

Western Oregon University
2010-2012 Biannual Drug Free Schools and Community Act
Compliance Review

Review Team:

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In compliance with the Drug-Free Schools and Community Act (DFSCA), this report outlines efforts and progress in creating a drug and alcohol free environment at Western Oregon University for student and employees. This review also provides insight into areas in need of further development and improvement, while also recognizing successful policies, campaigns and projects. This review is for the academic years of 2010-2011 & 2011-2012.

Following is the Policy Statement set forth by WOU, updated in 2009. This review will evaluate the efforts and policies set forth in creating a drug and alcohol free campus. The policy statement is as follows:

Western Oregon University has committed itself to the education and development of healthy, productive, and responsible individuals. Consistent with this commitment, WOU has established, and will enforce, institutional rules that uphold federal, state, and local laws applicable to alcohol and other drug usage. The university prohibits illegal use of drugs or alcohol by students, faculty, or staff.

In order to promote intelligent decision-making, WOU makes available to students, faculty, and staff basic information and educational programs on the prevention of alcohol and substance abuse. WOU also offers counseling and assistance programs for individuals with problems related to alcohol and substance abuse.

The university considers each member of the academic community a responsible participant in the health and welfare of the community. The university, therefore, expects each community member to adhere to this policy.

This report also provides information addressing reported alcohol incidents in the WOU community, as well as disclosure of criminal activity on campus as reported through the Clery Campus Security Policy and Crime Statistics Disclosure Act. The full report available to students and employees provides statistics for the previous three years and is attached with this report and can be found through Campus Public Safety's website at:

http://www.wou.edu/admin/safety/current_safety_guide_stats.pdf

WOU provides alcohol and drug education to the campus community through a variety of programs, materials, and services available to all students. Through a variety of departments and campus collaborations, presentations, events and programs, speakers, materials, and online resources provide preventative and educational interventions in efforts to reduce campus

substance abuse. Most approaches advocate for legal responsible use, prevention towards illegal use and abuse, and offer safe drug- and alcohol-free alternative activities for students. Consistent with their policy, individuals with substance abuse at WOU have support services available for counseling and assistance. The Office of Student Conduct manages and upholds violations of the code of conduct with disciplinary sanctions relating to drug and alcohol issues emphasizing educational development when possible.

Annual Notification of DFSCA Policy to Campus Community:

Students and employees of WOU receive access and exposure to the DFSCA policy through a variety of media. Written documents can be found in the Student Code of Conduct, Guide to Residential Living, Course Catalog, Plan-It Wolf, and the Campus Survival Guide. These resources can also be found online through the WOU Website along with the DFSCA Policy on the Vice President of Student Affairs (VPSA) webpage.

(www.wou.edu/student/pdf/DrugFreeSchoolsandCommunitiesPolicy.pdf)

This policy is sent out electronically to the entire campus community at the beginning of each academic year through the Office of the VPSA. If changes are made to policy or laws of an AOD nature, the Director of Public Safety sends an electronic notification to the campus community. The DFSCA has been included in the new WOU employee handbook and orientation.

Review: *The policy is easily accessible to the campus community in a variety of media forms. Information is easily found on the website and within major campus reference materials.*

Recommendations:

- *Improve employee awareness of this policy by creating an online link within the human resources page “policies” tab.*

Campus Information and Statistics

In attention to their students and awareness to the issues regarding alcohol and other drug use, WOU upholds a philosophy of creating a healthy, drug and alcohol free campus community. This philosophy supports positive behaviors such as responsible decision making, respecting choices not to use alcohol or other drugs, and creating a social atmosphere without a focus on alcohol. WOU uses data from Public Safety, Conduct, and the Student Health and Counseling Center to report AOD figures.

WOU has periodically participated in collecting data on its student population through the National College Health Assessment, for campus specific information as well as comparative data to national numbers. This assessment hasn't been completed since 2006, in collaboration with the academic Health Education department and Health Education through the Student Health and Counseling Center. This data could provide insight to students reporting personal use, perceptions, and awareness to enhance educational and pertinent prevention efforts, while also offering a comparison to national numbers.

Data that has been collected is a representation of alcohol and drug violations through the Office of Student Conduct. The judicial numbers are representative of individual policy violations and indicate the amount of times each policy is violated.

Code of Student Responsibility Violations

VIOLATIONS	2010-11	2011-12
Drugs/Alcohol on Campus	5	9
Drugs Off-Campus	14	17
Alcohol/Drugs at University sponsored off-campus event	1	0
Violation Local Laws (MIP's & Drugs)	33	72

Guide to Residential Living Violations

VIOLATIONS	2010-11	2011-12
Alcoholic Beverages	154	120
Drugs	90	76

The following information is reported through WOU Public Safety Department as provided through the Clery Report:

	2010				2011			
ALCOHOL/DRUG VIOLATIONS	A	B	C	D	A	B	C	D
Alcohol Involved Incidents	42	33	3	5	38	34	1	5
-- Alcohol Arrests	33	28	1	6	3	2	0	11
Drug Involved Incidents	54	49	2	2	58	52	1	0
-- Drug Arrests	4	3	0	1	5	5	0	0
TOTALS	133	113	6	14	104	93	2	16

- A = On Campus
- B = Residential Facilities (Subset of On-Campus numbers)
- C = Public Property
- D = Non-Campus Property

Review: *Student Conduct and Public Safety continue to be the primary source of data regarding AOD prevalence at WOU. The numbers of drug use violations have remained consistent after an increase noted in the last report. Drug use violations have eclipsed alcohol violations, and require educational and preventative attention.*

Recommendations:

- *Conducting a regular campus-wide surveying and assessment to gauge campus use and behaviors*
- *Continue to develop educational and evaluate sanctions for AOD violations to measure success and value*
- *Increase specific education and prevention efforts toward drug use*

Campus Response and Prevention Efforts:

Addressing issues of illegal substance use on and around the WOU community has been a collective effort through many departments within the Division of Student Affairs and within academic courses. As respondents, Campus Public Safety, University Housing, and the Student Health and Counseling Center are primarily responsible for handling individuals and situations involving violations of substance use. Direct violations of campus policy are then directed through the Office of Student Conduct for review and sanctioning. Medical and mental health support services are offered through the Student Health and Counseling Center, including individual counseling, support groups, drug and alcohol evaluations and treatment, and referrals to community resources. The WOU CARE Team is comprised of a collaboration of University officials from academic and student affairs, to assess and assist students in urgent wellness matters. Their purpose is “to maintain a safe and secure learning environment at Western Oregon University by addressing the physical and psychological issues that impact students, faculty and staff in the pursuit of the educational process.” Campus partnerships and communication are consistently practiced throughout the variety of response procedures.

Similarly, educational and preventive efforts are also collaborative in nature. Campus-wide, each year, beginning with New Student Week, alcohol and substance abuse education programs and efforts begin and are continued throughout the academic year, for all students. The Student Health and Counseling Center, Wellness Education creates and employs a variety of events, speakers, promotional materials, individual educational sessions, and presentations to the campus community. Public safety provides a variety of presentations, educational support at AOD programs, and provides a presence to campus events.

Student Leadership and Activities also involves alcohol awareness through their new student orientation events. In 2011, WOU introduced the Greek System to its campus. New trainings and policies are being placed and identified for these new campus organizations. There are also academic courses specific to educating and addressing issues of drugs and alcohol within the Health and Physical Education Department. In 2011-2012, the Student Health Advisory Committee students began an educational campaign in efforts to change WOU policy regarding tobacco use. Their goal to create policy to make WOU tobacco free fell short, but did get a movement started. Students presented to Faculty, Staff, and Student Senate bodies, and created educational materials and informative events to get campus buy-in. Campus policy was amended to clarify current tobacco use areas on campus.

Within the residence halls, University Housing provides a variety of programs that address drug and alcohol use and prevention efforts, as well as non-alcoholic alternative events on nights and weekends. Resident Assistants provide many roles acting as a student support, resource, policy enforcers, and programmers; which each may incorporate a function that addresses alcohol and drug issues and education. In 2010-2011 each staff provided passive programming in each hall, as well as a variety of alcohol education for Alcohol Awareness Week in Fall and Sexual Assault Awareness Month in Spring. The WOU Peer Mentors exclusively provides educational programming regarding college health issues to new students, while also building relationships to offer positive role-models, campus resources, and support to help encourage students in making healthy personal decisions.

Review: Overall, WOU has continued to offer a variety of educational and preventative efforts regarding AOD issues. As a whole, the campus community shares a vision in helping create a safe, and healthy education environment, with resources and support services easily accessible and visible to the community. AOD prevention and educational goals, and interventions, still remain fairly independent to departmental goals and purpose.

Recommendations:

- Unify prevention and educational efforts through increased collaborative strategic planning of AOD events
- Identify specific topics and learning outcomes that are consistent across campus efforts regarding AOD prevention and education
- Create a more diverse range of topics within educational programming efforts, specifically regarding drug education and prevention
- Improve record keeping and evaluation to indicate prevention and educational values
- Develop more specialization and resources to advance campus AOD prevention and intervention strategies
- Create a solid foundation of education and policies for the new Greek system and participants

Interventions and Conduct

Students found in violation of alcohol and other drug policies are directed through the judicial process at WOU, which may be in addition to court sanctioning. The process may vary depending on the violation and number of encounters a student may already have. Both violations of alcohol and marijuana-use provide an online educational tool (Alcohol-Edu and Marijuana 101) that is mandatory for students to complete. The Student Health and Counseling Center also provides alcohol and drug evaluation and treatment that may be required of a student in violation. These evaluations may lead to sanctioned follow up appointments and treatment. The following table represents the number of sanctions provided by Judicial Affairs:

Educational Sanctions

	2010-11	2011-12
eCHUG	127	68
Alcohol/Drug Evaluation	34	24
Alcohol/Drug Treatment	0	0
Attend Alcohol/Drug Experience	0	1
Complete Court Assigned Diversion	44	50
Submit Court Results	39	22
Marijuana 101	37	61

Other sanctions may also have been applied to these violations. The numbers have remained fairly constant, with exception to the increase in Marijuana 101, which correlates with the increase in drug violations in 2009-2010. The methods of sanctions for student violations have

been under review and development in efforts to create a more personalized, educational, and reflective approach. Currently, a collaborative effort within Student Conduct and Wellness Education is in process of evaluating, researching, and developing new approaches to AOD sanctions.

***Review:** The communication between the departments involved has remained very effective in collaborative interventions. WOU also provides a variety of sanction avenues that offer personalization to each situation and individual.*

Recommendations:

- Continue to research and implement creative educational sanctions
- Review if the drug sanctioning is effective if number continue to increase
- Explore involving community resources in educational sanctions

Programming Prevention and Education

To address the importance of alcohol and other drug use and abuse within the college population, a variety of educational and preventative efforts are made throughout the year and between departments. WOU believes alcohol to be an inappropriate focus of campus social activity and that the use of illegal drugs or use of alcohol is incompatible with the philosophy and values of the academic community. Throughout the academic year of 2010-2011 and 2011-2012 campus efforts to educate on healthy decision making and prevention were offered to students and the campus community through training, events, and educational materials. The following is a breakdown of the campus-wide efforts:

2010 – 2011 Programs and Events

- Alcohol and other drug training (student leader training)
- New Student Week Alcohol and Drug Education (Mandatory Event)
- New Student Week Educational Sessions
- Freshmen Bar- Alcohol Education Event
- Dr. Will Keim – Convocation Speaker (alcohol and drug education)
- Campus Community “Walk About” (off campus safety campaign with Vice President of Student Affairs, Dean of Students and Monmouth Police Department)
- College Health and Wellness Presentations (First Year Experience Classes)
- Great American Smoke-Out Campaign
- Alcohol Awareness Poster Campaign (variety of alcohol awareness posters displayed in community areas)
- Mock Party (Mocktails and alcohol awareness)
- Civil War football watch party (alternative to alcohol event)
- How to Lose a Grade in Ten Weeks (effects of drugs/alcohol on studies)
- Mocktails (alcohol safety)
- BCS Championship Watch Parties (alternative to alcohol event)

- Super Bowl Parties (alternative to alcohol event)
- Safe Spring Break Alcohol and Drug Education Program
- Mardi Gras Party (alternative alcohol event and safe party facts)
- DUI and MIP education (the costs of alcohol and drug use)
- Absolutely Smashed (drink and driving education)
- Alcohol Awareness at Cinderella Ball (formal dance, Peer Mentors provided mocktails and alcohol education)
- Peer Mentor Sexual Health and Alcohol Luau Event
- Pot & Brownies (marijuana education program)
- Silent Rave (educational program regarding party drugs)
- Party Safety Campus-Wide Poster Series, Wellness Education
- Various presentations on alcohol, drug use, addictions, binge drinking, tobacco use, sexual assault, responsible decision making, refusal skills, and campus resources

2011 – 2012 Programs and Events

- Alcohol and Other Drugs with Dr. Michael Leeds (student leader training regarding alcohol and other drugs)
- New Student Week Educational Sessions
- Freshmen Bar- Alcohol Education Event
- Dr. Will Keim – Convocation Speaker (alcohol and drug education)
- Maximize Your Buzz (New Student Week alcohol education program)
- Campus Community “Walk About” (off campus safety campaign with Vice President of Student Affairs, Dean of Students and Monmouth Police Department)
- Community wide alcohol and drug awareness bulletin board awareness campaign (43 different alcohol and drug educational bulletin boards)
- Green Dot Trainings November, January, May
- SafeZone Trivia Nights at Crush
- Great American Smoke-Out Campaign
- Silent Rave (educational program regarding party drugs)
- Red Cup Challenge (alcohol awareness trivia)
- Party Pursuit (alcohol awareness bulletin board scavenger hunt)
- Rootbeer Kegger (alcohol awareness and alternatives to partying)
- Beer Vision (Awareness program on the physical effects on alcohol use)
- Super Bowl Parties (alternative to alcohol event)
- Safe Spring Break Alcohol and Drug Education Program
- Peer Mentor Sexual Health and Alcohol Luau Event
- Party Foul- Binge Drinking Educational Program
- Tobacco Free Educational Tables and Presentations
- Get Your Drink On (alcohol awareness education with Public Safety)

- Marijuana Munchies (marijuana education program)
- Tapped (Alcohol Awareness event)
- Red Light, Green Light (Ways to Keep safe at parties)
- “Mary-Wanna Dance?” Marijuana Event
- Alcohol Awareness at Cinderella Ball (formal dance, Peer Mentors provided mocktails and alcohol education)
- Pot & Brownies (marijuana education program)
- Smoking Bingo (marijuana awareness bingo)
- Party Safety Campus-Wide Poster Series, Wellness Education
- Various presentations on alcohol, drug use, addictions, binge drinking, tobacco use, sexual assault, responsible decision making, refusal skills, and campus resources

***Review:** Campus programs and educational efforts have increased, but tend to favor repetitive alcohol specific educational topics. More campus student organizations and groups have prioritized their educational programming efforts, providing more information and events for students from a peers- perspective, as well as offering drug and alcohol free activities for students to attend. Recently, some events have coordinated with off-campus vendors that serve alcohol for students of legal drinking age. These events have a social and responsible intention, but policy and education could further be clarified and offered campus-wide guidance.*

Recommendations:

- *Increase communication and coordination of programming efforts regarding alcohol and drug programming to diversify topics and program types, share resources, and offer consistent information campus-wide*
- *Continue to align campus programming goals, and evaluation of learning outcomes of these educational programs, to identify their impact on knowledge acquired and students perceived usefulness and applicability*
- *For programming and events that allow alcohol use, develop clear campus guidelines, and provide educational materials regarding responsible drinking, campus resources, and behavioral expectations while participating at a campus event.*

Evaluation and Recommendations:

Strengths:

Campus Programming and Support: Campus-wide, alcohol and drug education and prevention programming efforts have increased in number. Many departments and organizations have introduced or increased their educational programs. These efforts have created a more diverse amount of programs and methods of delivering information to students. With more departments programming and educating, new student populations have been reached.

Policy: WOU has been very consistent in its management of alcohol and drug policy and conduct processes. The conduct process continues to prioritize using educational approaches and sanctions whenever appropriate and possible. These policies for campus are accessible and available campus-wide for all community members. WOU is being proactive in addressing policy reviews and changes, including tobacco use policies. WOU continues to promote a safe and healthy educational environment through policy and practices.

Weaknesses:

Campus-wide Data Collection: Information of campus use and trends remains reliant on campus public safety and student conduct numbers. Prevention efforts remain difficult to measure for success, without a clear picture of student usage, knowledge, and perceptions.

WOU Strategic AOD Plan: While campus efforts and involvement in AOD education and prevention have increased, a consistent mission and alignment of goals lacks. To create a campus-wide plan and objectives would help with efficiently using resources and provide a means to evaluate the areas receiving sufficient attention and the areas that are consistently lacking. Creating learning outcomes and goals would help organize efforts from individual department efforts, into a more holistic, campus-wide purpose.

Recommendations:

Reviewing the campus information and data provided at WOU, the following recommendations can be made:

- Implement a campus-wide assessment of student AOD use, knowledge, and perceptions, to further develop our campus data
- Develop policy and educational materials for WOU programming, where alcohol may be served
- Continue to plan, monitor, and train stakeholders within the Greek Life system, to build a strong foundation of educational and preventative values
- Create campus-wide alcohol and drug prevention programming goals and coordination to increase educational topics, align information and messages, and improve use of resources
- Continue to review and develop new educational approaches to judicial educational sanctioning