nurse Sexual Violence Prevention presentation for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board, Student Health and Counseling Center Staff, Public Safety Staff, and Faculty
- Campus Community “Walk About”: Off-campus interaction and education with Student Affairs and Monmouth Police Department
- New Student Week Alcohol and Drug Education Presentation, Mandatory for all incoming first year students
 - Maximize your Buzz, Alcohol Education
 - Will Keim, Convocation, Addresses Alcohol and Drug Use
 - He Said, She Said, Sexual Assault and Drug and Alcohol Education
 - Freshmen Bar, Peer Mentor Alcohol and Drug Education
- New Student Week Educational Sessions, General College Wellness, Party Safety, Sexual Assault, and Health Resources
- Passive Tobacco Education Displays in Residence Halls (31)
- Alcohol Awareness Week Educational Table
- Men’s Basketball Sexual Health Presentation, including Alcohol and Drug Education
- Greek Life Alcohol Training, Alcohol, Drug, Party Safety Education
- College Health and Wellness Education Presentations (10), Alcohol Education, Party Safety, Sexual Assault, and Health Resources
- Party Safety Program with SPEAK
- Tobacco Free Policy Project (10 Presentations, 2 Educational Tables, Poster Campaigns)
- Civil War football watch party (alcohol-free alternative programs)

- Superbowl watch parties (alcohol-free alternative programs)
- Annual Health and Wellness Fair, Various Education Tables and Vendors
- Annual Sexual Health Education Program, included Alcohol Education
- Weekend Wolfpack programs (weekly social programs that happen on the weekends that offer alcohol alternatives)
- Various presentations on alcohol, drug use, addictions, binge drinking, tobacco use, sexual assault, responsible decision making, refusal skills, and campus resources offered by Wellness Education, Faculty, and community specialists

2015 – 2016 Programs and Events

- Healthy Perspectives & Social Norms Training, Alcohol and Drug Overview, Social Norms and Health Promotion Training for Resident Assistants, Peer Mentors, and Resident Hall Association
- Sholotta Sharp, SANE Nurse Sexual Violence Prevention presentation for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board, Student Health and Counseling Center Staff, Public Safety Staff, and Faculty
- Green Dot Bystander Prevention and Sexual Assault Training for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board
- New Student Week Alcohol and Drug Education Presentation, Mandatory for all incoming first year students
 - Maximize your Buzz, Alcohol Education
 - Will Keim, Convocation, Addresses Alcohol and Drug Use
 - Green Dot, Sexual Violence, Drug and Alcohol Education
 - Freshmen Bar, Peer Mentor Alcohol and Drug Education
- New Student Week Educational Sessions, General College Wellness, Party Safety, Sexual Assault, Marijuana Legalization, and Health Resources
- Campus Community “Walk About”: Off-campus interaction and education with Student Affairs and Monmouth Police Department
- General College Health and Wellness Education Classroom Presentations (8), Alcohol Education, Party Safety, Sexual Assault, and Health Resources
- Passive Educational Posters, Marijuana Legalization “Need to Know”
- Passive Educational Posters, Alcohol Awareness Week
- Annual Health and Wellness Fair, Alcohol Education and Community Resource Promotion
- Peer Mentor Hall Alcohol Safety and Education Programs for First Year Halls (12)
- Sex Jeopardy Program, Sexual Health & Drug Use Awareness
- Civil War football viewing programs (alcohol-free alternative programs)
- Superbowl watch parties (alcohol-free alternative programs)

- Wellness Educators attend NASPA Strategies Conference, Alcohol and Drug Education and Professional Development
- Green Dot Bystander Training, Alcohol and Sexual Assault Training (6)
- Greek Life Alcohol Training, Alcohol, Drug, Party Safety Education
- Sexual Health Education Program, included Alcohol Education
- Weekend Wolfpack programs (weekly social programs that happen on the weekends that offer alcohol alternatives)
- Various presentations on alcohol, drug use, addictions, binge drinking, tobacco use, sexual assault, responsible decision making, refusal skills, and campus resources offered by Wellness Education, Faculty, and community specialists

***Review:** Campus education and prevention programming continue to evolve in practice of implementing more bystander approaches, as well as social norming approaches. University Housing and Wellness Education have increased the training content and focus for student staff regarding AOD program practices and resource in their fall training. Other campus partners have also increased programmatic energy, including Community and Public Health Club, Green Dot Club, OHSU Nursing Interns, and Greek Life*

Recommendations:

- *Continue to increase proactive, social norm, and bystander approaches into program training and advising*
- *Increase community wide educational programming and engage more student populations*
- *Continue to align campus programming goals, and evaluation of learning outcomes of these educational programs, to identify their impact on knowledge acquired and students perceived usefulness and applicability*
- *Develop feedback and evaluation for participants for learning outcomes and campus resource knowledge*
- *Explore further funding opportunities and training for AOD specific program needs*

Evaluation and Recommendations:

Areas of Strength:

Training and Education for Students: The general campus population is introduced to education of AOD resources and knowledge through a variety of means including online modules, presentations, orientations, workshops, conduct sanctions, and programming. Students in many programming and leadership roles have access to training and collaborative resources specific to education and prevention programs. The campus has developed diverse educational strategies and approaches in their outreach to the campus community.

Policy: WOU continues to review and adapt their campus policies on a regular basis. WOU has been very consistent in its management of alcohol and drug policy and conduct processes. The conduct process continues to prioritize using educational approaches and sanctions whenever appropriate and possible. These policies for campus are accessible and available campus-wide for all community members. WOU is being proactive in addressing policy reviews and changes, including tobacco use policies. WOU continues to promote a safe and healthy educational environment through policy and practices.

Areas of Improvement:

Online Resources: Campus resources and policies are generally accessible, more learning and support resources and links could be offered for students to access online. To connect with students who seek information online through websites, apps, and social media, materials and credible resources should be available to student use. This would also provide further information and resources to students who may only be taking online courses and not physically on-campus.

Campus Data: Implement the National College Health Assessment to collect data and trends for WOU campus and comparison to other national and statewide trends in regards to alcohol and drug use and behaviors. Current data comes from campus policy violations, conduct sanctioning, and the Clery Report, but may not represent current student perceptions and general behavior patterns around drug and alcohol use.

Recommendations:

Reviewing the campus information and data provided at WOU, the following recommendations can be made:

- Conduct an annual review of alcohol and other drug related programming, training, and response with Greek Life, Student Conduct, University Housing, Student Health and Counseling Center, and Campus Public Safety, to create feedback and goals

- Implement a campus-wide assessment of student AOD use, knowledge, and perceptions, to further develop our campus data
- Further advance training and education for stakeholders within the Greek Life, athletics, and other high risk populations to build a strong foundation of educational and preventative values
- Develop an updated resource of online links, apps, and websites for students to access electronically