



2014 Biennial Review:
Drug-Free Schools and Communities Act

Western Oregon University
2012-2014 Biennial Drug Free Schools and Community Act
Compliance Review

Review Team:

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In compliance with the Drug-Free Schools and Community Act (DFSCA), this report outlines efforts and progress at Western Oregon University (WOU) in creating a community and workplace that is free of illegal drugs and alcohol abuse for students and employees. This report will outline current policies, practices, and projects towards prevention, education, and response to drug and alcohol use and abuse, violations and treatment. The following report outlines the 2012-13 and 2013-14 academic years.

This report also provides information addressing reported alcohol incidents in the WOU community, as well as disclosure of criminal activity on campus as reported through the Clery Campus Security Policy and Crime Statistics Disclosure Act. The full report available to students and employees provides statistics for the previous three years and can be found through Campus Public Safety's website at:

http://www.wou.edu/admin/safety/current_safety_guide_stats.pdf

WOU provides alcohol and drug education to the campus community through a variety of programs, materials, and services available to all students. Through a variety of departments and campus collaborations, presentations, events and programs, speakers, materials, and online resources provide preventative and educational interventions in efforts to reduce campus substance abuse. Most approaches advocate for legal responsible use, prevention of illegal use and abuse, and offer safe drug- and alcohol-free alternative activities for students. Consistent with the policy, individuals with substance abuse at WOU have support services available for counseling and assistance. The Office of Student Conduct manages and upholds violations of the [Code of Student Responsibility](#) with disciplinary sanctions relating to drug and alcohol issues emphasizing educational development when possible.

Review Process:

WOU's biennial review process begins with a collaborative collection of information and data from the following departments: Student Health and Counseling Center, University Housing, Student Conduct, and Public Safety. Data collection includes prevention, education, treatment, and violation reports across campus. The Assistant Director of Health Education compiles the data and review, providing recommendations to the Vice President of Student Affairs.

Campus Policy Statement and Philosophy:

The WOU Policy Statement was reviewed and revised on February 2014 by the Office of the Vice President of Student Affairs.

Western Oregon University has committed itself to the education and development of healthy, productive, and responsible individuals. Consistent with this commitment, WOU has established, and will enforce, institutional rules that uphold federal, state, and local laws applicable to alcohol and other drug usage. The university prohibits illegal use of drugs or alcohol by students, faculty, or staff. Federal law does not allow the use of medical marijuana or recreational use of marijuana as legalized by some states. Since WOU must comply with federal law, marijuana use is strictly prohibited in all situations.

In order to promote intelligent decision-making, WOU makes available to students, faculty, and staff basic information and educational programs on the prevention of alcohol and substance abuse. WOU also offers counseling and assistance programs for individuals with problems related to alcohol and substance abuse.

The university considers each member of the academic community a responsible participant in the health and welfare of the community. The university, therefore, expects each community member to adhere to this policy.

The above policy statement reflects WOU's philosophy concerning the use of alcohol and other drugs as summarized below:

- The university discourages the abuse of alcohol and legal drugs. The university condemns the use of illegal drugs.
- The university values responsible decision-making concerning the use of alcohol and legal drugs.
- The university supports the choice not to drink and upholds that decision as socially acceptable within the academic environment.
- The university does not condone excessive drinking. The university, therefore, considers intoxication an insufficient excuse for misconduct or for infringing on the rights of others.
- The university believes alcohol to be an inappropriate focus of campus social activity.
- The university holds that any use of illegal drugs or the illegal use of alcohol is incompatible with the philosophy and values of the academic community.

Annual Notification of DFSCA Policy to Campus Community:

Each year WOU is required to inform students, faculty, and staff of the university's standards and sanctions, programs available, health risks associated with, and federal and state legal sanctions.

Our campus community receives information of the DFSCA Policy through a variety of media sources. Written documents can be found in the Student Code of Conduct, Guide to Residential Living, Course Catalog, Plan-It Wolf, and the Campus Survival Guide. Faculty and Staff have a link on the Human Resources Page, found in the WOU Policy and Procedure section, making it easily found and visible with other campus policies.

These resources can also be found electronically through the WOU Website along with the [DFSCA Policy](#) on the Vice President of Student Affairs (VPSA) webpage.

This policy is sent out electronically to the entire campus community at the beginning of each academic year through the Office of the VPSA. If changes are made to policy or laws relating to Alcohol or Other Drugs, the Director of Public Safety sends an electronic notification to the campus community. The DFSCA is also included in the WOU employee handbook and orientation.

***Review:** The policy is easily accessible to the campus community in a variety of media forms. Information is easily found on the website and within major campus reference materials. The policy was recently reviewed, February 2014.*

Recommendations:

- *Increase knowledge of the policy to primary educational programmers and educators, to promote and use as a resource*

Campus Information and Statistics

In attention to students and awareness to the issues regarding alcohol and other drug use, WOU upholds a philosophy of creating a healthy campus community free of illegal drugs and alcohol abuse. This philosophy supports positive behaviors such as responsible decision making, respecting choices not to use alcohol or other drugs, and creating a social atmosphere without a focus on alcohol. WOU uses data from Public Safety, Student Conduct, and the Student Health and Counseling Center to report AOD figures.

WOU has periodically participated in collecting data on its student population through the National College Health Assessment, for campus specific information as well as comparative data to national numbers. This assessment was last administered in 2006. This data provides insight to students reporting personal use, perceptions, and awareness. This information enhances our current educational practices and targeted prevention efforts, while also offering a comparison to national numbers.

In 2013, members of the Oregon College Health Association created a plan for all member institutions to administer the NCHA benchmarking survey biennially each spring of odd numbered years. Taken simultaneously, each Oregon school will be able to see and compare our data, specific to our state and run the assessment on a coordinated schedule. WOU will administer this assessment in the spring of 2015.

The Office of Student Conduct has reported data representing alcohol and drug violations of students. These judicial numbers are representative of individual policy violations and indicate the amount of times each policy is violated.

Code of Student Responsibility Violations

VIOLATIONS	2012-13	2013-14
Alcohol	2	0
Controlled Substances	3	8
Violation of Local Laws (MIP's & Drugs)	19	29

Guide to Residential Living Violations

VIOLATIONS	2012-13	2013-14
Alcoholic Beverages	142	110
Drugs	116	55

At the time of this review the 2013 report numbers had not been updated. The following information is reported through WOU Public Safety Department as provided through the Clery Report:

	2011				2012			
ALCOHOL/DRUG VIOLATIONS	A	B	C	D	A	B	C	D
Alcohol Involved Incidents	38	34	1	5	41	35	0	4
-- Alcohol Arrests	3	2	0	11	22	21	0	7
Drug Involved Incidents	58	52	1	0	70	57	0	0
-- Drug Arrests	5	5	0	0	4	4	0	0
TOTALS	104	93	2	16	137	117	0	11

- A = On Campus
- B = Residential Facilities (Subset of On-Campus numbers)
- C = Public Property
- D = Non-Campus Property

***Review:** Student Conduct and Public Safety continue to be the primary source of data regarding AOD prevalence at WOU. Overall our numbers remained fairly consistent, with exception to the alcohol arrests, which were significantly lower for one year in 2011. Our Drug related incidents also increased slightly, since the last report. Drug use violations continue to eclipse alcohol violations, and require educational and preventative attention. Incidents of alcohol and drug related incidents in the residence halls showed significant decline from 2013-14. The Clery Report data had not been updated in time to include 2013 statistics and data.*

Recommendations:

- *Continue to develop educational sanctions and evaluate these sanctions for AOD violations to measure success and value*
- *Increase specific education and prevention efforts toward drug education and prevention to the campus community*
- *Administer the ACHA benchmarking survey on a two-three year basis*

Campus Response and Prevention Efforts:

Addressing issues of illegal substance use on and around the WOU community has been a collective effort through many departments within the Division of Student Affairs and within academic courses. As respondents, Campus Public Safety, University Housing, and the Student Health and Counseling Center are primarily responsible for handling individuals and situations involving violations of substance use. Direct violations of campus policy are then directed through the Office of Student Conduct for review and sanctioning. Medical and mental health support services are offered through the Student Health and Counseling Center, including individual counseling, support groups, drug and alcohol evaluations and treatment, and referrals to community resources. The WOU CARE Team is comprised of a collaboration of University official from academic and student affairs, to assess and assist students in urgent wellness matters. Their purpose is “to maintain a safe and secure learning environment at Western Oregon University by addressing the physical and psychological issues that impact students, faculty and staff in the pursuit of the educational process.” Campus partnerships and communication are consistently practiced throughout the variety of response procedures.

Similarly, educational and preventive efforts are also collaborative in nature. Campus-wide, each year, beginning with New Student Week, alcohol and substance abuse education programs and efforts begin and are continued throughout the academic year, for all students. The Student Health and Counseling Center, Wellness Education creates and employs a variety of events, speakers, promotional materials, individual educational sessions, and presentations to the campus community. Public safety provides a variety of presentations, educational support at AOD programs, and provides a presence to campus events.

Student Leadership and Activities also involves alcohol awareness through their new student orientation events. With the continued growth of the Greek System, training and education has been provided to those involved with each Greek community. There

are also academic courses specific to educating and addressing issues of drugs and alcohol within the Health and Physical Education Department. In 2011-2012, the Student Health Advisory Committee continued work to address the WOU policy on tobacco use. The goal is to present a policy for formal approval by Fall, 2014.

Campus-wide programs are utilized to provide alcohol and drug free alternative events for students, and many carry an educational component around alcohol and/or drugs. Within University Housing, Resident Assistants act as policy enforcers, programmers, and provide student support and resources to their communities. University Housing also hosts Alcohol Awareness Campaigns during the fall term, and Sexual Violence Prevention campaigns during the spring term. From the Wellness Education Department, the Peer Mentors provide another student resource in first year communities, acting as a support and resource, while providing educational programming for their residents and campus. Resident Assistants and Peer Mentors also are provided significant educational training around Alcohol and Drugs, identifying concerning behavior, and knowledge of campus resources. Their roles of role-modeling, relationship building, and programming are significant methods of prevention and education to our incoming students.

Faculty and staff have programs and services provided to them through the Employee Assistance Program (EAP), administered through WOU's Human Resource Office.

***Review:** Overall, WOU has continued to offer a variety of educational and preventative efforts regarding AOD issues. As a whole, the campus community shares a vision in helping create a safe and healthy education environment, with resources and support services easily accessible and visible to the community. AOD prevention and educational goals, and interventions, still remain fairly independent to departmental goals and purpose.*

Recommendations:

- *Unify prevention and educational efforts through increased collaborative strategic planning of AOD events*
- *Identify specific topics and learning outcomes that are consistent across campus efforts regarding AOD prevention and education*
- *Create a more diverse range of topics within educational programming efforts, specifically regarding drug education and prevention*
- *Improve record keeping and evaluation to indicate prevention and educational values*
- *Develop more specialization and resources to advance campus AOD prevention and intervention strategies*
- *Create a solid foundation of education and policies for the new Greek system and participants*

Interventions and Conduct

Students found in violation of alcohol and other drug policies are directed through the student conduct process at WOU, which may be in addition to the local law enforcement process. The Student Conduct process may vary depending on the violation and number of encounters a student has. For violations of alcohol and marijuana-use, an online educational tool (eCHUG and Marijuana 101) is mandatory for students to complete. The Student Health and Counseling Center also provides alcohol and drug evaluation and treatment which may be required sanctions for a student. These evaluations may lead to sanctioned follow up appointments and treatment. The following table represents the number of sanctions provided by Judicial Affairs:

Educational Sanctions

	2012-13	2013-14
eCHUG/Under the Influence	62	75
Alcohol/Drug Evaluation	25	13
Alcohol/Drug Treatment	0	0
Complete Court Assigned Diversion	14	16
Submit Court Results	19	19
Marijuana 101	71	36

Other sanctions, or combinations of a variety of these sanctions may be applied to students based on the infraction severity and quantity. In 2013-14, the number of Marijuana 101 sanctions significantly decreased. The type of sanctions for student violations have been under review and development in efforts to create a more personalized, educational, and reflective approach. Currently, a collaborative effort within Student Conduct and Wellness Education is in process of evaluating, researching, and developing new approaches to AOD sanctions.

***Review:** The communication between the departments involved has remained very effective in collaborative interventions. WOU also provides a variety of sanction avenues that offer personalization to each situation and individual.*

Recommendations:

- *Continue to research and implement creative educational sanctions*
- *Explore involving community resources in educational sanctions*

Programming Prevention and Education

To address the importance of alcohol and other drug use and abuse within the college population, a variety of educational and preventative efforts are made throughout the year and between departments. WOU believes alcohol to be an inappropriate focus of campus social activity and that the use of illegal drugs or use of alcohol is incompatible with the philosophy and values of the academic community. Throughout the academic year of 2012-2013 and 2013-2014 campus efforts to educate students on healthy decision making and prevention were offered through training, events, and educational materials. The following is a breakdown of campus-wide programming efforts:

2012 – 2013 Programs and Events

- Michael Leeds, Drug and Alcohol Training for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board
- Sexual Violence and Prevention Training for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board, including Green Dot Bystander Prevention approaches
- New Student Week Alcohol and Drug Education Presentation, Mandatory for all incoming first year students
 - Maximize your Buzz, Alcohol Education
 - Will Keim, Convocation, Addresses Alcohol and Drug Use
 - Let's Talk About It, Sexual Assault and Drug and Alcohol Education
 - Freshmen Bar, Peer Mentor Alcohol and Drug Education
- New Student Week Educational Sessions, General College Wellness, Party Safety, Sexual Assault, and Health Resources
- College Health and Wellness Education Presentations (20 FYE Classes, 7 SEP courses), Alcohol Education, Party Safety, Sexual Assault, and Health Resources
- Campus Community "Walk About": Off-campus interaction and education with Student Affairs and Monmouth Police Department
- Men's Basketball Sexual Health Presentation, including Alcohol and Drug Education
- Peer Mentor Hall Alcohol Safety and Education Programs for First Year Halls (20)
- Great American Smoke Out campaign
 - University Housing Alcohol Awareness Week
 - "Be Informed: Alco-Hall" Awareness Program
 - "Know your Limits: Karnival Kegger", Awareness Program
 - "Know the Facts: Ounce by Ounce", Awareness Program
 - "Make Safe Choices: Baby got BAC", Awareness Program
 - Community wide alcohol education bulletin board programs in each community (43)
- Civil War football watch party (alcohol-free alternative programs)

- Superbowl watch parties (alcohol-free alternative programs)
- Alcohol Education Program: “Superbad Party Foul”
- Safe Spring Break Alcohol and Drug Education Program
- Alcohol Education and Mocktails for Cinderella Ball Dance
- Physical Health Information and Alcohol Effects, Information Table
- Annual Health and Wellness Fair, Various Education Tables and Vendors
- Campus Faculty and Staff attend Society Of Public Health Education National Conference, Alcohol and Drug Education and Professional Development
- Educational programs addressing marijuana
- Alcohol Education Information Table at Valsetz and Werner University Center
- Alcohol and Date Rape Drugs Presentation for SPEAK, included Wellness Education, Conduct, and Public Safety
- Upward Bound Summer Health and Wellness Class, Alcohol and Drug Education
- Annual Sexual Health Education Program, included Alcohol Education
- Weekend Wolfpack programs (weekly social programs that happen on the weekends that offer alcohol alternatives)
- Various presentations on alcohol, drug use, addictions, binge drinking, tobacco use, sexual assault, responsible decision making, refusal skills, and campus resources offered by Wellness Education, Faculty, and community specialists

2013 – 2014 Programs and Events

- Alcohol and Drug Education Training for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board
- Sholotta Sharp, SANE Nurse Sexual Violence Prevention presentation for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board, Student Health and Counseling Center Staff, Public Safety Staff, and Faculty
- Green Dot Bystander Prevention and Sexual Assault Training for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board
- New Student Week Alcohol and Drug Education Presentation, Mandatory for all incoming first year students
 - Maximize your Buzz, Alcohol Education
 - Will Keim, Convocation, Addresses Alcohol and Drug Use
 - Green Dot, Sexual Assault and Drug and Alcohol Education
 - Freshmen Bar, Peer Mentor Alcohol and Drug Education
- New Student Week Educational Sessions, General College Wellness, Party Safety, Sexual Assault, and Health Resources
- Campus Community “Walk About”: Off-campus interaction and education with Student Affairs and Monmouth Police Department

- General College Health and Wellness Education Classroom Presentations (25), Alcohol Education, Party Safety, Sexual Assault, and Health Resources
- University Housing Alcohol Awareness Week (week long alcohol education program initiative)
 - Be Informed: Red Solo Cup I Fill You Up (Alcohol Awareness Program)
 - Know Your Limits: Mocktail Party (Alcohol Awareness Program)
 - Know the Facts: Operation Landers (Alcohol Awareness Program)
 - Make Safe Choices: Pour a Drink! (Alcohol Awareness Program)
 - Community wide alcohol and drug awareness bulletin board awareness campaign (40 different alcohol and drug educational bulletin boards)
- Marijuana In-Service Training for student leaders
- OHSU interns with Wellness Education created
 - “Prescription Drug Abuse” brochures and posters, and displayed in the WUC
 - “Binge Drinking” brochures and posters, and displayed in the WUC
- Peer Mentor Hall Alcohol Safety and Education Programs for First Year Halls (7)
- Sex Jeopardy Program, Sexual Health & Drug Use Awareness
- Civil War football viewing programs (alcohol-free alternative programs)
- OUS Peer Education Meeting to Discuss Programs and Best Practices
- Superbowl watch parties (alcohol-free alternative programs)
- 28 Safe Spring Break Alcohol and Safe Sex Programs in each First Year Community
- Alcohol Education and Mocktails for Cinderella Ball Dance
- Green Dot Bystander Training, Alcohol and Sexual Assault Training
- Alcohol and Date Rape Drugs Presentation for SPEAK, included Wellness Education, Conduct, and Public Safety
- Sexual Assault Awareness Week (week-long initiative sexual assault awareness program initiative)
- Community wide sexual assault awareness bulletin board awareness campaign (40 different sexual assault educational bulletin boards)
- Campus Staff attend NASPA Conference, Alcohol and Drug Education and Professional Development
- Annual Health and Wellness Fair, Various Education Tables and Vendors
- Campus Faculty and Staff attend American College Health National Conference, Alcohol and Drug Education and Professional Development
- Staff Attend Department of Justice Office Of Violence Against Women Education and Outreach Training, Alcohol and Drug Education, Best Practice of Prevention
- Sexual Health Education Program, included Alcohol Education
- Weekend Wolfpack programs (weekly social programs that happen on the weekends that offer alcohol alternatives)

- Various presentations on alcohol, drug use, addictions, binge drinking, tobacco use, sexual assault, responsible decision making, refusal skills, and campus resources offered by Wellness Education, Faculty, and community specialists

Review: *Campus prevention and educational program around drug and alcohol have continued to increase, specifically for the on-campus population. Several groups have joined the efforts to address alcohol and drug issues on campus, including the OHSU Nursing Program, and the Community and Public Health Club.*

Recommendations:

- *Increase communication and coordination of programming efforts regarding alcohol and drug programming to diversify topics and program types, share resources, and offer consistent information campus-wide*
- *Continue to align campus programming goals, and evaluation of learning outcomes of these educational programs, to identify their impact on knowledge acquired and students perceived usefulness and applicability*
- *Continue to develop, increase, and address drug education and prevention, to respond to our increasing numbers in conduct and response*

Evaluation and Recommendations:

Areas of Strength:

Campus Programming and Support: Campus-wide, alcohol and drug education and prevention programming efforts have increased in number. Many departments and organizations have introduced or increased their educational programs. These efforts have created a more diverse amount of programs and methods of delivering information to students. With more departments programming and educating, new student populations have been reached. Our training and education for students involved with alcohol and drug education programs continues to strengthen.

Policy: WOU has been very consistent in its management of the alcohol and drug policies and conduct processes. The conduct process continues to prioritize educational approaches and sanctions whenever appropriate and possible. These policies for campus are accessible and available campus-wide for all community members. WOU is proactive in addressing policy reviews and changes. WOU continues to promote a safe and healthy educational environment through policy and practices.

Areas of Improvement:

Campus-wide Data Collection: Information of campus use and trends remains reliant on campus public safety and student conduct numbers. While more evaluation and surveying of students and programs have increased, a consistent

plan to provide accurate data of use and perceptions of students will help guide decisions and efficacy of prevention and educational efforts.

WOU Strategic AOD Plan: While communication and collaboration between departments and programmers still remains a strength, consistent goals and messages are an area of improvement. Sharing information and resources, and aligning campaigns and programs will greatly improve and strengthen the messages and information we are providing to our community. Continuing to develop collaboration and consistency that share learning outcomes and goals will help organize efforts from individual department efforts, into a more holistic, campus-wide initiative.

Recommendations:

Reviewing the campus information and data provided at WOU, the following recommendations can be made:

- Implement a campus-wide assessment of student AOD use, knowledge, and perceptions, to further develop our campus data (planned for Spring 2015)
- Continue to develop training and education for stakeholders within the Greek system, to build a strong foundation of educational and preventative values
- Create campus-wide alcohol and drug prevention programming goals and coordination to increase educational topics, align information and messages, and improve use of resources
- Continue to review and develop new educational approaches to student conduct educational sanctioning