

**WESTERN OREGON UNIVERSITY
NEW STUDENT WEEK 2019**

WELCOME TO HOLLYWOOD!

New Student Week 2019: September 22nd-29th

New Student Week is sponsored by Student Engagement.

Mandatory Events are designated in these dark shaded boxes.

Highlighted Events are designated in these light shaded boxes.

Variety Show Events are designated in these dashed outlined boxes.

Cultural Connection Events and other reminders are designated in these outlined boxes.

If you require an accommodation to participate in a WOU activity, please notify Disability Services at least 72 hours in advance: 503-838-8250 or ods@wou.edu.

The New Student Week App!
For a digital version of the NSW Schedule go to:
nsw2019.sched.com

All prizes for Student Engagement Events brought to you by the WOU Foundation.



Keep an eye out for the NSW VIP Pass Punchcard and the Cultural Connections program for ways to win prizes, just by going to events and learning about campus! NSW VIP Pass sessions are marked with the film clapper icon as seen above. Cultural Connections sessions are marked with a black outlined box. Some of these sessions have limited space so be sure to RSVP soon, to take full advantage of these opportunities!



PLUS Team 2019

Alicia Ojeda-Vejar	Kaylie Leonard
Andres Hernandez-Galvan	Kranti Budhathoki
Antonia Scholerman	Lily Odegaard
Araceli Estrada	Lisa Purington
Cheyenne Bumgardner	Madi Knox
Chloe Witty	McKenzie Wolfe-Webb
Chris Linares	Michael Stevenson
Ellen Moore	Mike Naputi
Enrique Martinez	Mishelle Quevedo
Jenny De Los Santos	Riley Bardes
Jessa Donaldson	Ruben Ramirez
Kaiana Bradley	Sandra Garcia Torres
Kayley Arpaia	Zoe Chan-Tuyub
Kat Torres	

Interested in being apart of PLUS Team 2020? Just stop by the New Student Week Information Booth and we will tell you how to be a part of this amazing experience!

Follow Us on Social Media!
Snapchat: wouplusteam
Facebook: WOU Plus Team
Instagram: wou.plusteam

The NSW Guide was made by Lily Odegaard with the help of Megan Habermann, John Wilkins, Shelby Worthing, Madi Knox, Araceli Estrada, and Olivia Martin and all of PLUS Team.

9/22

SUNDAY

Move-In Day Schedule

Valsetz "Grab and Go"

8:00am-11:00pm, Valsetz Food Court

Need a snack before lunch to get some extra energy for moving-in? Stop in and purchase a variety of convenient food items, cold drinks, and snacks throughout the day. Be sure to buy a BBQ ticket for dinner while at Valsetz!

New Student Week Info. Booth and Water Stations, 9:00am-5:00pm, The Grove, Heritage, Landers

If you have questions about move in or New Student Week activities, PLUS Team members will be available to answer all of your questions!

Alumni Relations Hospitality Tents

9:00am-4:00pm, Parking Lot J, The Grove

The WOU Alumni Board will be serving coffee, pastries and snacks throughout the day to families and new students. Everyone is welcome!

Family Weekend Information Table

10:00am-4:00pm, Heritage Lawn

Stop by to get information regarding this year's upcoming Family Weekend which will take place on January 24th-26th 2020.

Residential Computing Computer Support

8:00am-5:00pm, RSC

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

This session will be repeated daily

WOU ID Cards

10:00am-5:00pm, WUC Second Floor Lobby

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacement cards will be issued for \$15.

Lunch at Valsetz

11:00am-3:00pm, Valsetz Food Court

Has moving made you hungry? The Valsetz Food Court is open for business, and ready to feed you! Use this time to buy your BBQ ticket for dinner as well.

WOU Wolfstore

11:00am-4:00pm, WUC 2nd Floor

Pick up any WOU gear you need for the big week! Also, check out the bookstore's new product lines that will make your room unique! It will also be open Monday-Friday, 7:30am-5:00pm during the academic year.

Family Goodbyes

No late than 4:30pm

Goodbye! Adios! Au revoir! Sayonara! Family & friends; time to give hugs/kisses and head out!

Highlighted Event

Welcome Dinner

4:30pm-6:30pm, Pacific Room

Get ready to eat and greet! Here is your first chance to make some new friends! Entrance is \$5 for new students, and payemnt will be avaiible with meal cards.

Mandatory Events

Residence Hall Community Meetings

7:00pm-8:30pm, Residence Halls

This will be your first opportunity to meet all of the students who will be living with you in your residence hall community. Coordinated by your Resident Assistant (RA), you and your community will have a chance to get to know each other and learn what to expect during the academic year. This is a **REQUIRED** meeting for all on-campus students. Off-Campus students can use the WUC.

NSW Kick Off

8:30pm-10:30pm, NPE Gym

ASWOU President, Erik Morgan, will be welcoming all new students to campus, while PLUS Team Coordinators, Andres Hernandez-Galvan and Ellen Moore will share highlights of New Student Week. Join us for an event you will not want to miss, as Playfair leads you through a variety of fun activities that help you meet your new classmates! Lastly, you will be posing with 1,000 of your new friends for the famous (and WOU's traditional) "W" Group Picture!

#WOUMoveInDay2019

NSW VIP PASS PUNCHCARD



Want to Win:

- *A Smart TV*
- *A Bluetooth Speaker*
- *Wireless Headphones*

How It Works:

- Put your information on your **VIP-Pass Punchcard** given to you by your PLUS Team Member!
- Attend as many **WOU-VIP Pass Sessions** marked with the film clapper icon.
- Each session gets you a hole punch by a Plus Team member! The prizes listed above are given to the **top three people with the most punches!** There are also potentials to win other prizes
- **Turn in your VIP Pass** to the PLUS Team Info desk in the WUC or the RSC dropbox by **Friday @5pm.**

Prizes brought to you by the WOU Foundation!

CULTURAL CONNECTIONS

Want to increase your chances to win prizes?

*By attending one or more Cultural Connections sessions,
you could win another BIG PRIZE!*

Cultural Connections Program:

This free program coordinated through the Multicultural Student Services & Programs Office is designed to provide an orientation opportunity for first generation, ethnic, and/or culturally diverse students. Everyone is welcome to attend, but please note that Friday's sessions has limited seating and will require you to add to your schedule through Sched (nsw2019.sched.com).

NOTE: Diversity Scholars (recipients of the Diversity Commitment Scholarship and/or the David S. Brody Scholarship) and Bilingual Teacher Scholars, are required to attend some specific sessions.

You will have a chance to meet WOU staff members and current students that are excited to work with you and share information about programs and leadership opportunities on campus that will be useful to you in your transition to WOU.

**If you have not already, you'll need to add Friday's "Taco'bout a Great Support System!!" session through the New Student Week schedule on Sched:
<https://sched.co/RwRn>.**

There are two ways to WIN PRIZES:

- Attend all 5 Cultural Connections sessions and be present for the drawing at Friday's session. There is one session each day, starting with the Kick-Off Session on Monday, September 23rd. You must be present to win the grand prize: **32 inch Toshiba HD Smart LED TV - Fire Edition.**
- Attend at least one Cultural Connections Session (Monday – Thursday) and be present for the drawing at the Friday session for a chance to win a: **DOSS Touch Wireless Bluetooth Speaker**

NOTE: You must attend and be present for the final session ("Taco'bout a Great Support System!!", on Friday September 27th) to be eligible to win either prize.

FINANCIAL-AID OFFICE AND BUSINESS OFFICE REMINDERS

Financial-Aid Office Reminders:

They are located on the third floor of the Lieuallen Administration Building.

File early and don't forget to submit your scholarship application by the deadline, which usually falls around March 1st!

You can always make an appointment through the WCS icon in your Portal!

There are no dumb questions when it comes to finances so don't procrastinate and get your questions and issues sorted out sooner, rather than later.

Check the website for more information, and upcoming deadlines at:
wou.edu/finaid/

Business Office Reminders:

They are located on the First Floor of the Lieuallen Administration Building. As you walk in, up the little stairs, to the left.

The Business Office can assist students as long as you have a student ID or photo ID with them. They cannot assist anyone else or answer questions about student accounts unless the student has completed an Authorization to Release information form. This form is available in the Business Services channel in the Portal.

Tuition will be due 30 days after the term starts, so be sure to be aware of that deadline and communicate with the Business Office with any questions you may have!

Students are eligible for a book voucher if all documents are in to the financial aid office and the estimated award is more than the cost for tuition/fees & room/board. Check in with them if you have more questions about this program!

If in need of financial assistance contact them to see if you are eligible for a short term emergency loan. They are not for tuition or things related. They are used for things like gas money, rent, food, and other basic needs.

They can offer payment deferment plans that can end up saving you money! So if you think you may need to defer a payment, check in with them to see what your options are!

Never be afraid to go in and ask questions! They are there to help you!

Check the website for more information, and upcoming deadlines at:
wou.edu/business/

REPEATED DAILY SESSIONS

Daily PLUS Team Information Booth

NSW and PLUS Team Info Booth *WUC 2nd Floor Lobby*

Questions about New Student Week? This is the place where you can have all of your questions answered. You can also sign up for the variety show and get more information about joining PLUS Team 2020!

Monday: 8:00am-9:00am, 10:15am-12:30pm,
2:30pm-5:15pm,

Tuesday: 8:15am-1:30pm, 4:15pm-5:30pm,

Wednesday: 8:15am-12:00pm

Thursday: 8:15am-9:15am, 11:15am-12:45pm

Friday: 9:30am-3:00pm

Daily sessions that will be happening
everyday Monday-Friday during NSW!

WOU ID Cards

10:00am-1:00pm, WUC 2nd Floor Lobby

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacements will be issued for \$15.

Health & Wellness Center Open

11:00am-7:00pm, HWC

Grab a friend and come down to the HWC for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Lap swim will be from 11:00am-1:00pm.

Residential Computing Computer Support

8:00am-5:00pm, RSC

If you have any questions about your residence hall computer connections or need additional computer support, this is the place to go!

Follow Us!

Want updates about all the fun
events happening on campus?
Follow these accounts on Instagram!

@wounews
@wou.plusteam
@student_engage

Valsetz Hours Monday-Friday

Monday-Friday

Open: 7:00am-9:00pm

Hot Breakfast: 8:00am-10:30am

C store: 6:00pm-9:00pm

Valsetz Hours Saturday-Sunday

Saturday and Sunday

Open: 9am-9pm

Other Campus Dining Options

Cafe Allegro

Located in the WUC

Allegro serves Portland Roasting Coffees and also operates a small convenience store where you can find salads, personal pizzas and sandwiches to go.

The Press

Located in Hamersly Library

The Press coffee shop and cafe located within Hamersly Library. Talented baristas will serve up your favorite Starbucks® coffee while you relax in soothing surroundings.

Wolf Grill

Located in the WUC

With a focus on fresh and local ingredients, the Wolf Grill has elevated the basic burger to new heights. Featuring local, grass-fed beef and a fresh, locally baked vegan bun, you won't taste a better burger! The Wolf Grill also offers Vegan and Vegetarian options

Western Deli

Located in the WUC

Food at the Western Deli is, in a word: FRESH! Choose a Burrito, Bowl or Salad here – made to your specifications – or perhaps you would prefer one of their signature Vegan Salads. Whatever your choice – it will be made to order with fresh, local, wholesome ingredients and the flavor will be out of this world. Vegan? Vegetarian? Gluten Free? No problem, there is good food here for you to enjoy!

MONDAY

9/23

Sessions begin today! Be sure to bring your NSW VIP Passport Punchcard to your sessions marked with the film clapper to get it punched!

Mandatory Event

PLUS Team Small Group Sessions

9:00am-10:15am, Residence Halls

PLUS Team members will meet with students in small groups. Students living in residence halls will meet in living communities.

Off-Campus first years meet in the WUC Willamette Room.

Welcome Transfer & Non-Traditional Students!

Transfer & Non-Traditional Student Welcome

9:30am-10:00am, Columbia Room

The information covered includes: services available to transfer and non-traditional students, navigating transfer articulations, clubs and organizations, etc. A representative from the Office of Admissions, Student Engagement, and non-traditional students will be available for questions. Also, join us right after this session on the WUC Plaza to find your classes!

**10:15am-11:15am
Educational Sessions**



The WUC Offers Many Things

10:15am-11:15am, WUC Santiam

This session delves into all the things the WUC can help students with. Learn where the ATM's are, where you can get food, and student study rooms and much more. We will also cover the valuable resources housed here like the Wolfstore, Service Learning & Career Development and much more. We hope to see you at this session!



Your Student Account 101

10:15am-11:15am, WUC Willamette

This session will provide students with the tools needed to successfully navigate their Wolf Web student account summary and will learn how to sign up for direct deposit. Students will have the opportunity to complete required/optional forms and will be given helpful hints in navigating the financial complexities of higher education.

Transfer Transitions

10:15am-11:15am, Ackerman 141

Transferring to a four-year institution can be difficult but does not need to be an impossible task. In this session, the concept of "transfer shock" will be introduced. Tips for how to manage "transfer shock" will be covered. Resources and opportunities available to transfer students to help them successfully integrate into their new educational environment at Western will also be covered. Join me to learn more about navigating your transfer pathway to successful degree completion.

First-Year Writing Placement Exam

10:15am-12:15pm, MNB 110

The Writing Placement Exam gives students the opportunity to challenge their placements into WR 121 or WR 122. The student will write an argument essay during a 2-hour supervised session, addressing tasks similar to those encountered in first-year writing classes. Email Dr. Leigh Graziano to reserve your seat: grazianol@wou.edu.

SEP TRIO Orientation

10:15am-11:15am, Ackerman 139

Welcome to the Student Enrichment Program. During this session, we're going to get to know each other better and learn about how SEP can support you in getting that degree quickly and inexpensively.

***This session will be repeated and is required/mandatory for students who have been accepted to the Student Enrichment Program - TRIO (SEP): ***

IMDb: Pre-Nursing (2019)

10:15am-11:15am, WUC Columbia

Interested in the nursing field? Ever wonder what it takes to become a nurse? Come learn about the Pre-Nursing track at WOU!

Would you like to be a STAR Teacher?

10:15am-11:15am, WUC Calapooia

Become a STAR Teacher! If you weren't able to attend a SOAR or TSOAR event, come to this informational session to learn more about the Teacher Licensure Program at WOU. Get a jump START on meeting the requirements to be admitted into the licensure program (you will apply your Junior year), meet one of the pre-education advisors who can answer your individual questions about becoming a teacher, and meet some of the other new Teacher Education students that you will be attending classes with this year.

This session will be repeated.

9/23

MONDAY

11:30am-12:30pm Educational Sessions

Accessing and Understanding DegreeTracks 11:30am-12:30pm, HL 108

Whether you are a new freshman, a transferring junior, or a long time student; you will need to understand how to use the Degree Tracks audit system. Degree Tracks is the system that the Graduation Coordinator uses to verify your degree completion. With the changes to how the institution works with majors minors and certificates it is vital that you understand what is going on. Take charge of your own academic destiny by learning to access your audit and understand what that audit means. Learn how to identify issues, or possible adjustments, and who to talk to about getting those issues resolved or those adjustments made. What the registrar's office can and cannot do for you.

This session will be repeated.

WOU Food Pantry Info Session 11:30am-12:30pm, WUC Calapooia

Join us as we introduce an important resource for students at WOU. At this session you will learn how to access the Pantry and how to become a Food Pantry Volunteer.

This session will be repeated.

Transfer Student Success 11:30am-12:30pm, WUC Santiam

Transferring to a new school can have its challenges. Come learn ways to smooth your transition, get acquainted with all the resources here to help you, and make the most out of this next exciting phase of your educational journey.

Meet Your Pre-Nursing Mentors 11:30am-12:30pm, WUC Columbia

Pursing the Pre-Nursing track at WOU? Come meet the students who will be your mentors as you work your way through the curriculum. This session will include a Q&A with current Pre-Nursing students and it is a chance for you to meet your cohort.

Teacher Licensure Exam Preparation Workshop 11:30am-12:30pm, Ackerman 139

This workshop will prepare you to take and pass the teacher licensure exams. Free resources, expectations, registration, and the ideal time to take the exam will be discussed. Highly recommended for transfer students!

This session will be repeated.

Mandatory Event

Convocation with Monti Washington 1:00pm-2:00pm, NPE Gym

Presenting: Convocation with a welcome from President Fuller and keynote from nationally-known speaker Monti Washington! A product of a one night stand, abused in foster home after foster home, and raised sleeping in parks were just a few of the daunting obstacles in Monti's journey From the Streets to the Stage. Be ready to be engaged, encouraged, and empowered by Monti who has obtained two college degrees, become a state basketball champion, award winning poet, McDonald's All-American nominee, nationally recognized actor, and co-founder of Truality.org, a non-profit organization aimed at inspiring youth to be TRU The Real U.

2:30pm-5:00pm Session

Student-Led Library Tours 2:30pm-5:00pm, Hamersly Library

Get the inside scoop on the library and how you can use it to your best advantage during your time at WOU. Tours of the library will be given throughout the week by students who work there.

This session will be repeated.

Proctored ALEKS Exam 2:30pm-5:30pm, MNB 110

Need to take your ALEKS math placement exam? Now is your chance to take it on-campus in a proctored environment.

This session will be repeated.


Reminder: NSW Variety Show Auditions

Don't Forget to Sign-Up for the Variety Show Auditions! Auditions are on Tuesday and Wednesday, but you can sign up in advance at the Plus Team Booth, the WUC Info Desk, or with your PLUS Team Member.

2:45pm-3:45pm
Educational Sessions

 **Welcome to Abby's House!**
2:45pm-3:45pm, WUC Calapooia

Abby's House is a resource and referral center available to persons of any gender. Our mission is to provide the WOU community with educational programming, information, and referral services designed to promote equity and non-violence. We embrace a feminist model that empowers all people to actively stand against all forms of violence and hatred. At this session you will meet some of the advocates who work at Abby's House and find out about our upcoming events and activities. Join us and learn how you can get involved with Abby's House!

 **Advising 101:**
What to do when meeting with your Advisor
2:45pm-3:45pm, Ackerman 139

Beginning of your university journey starts with meeting with an Advisor. Because your Advisor will help you explore possible majors that fit your interests and career goals, it is important to meet with them every term. In this session, we will go over the differences between High School Counselors and Academic Advisors, ways to connect with an Advisor, and strategies for preparing for your meeting with your Advisor. How to make the most with meeting your Advisor. After the presentation there will be a question and answer with a panel of advisors from different majors on campus.

This session will be repeated.

Navigating WOU for non-traditional and transfer students

2:45pm-3:45pm, WUC Santiam

In this session, Dr. Brannan will offer "tips and tricks" that have been shown to help non-traditional students (e.g., foster students, older students, first generation college students, veterans) navigate college. She has collected data from every state in our country to better understand these students needs.

LGBTQ+ Student Orientation

2:45pm-3:45pm, WUC Columbia

This session is for lesbian, gay, bisexual, pansexual, trans*, queer, genderqueer, nonbinary, questioning, asexual and straight/cis ally students new to WOU. Join us and meet new people while learning about available resources, helpful hints, and networking on campus. Also be introduced to important campus resources, tools, programs and activities, such as the WOU Safe Zone program, Stonewall Center and Triangle Alliance, as well as to staff, faculty and engaged students.

MSSP Transfer Orientation

2:45pm-3:45pm, WUC Willamette

This session is for incoming transfer students that are served through Multicultural Student Service and Programs. These students are receiving the Diversity Commitment Scholarship, are Bilingual Teacher Scholars, and/or in the On-Track Program. We will explain resources and expectations associated with each program and students will have the opportunity to connect to MSSP staff and other transfer students from these programs.

Get Involved:
Alternative Break

Western Oregon University's Alternative Break Program connects students with transformative hands-on experiences. WOU students partner with volunteer and community organizations to make a tangible difference throughout our local and global communities.

Student Health and
Counseling Center Resources

Wellness Coaching:

Make an appointment with a Wellness Coach to talk about your aspirations and goals and develop a plan to get you there!

R&R Room:

Rest, relaxation, reflection, or revitalization, whatever you need, check out our new relaxation space! Students can make 45 minute appointments to enjoy a massage chair, therapy light, biofeedback equipment, or just a calming environment to listen to music.

Counseling Services

Counseling is available to all WOU students registered for one or more credits and have paid the Student Health Fee. All services are confidential and students who have paid the health fee have access to unlimited appointments.

9/23

MONDAY

**4:00pm-5:00pm
Educational Sessions**

Cultural Connections Kick-Off Session: Opening Ceremony for the Stars!

4:00pm-5:00pm, WUC Columbia

Want to connect with a program that will support you as a student here at WOU? Want to meet some peers that are ready to help you out? Want to win some neat prizes? Then you do not want to miss this session! It will give you the opportunity to learn about the Cultural Connections Program and as well as give you a chance to meet the staff from the Multicultural Student Services & Programs office and the MCR's (Multicultural Representatives) that serve as peer mentors.



Be a Smart Wolf: Using the Student Book Exchange

4:00pm-5:00pm, WUC Santiam

Textbooks are everything but affordable in most occasions. With over 400 books in stock at our ASWOU book exchange program you could be saving some money by either buying or selling your books. Come learn how to take full advantage of our book exchange program.

This session will be repeated.

Navigating College as a Military-Connected Student

4:00pm-5:00pm, Ackerman 139

Let's be real for a moment – even after serving in the United States military, college can still be more intimidating than you anticipated. As a military-connected student, your unique experiences add a diverse dynamic to your classes. The time you served in the military may leave you feeling out of place in the classroom, but you are not alone. The Western Oregon University Veterans Resource Center is a place where student-veterans from similar backgrounds come together and support one another. This allows them to be more successful in their academic careers. At this session, we will talk about the realities of what it is like to be a military-connected student and learn about the resources that are available at WOU from our Director of Veterans Services. Some examples of the resources and services include the Veteran Center and student government (ASWOU) recognized group (Student Veterans of America).

This session is not just for veterans. Spouses and dependents are encouraged to attend as well.



Find your Perfect Role: Getting Involved at WOU

4:00pm-5:00pm, WUC Calapooia

Everyone has a role to play in HollyWOUd! College can be a blockbuster hit from making new friends to discovering new opportunities. But where do you start? Join us to talk about how to get involved on campus and using WOUEngage to help you navigate all the options. We will discuss how to join or start a student club and how to find leadership opportunities or on-campus jobs that add to your star power and also increase your success as a student!



Go get a JOB!

4:00pm-5:00pm, WUC Willamette

Need a job? Want to gain some experience? How about some extra cash in your pocket? Come find out how to do all of this in one easy session! Learn how to navigate WolfLink, and why it's important to use your work study award! I can help you become a better employee in one simple session!

This session will be repeated.

Highlighted Events

Dating Doctor

7:00pm-8:30pm, NPE Gym

Looking for some new pick-up lines? Odds are, the Dating Doctor knows them all! This is often rated the "favorite" program of New Student Week! Come to this fun and enlightening session about dating and relationships. David Coleman is known nationwide as "The Dating Doctor™!" He has been honored 14 times as The National Speaker of the Year— 11 times by Campus Activities Magazine and 3 times by The National Association for Campus Activities. He recently won Entertainer of the Year! He is a highly sought after speaker, author, entertainer, radio, and television personality—this is one event you don't want to miss!

NSW Dance: Lights! Camera! Dance!

9:00pm-Midnight, WUC Pacific

Join us at our annual Hollywood NSW Dance (include the date and time)! Come dressed to the nines as your favorite movie personality or celebrity and dance the night away! Prizes for Best Costume, Best Entrance, and Best Dancer! No night of dancing is complete without an awesome DJ! DJ Harris has a background in entertainment, working for The Walt Disney Company for 13 years and performing as an independent musician and artist for over 15 years. His mixes will keep the party going for hours, and you won't want to miss a moment out on the dance floor!

#WOUNSW2019

TUESDAY

9/24

Reserve your spot for the Off-Campus student session for Professor Chats by 5:00pm today, by emailing Laura Welch at welchl@mail.wou.edu!

**9:00am
Educational Sessions**

 **Paid On-Campus Internships**
9:00am-10:00am, WUC Columbia

WOU offers a number of internship resources and opportunities, including our very own on-campus paid internship program. The WOU Community Internship Program is open to all students and is a perfect way to explore different career options and take a step in your professional adventure while in college. Come meet our staff, learn about the program, and discuss the benefits of pursuing an internship.

 **Everybody Drinks in College**
9:00am-10:00am, WUC Calapooia

According to a campus survey less than 60% of WOU students drank alcohol. And when students did drink, they practiced a lot of strategies to help keep them stay safe. Join us for more information about how to have a good time at college, while also keeping you and your friends safe, tips on navigating peer pressure, and addressing some of the other myths you may have heard about college.

 **World change and waffles – computing for good (No experience required!)**
9:00am-10:00am, ED 204

Computing technology has the potential to help people and change the world for the better. Come learn about how WOU's two computing majors –Computer Science and Information Systems – harness collaboration and teamwork to teach students how to build computing systems across every discipline on the planet. Oh, and computing jobs pay very well! Second oh: we are also serving waffles.


Choir @ WOU!
9:00am-10:00am, WUC Santiam

Come learn about the many opportunities to sing in one of WOU's outstanding choirs! From Concert Choir to Chamber Singers and Western Oregon Voices, there are plenty of ways to stay involved in singing at WOU! Come ask questions, find out about how to join (not all choirs require an audition), audition sign-ups, activities/tours planned for the year, and meet our choral director, Dr. James Reddan.

SafeZone Ally 1 Training
9:00am-11:15am, WUC Willamette

SafeZone's mission is to create a network of LGBTQ+ allies on campus. This interactive ally training provides information, lessons, and discussion about best practices to support our LGBTQ+ campus community, and is open to people of all identities.

Space Limited

 **HollyWOud in Kognito**
9:00am-10:00am, ITC 001

College is exciting and some may even see it as glamorous! It is full of opportunities and personal growth. College also presents challenges that students may not be prepared for as well. Be prepared for less glamorous but still very real side of college by learning how to manage challenging social situations. Utilizing Kognito, an interactive online simulation program, participants will practice how to interact with someone who may be struggling or in a mental health crisis. There will be time to discuss what supports are available at WOU and answer any questions folks may have about the program. These are skills that all of us may encounter during our time at college or life, generally.

**10:15am
Educational Sessions**

 **Study Abroad Opportunities**
10:15am-11:15am, WUC Calapooia

Study abroad or participate in an international internship or a service learning project and expand your global awareness while earning WOU credits. Choose from over 200 programs around the world. WOU financial aid may be available to help fund your program, and there are many scholarships for which students can apply.

This session will be repeated.

 **Campus Recreation Opportunities**
10:15am-11:15am, Ackerman 141

Come learn about all campus recreation has to offer from aquatics, climbing, outdoor opportunities and more. Learn how to participate, class schedules, and how to apply for a job in Campus Recreation.

 **Model UN Mock Session**
10:15am-11:15am, Ackerman 139

Are you interested in learning more about the United Nations? Join us for a mock session to debate "How to Respond to an Alien Invasion" to learn a bit about what we do!

9/24

TUESDAY

 **You Want Me To Read What?**
10:15am-11:15am, WUC Santiam

The amount and type of reading you get in college can be overwhelming. Come to this session for some real talk about how to understand the type of reading you'll be expected to do in many of your classes, and tips for how to read smarter and more efficiently. We'll talk about what scholarly literature is, why we read it in college, how to read and understand it, and how to use it for your class assignments.

 **Chapstick and Soap: Preparing for Fall Term**
10:15am-12:15am, DFSC 107

Are you interested in learning more about our science programs at WOU? Come to this introductory soap and chapstick making workshop to learn more about our classes while participating in fun activity. Participants get to keep the soap and chapstick that they make.

**Cultural Connections Keynote Speaker:
An Insider's Guide to Fame!**

11:00am-12:30pm, WUC Columbia

"Are you a first generation college student? Then you will not want to miss this session! Join the MCR's for this inspirational talk and performance by Yomar Reyes. Yosimar Reyes is a nationally-acclaimed poet and public speaker. Born in Guerrero, Mexico, and raised in Eastside San Jose, Reyes explores the themes of migration and sexuality in his work. The Advocate named Reyes one of "13 LGBT Latinos Changing the World" and Remezcla included Reyes on their list of "10 Up And Coming Latinx Poets You Need To Know."

Note: Everyone is welcome to attend, however Diversity Scholars and Bilingual Teacher Scholars are required to attend this session.

**11:30am-12:30pm
Educational Sessions**

 **Be a Wolf and Lead the Pack**
11:30am-12:30pm, WUC Calapooia

Now that you are part of our wolf pack, the Associated Students of Western Oregon University (ASWOU) is at your service. This informative presentation explains the benefits of involvement, and how to dive into student life. Learn about ASWOU, our internship program, clubs and organizations, leadership development opportunities, and get ideas on how to get involved in fun, meaningful ways at WOU!


 **General Education: Endgame**
11:30am-12:30pm, Ackerman 139

Like bringing together the infinity stones to harness unlimited power, you can put together some amazing General Education courses to build your skills, explore a universe of new knowledge and improve your college and career success. You don't need a spaceship or a secret serum to build your potential - come learn more about how to find your superpowers by completing your General Education requirements.

 **Playing Intramural and Club Sports at WOU**
11:30am-12:30pm, HL 108

Intramural and Club Sports are a great way to meet new people, be active and scratch that competitive itch! Come to this session to learn the difference between Intramural and Club Sports and for information on how to join each.

This session will be repeated.

 **High School Vs. College:
New Beginnings, New Skills**
11:30am-12:30pm, WUC Willamette

Students will review and discuss the way high school and college differ in key areas. They will have the opportunity to work in small groups to consider the differences of high school vs. college.

 **Explore the world by teaching English abroad**
11:30am-12:30pm, WUC Santiam

The rest of the world is only a plane trip away, but how can you live and travel abroad with no income? By teaching English. There are more Non-native English speakers in the world than native English speakers, and yet there is still a high demand for English teachers in many countries. Teaching English as a Foreign Language (TEFL) has become a professional field and WOU offers a 26 credit TEFL certification that can be completed as a Minor in Linguistics, which can complement any number of Majors. Join us to learn about teaching abroad and so we can answer any questions you have. Teaching English abroad is an experience that can further advance your career and will change your life forever!

WOU Weekends!

If you would like a weekly text letting you know about all the weekend events and activities on campus, text "wouwknD" to 71441

12:45pm-1:45pm Educational Sessions



Framing Your Future: Vision Boards with the Black Student Union

12:45pm-1:45pm, WUC Willamette

Join the Black Student Union to create your personal and academic goals with a vision board party. Whether you're the next Michelle Obama or Chadwick Boseman, envision and map your road to success here at WOU.



Navigating the College Landscape: Using Professional Etiquette to Get What You Want!

12:45pm-1:45pm, WUC Calapooia

In this session, you will learn the do's and don'ts of communication with faculty and staff. What should you say in an email to a professor? What can you ask for, and what should you avoid? How can you get help when you're confused? What should you do if you're late or absent? We'll cover the answers to these questions and more. You'll get practice writing emails, addressing professors, and reading important documents. We'll have faculty and staff on hand to answer your questions and provide advice. Remember -- faculty and staff are here for you throughout your adventure at WOU, you just need to know how to work with them!

This session will be repeated.

Dreamers: Welcome to WOU!

12:45pm-1:45pm, WUC Columbia

Western Oregon University, home to many, welcomes all Dreamers who may be a DACA recipient, Tuition Equity student, Undocumented, and/or an Ally! In this session, students will learn about the resources available that can help with their transition to WOU, and programs that will best support their academic and personal goals. Current WOU Dreamers have also been invited to share their experiences and answer questions that can help new students make the most of their college experience!

This session will be repeated.



HollyWOUd Walk of Fame: Earn A Leadership Certificate

12:45pm-1:45pm, WUC Santiam

Do you want to make the most out of your leadership experiences in college? Make your time at WOU the place you develop into a leader of impact. The Leadership Certificate program is geared towards students who plan on exploring and dedicating time to leadership development at WOU. Learn how you can intentionally get involved, connect with a campus mentor, and earn the Leadership Certificate.

SEP TRIO Orientation

12:45pm-1:45pm, Ackerman 139

Welcome to the Student Enrichment Program. During this session, we're going to get to know each other better and learn about how SEP can support you in getting that degree quickly and inexpensively.

***This session will be repeated as is required/mandatory for students who have been accepted to the Student Enrichment Program - TRIO (SEP): ***

Finding Success in the HollyWOUd Halls!

12:45pm-1:45pm, Ackerman 141

In the fast-paced, glitz and glam world of HollyWOUd, it can be difficult to know where to begin meeting people and finding ways to make WOU feel like home. If you're looking to make connections with others while building your leadership skills along the way, look no further than Hall Government! The Hall Government experience can provide you with opportunities to meet new people, plan exciting events, and represent your peers in your residence hall. Visit this session to learn more about these opportunities, and you might just see your name in lights or get your own star on the HollyWOUd Walk of Fame!

Mandatory Event

Maura Cullen: Toto, We're Not in Kansas Anymore

2:00pm-4:00pm, NPE Gym

We are caught in times of political correctness, where "saying" the right things is worlds away from "doing" the right things. Considered one of the most inclusive sessions on diversity, participants will explore race, gender, sexual orientation, age, socio-economic class, religion, ability, and size discrimination in an interactive format. By using this approach, groups can build coalitions—not blame—when they never realized they had so much in common with one another.

Want To Learn More About Events On-Campus?

Check out the WOUEngage icon located in the top right corner of your Portal for more information about clubs and events on campus!

9/24

TUESDAY

**4:15pm-5:15pm
Educational Sessions**

Stress Management for College Students

4:15pm-5:15pm, WUC Santiam

Are you feeling overwhelmed already? So much information, busy schedules, meeting people, and school hasn't even started yet. This workshop will help you come up with strategies to help manage your stress levels over the year, and take you through some techniques of relaxation that you may find helpful when you are feeling overwhelmed. Plus you can learn about our free R&R Room with a massage chair, therapy light, and relaxation tools and resources to help you through the year!

This session will be repeated.

The WOU Website and Social Media

4:15pm-5:15pm, WUC Calapooia

Learn how to best navigate the WOU website and the best social media handles to follow so you can stay up to date on everything involving: campus closures, upcoming events and new opportunities for students!

Identify Your Strengths

4:15pm-5:15pm, Ackerman 139

Are you uncertain of your future? Do you want to identify your strengths to help you know what path to take? If so, then come on down to this session where you'll identify your strengths in a fun and engaging format to help you confidently walk down the red carpet at WOU. You'll leave this session being able to name your personal strengths after reflecting on good experiences in your life.

A Peek Into WOU Greek

4:15pm-5:15pm, Ackerman 141

An introduction to Greek Life at WOU! Meet with panel members from each of our organizations to learn more about the Fraternities and Sororities offered on campus.

Honors Program Orientation

4:15pm-5:15pm, WUC Columbia

Inaugural meeting for the entire incoming Honors class: meet everyone, get any lingering questions answered, annual overview, schedule changes (if needed), and class photo.

#HowlAboutIt

Variety Show Auditions

5:30pm- 7:30pm, WUC Pacific

The Variety Show is a New Student Week traditional event sponsored by Student Engagement and PLUS Team that showcases the abilities of students at WOU! We are looking for people who want to share their abilities in a variety of acts. This is NOT a talent show, so any level of talent is great! Everyone is welcome to join us! The Variety Show itself will be on Saturday, September 28, 6-8:30 pm in the Pacific Room in the Werner University Center. Have questions or want more information? Contact Antonia Scholerman, ascholerman16@mail.wou.edu

Highlighted Events

Welcome to Monmouth and Independence Celebration

5:30pm-8:00pm, The Grove

Come join us in the Grove for booths featuring local businesses with tons of free giveaways for students, as well as other entertainment, a prize raffle, and a FREE BBQ! Sponsored by University Housing, the Monmouth-Independence Chamber of Commerce, and Student Engagement.

Drive-In Movie & Horse Racing

8:30pm-11:00pm, Parking Lot H

Bring your blankets and sleeping bags to watch "The Great Gatsby". The movie will be shown on a giant drive-in screen! Come grab some popcorn from our booths and place your "bets" on video horse-racing.

Get Involved: ASWOU

ASWOU WOU's student government (ASWOU) plays a major role in creating new and exciting opportunities for students, and plays a large part in the schools decision making process. Multitudes of positions can range from volunteering in committees, interning with the executive cabinet, or becoming an elected official on campus.

WEDNESDAY

9/25

Halfway through New Student Week! There are a lot of great events happening tonight! Make the most of this week by going to these fun events!

**9:00am-10:00am
Educational Sessions**

 **Student Media Fair**
9:00am-10:00am, WUC Willamette

WOU's student-run Student Media organizations (The Western Howl, Northwest Passage, and KWOU) are hosting an interactive showcase that features a mobile podcast studio, live music and literary readings, and games. Join us and make your mark!

 **Taking Care of Your Health & Wellness at WOU**
9:00am-10:00am, WUC Columbia

Come learn about the services that the Student Health and Counseling Center offers to help keep you healthy and productive as a student. This will introduce you to our medical, counseling, and health promotion departments and inform you on how to access them. We also will talk about some great free resources that students can simply come by and pick up, as well as events that happen throughout the year!

 **WOLF Ride: WOU Safe Ride Program**
9:00am-10:00am, WUC Santiam

WOLF Ride is a complimentary shuttle service for WOU students who would otherwise walk alone at night. Information about how to use this free service in the Monmouth and Independence area will be presented. Information on other transportation options (uHaul Carshare, Cherriots Regional 40X) will be presented.

 **It's Okay Not To Know!**
9:00am-10:00am, Ackerman 141

Haven't decided on your major? It's okay! This workshop will give you a little comfort in mind when you are anxious about not knowing which major to choose. Many interactive and fun activities will be offered during this workshop.

This is a repeated session.

A Capella at WOU!
9:00am-10:00am, Ackerman 139

Looking for a way to be involved in music while on campus? Then come get to know WOU's premier A Capella group, The West of Us! We'll be performing, providing information about upcoming auditions, and answering any questions you may have. We hope to see you there!

**10:15am-11:15am
Educational Sessions**

 **Library 101: What the WOU library can do for you**
10:15am-11:15am, WUC Calapooia

The library is about more than just books! (Although we have those, too.) Come learn how to get help with your writing, math, or English skills, how we can help with your research papers, how to reserve the perfect study room during finals before everyone else gets to it, how to find a good book to read when you have some downtime, and much more. We'll play a game (with prizes) and there will be snacks!

This session will be repeated.


 **Learn About The Student Activities Board**
10:15am-11:15am, WUC Santiam

Want to know what fun events will be planned on campus this year? Would you like to get involved in planning some of these events? Look no further than the Student Activities Board! In this session, we will be talking about the different events that the Student Activities Board plans for Western's campus, what you can expect from our events, and even how you can get involved!

This session will be repeated.

 **Meet The Greeks**
10:15am-11:15am, WUC Willamette

Join Fraternity and Sorority members in playing fun Minute to Win It games. Learn about the different organizations offered at WOU while playing fun games.

 **Women in STEM**
10:15am-11:15am, Ackerman 141

Interactive session open to all genders from any discipline. We will work with what it's like to be a woman in STEM, including unique challenges and successes and how to be an ally. Topics such as stereotype threat/impostor syndrome, career paths, historical notes, and dealing with discrimination, harassment, and micro-aggression in the workplace will be covered.

Looking for Computer Labs?

There a number of computer labs located on campus. Here are a few:

- Hamersly Library (24 Hours)
- Residential Service Center (RSC)
- Werner University Center (WUC)

9/25

WEDNESDAY

 **How to Succeed in Math and Science**
10:15am-11:15am, Ackerman 139


Math and science classes can be challenging. Faculty members from these departments invite you to hear tips and learn about the techniques that help students succeed. We welcome students who plan to major in math and sciences, as well as students who plan to major in other disciplines but want to do well in their core curriculum required courses. Current WOU students will also share their experiences and thoughts on student success. Attendees will have the opportunity to ask questions about the strategies and skills necessary for succeeding in math and science courses at WOU.

11:30am-12:30pm
Educational Sessions

 **Accessing and Understanding DegreeTracks**
11:30am-12:30pm, HL 108

Whether you are a new freshman, a transferring junior, or a long time student; you will need to understand how to use the Degree Tracks audit system. Degree Tracks is the system that the Graduation Coordinator uses to verify your degree completion. With the changes to how the institution works with majors minors and certificates it is vital that you understand what is going on. Take charge of your own academic destiny by learning to access your audit and understand what that audit means. Learn how to identify issues, or possible adjustments, and who to talk to about getting those issues resolved or those adjustments made. What the registrar's office can and cannot do for you.

This session will be repeated.


 **Advising 101:**
What to do when meeting with your Advisor
11:30am-12:30pm, Ackerman 139

Beginning of your university journey starts with meeting with an Advisor. Because your Advisor will help you explore possible majors that fit your interests and career goals, it is important to meet with them every term. In this session, we will go over the differences between High School Counselors and Academic Advisors, ways to connect with an Advisor, and strategies for preparing for your meeting with your Advisor. How to make the most with meeting your Advisor. After the presentation there will be a question and answer with a panel of advisors from different majors on campus.


This session will be repeated.

 **ALICE, an Adventure of Survival**
11:30am-12:30pm, WUC Santiam

Well known "lockdown" drills are outdated and ineffective to today's threats. ALICE teaches proactive options to increase survivability during active shooters/killers by empowering each person to make their own decision.

 **Staying Balanced at College**
11:30am-12:30pm, WUC Columbia

So many options to get involved with, friends to hang out with, jobs to consider, and classes! You want to do it all, but there's not enough time in the day. This session is designed to help you consider and create strategies maintain balance of your physical, mental, and emotional wellness. Information about time management, sleep, and nutrition that can help you prioritize you well being and accomplish your goals!

 **Biking at WOU**
11:30am-12:30pm, WUC Calapooia

Have you heard? Biking is the best way to save money, stay healthy, and have fun! We'll take a look at how to get started riding, basic maintenance and rules of the road, and resources for biking around WOU. Whether you just want to make a grocery run, or take an all-day excursion, this session will get you rolling. This session is designed for beginning and experienced riders, but experts are also welcome to connect with the riding community and learn about riding in their new home.

Variety Show Auditions/Rehersal
12:00pm- 1:30pm, WUC Pacific/Smith Hall 121

The Variety Show is a New Student Week traditional event sponsored by Student Engagement and PLUS Team that showcases the abilities of students at WOU! We are looking for people who want to share their abilities in a variety of acts. This is NOT a talent show, so any level of talent is great! Everyone is welcome to join us! The Variety Show itself will be on Saturday, September 28, 6-8:30 pm in the Pacific Room in the Werner University Center. Have questions or want more information? Contact Antonia Scholerman, ascholerman16@mail.wou.edu

**Remember there are sessions
being repeated everyday! Check
on the page "Repeated Daily
Sessions" for the complete list!**

Highlighted Event

Student Organizations & Activities Fair

12:00pm-1:30pm, The Grove

Interested in getting involved on campus? Interested in joining a club? Want to meet new people? WOU will be introducing all the clubs and organizations on campus here! This is your best chance to talk to the members of these clubs and organizations to find the best fit for you!

Mandatory Event

Tim Mousseau: Reframing the Sexual Assault Conversation

2:00pm-4:00pm, NPE Gym

It only took one letter to redefine Tim's life forever. With a photograph and a few accompanying words, Tim was faced with the evidence of an experience he had no memory of- he discovered he was a victim of sexual assault. Not only did he have to come to grips with this new reality, but he also had to face the nightmare of being stalked and blackmailed. The next two years of his life were a struggle of mixed emotions and coping mechanisms, but over time he came to realize something- this was his story to tell, and by telling it, he could take ownership of it.

Cultural Connections BBQ:

HollyWOU'd Grill

4:00pm-6:00pm, The Grove

Interested in learning about cultural clubs and organizations on campus? We will have delicious pollo and carne asada tortas served and an opportunity for you to explore leadership opportunities with various clubs and organizations that support and represent diverse communities and identities at WOU, including the Multicultural Student Union (MSU). MSU is one of the most active and influential student organizations on campus that promotes cultural awareness on campus and the surrounding community. Join the MCR's for this awesome event ...and bring a friend!

Highlighted Events

LGBTQ Social Hour

6:00pm-8:00pm, WUC Columbia

Come meet other Lesbian, Gay, Bisexual, Transgender, and Queer students! There will be activities, light refreshments, and fun people. Hosted by WOU's LGBTQ+ student organization: Triangle Alliance.

Paul Evans Town Hall

6:00pm-7:30pm, WUC Willamette

WOU's State Representative wants to hear from you! Representative Paul Evans is holding his Back to School Town Hall so that he can hear from the students he represents at the State Capitol. Come by and give your feedback on how WOU should be represented.

Health and Wellness Center Open House

6:30pm-9:00pm, HWC

Interested in Intramural and Club Sports, Fitness, Climbing, and Aquatic classes, Outdoor trips? Grab a friend and come down to the Health and Wellness Center for an active event. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Don't miss out on meeting the Fitness Instructors, find out how to apply for a position, challenge yourself on the climbing wall, and attempt paddleboard yoga all in a single event. Try it, you might like it. Pickleball, badminton, and volleyball nets will be up for open play.

Hypnotist: David Anthony

9:30pm-11:00pm, NPE Gym

Imagine the person that was sitting next to you just a few minutes ago is now up on stage and can't remember their own name! Or better yet one of your friends is up on the stage claiming that their belly button was stolen. Then with a snap of David's fingers they enter back into a hypnotic trance. No one is forced to volunteer. David will invite anyone who wants to get hypnotized to join him and fill the 15-20 chairs that are on stage. In just a few moments your friends and the rest of the volunteers fall into a hypnotic trance. Then the fun begins! It is comedy like no other. Mainly because YOU and YOUR FRIENDS are the stars of the show!

9/26

THURSDAY

One of the biggest events of the year is tonight!
Check out all the WUC has to offer at Premiere Night!
You won't want to miss this one!

Mandatory Event

Professor Chat

9:30am-11:30am, Residence Halls

This is a unique opportunity to meet a Western professor before classes even begin! You will be able to see what faculty members are like outside of the classroom as they share about themselves and what they expect from the students enrolled in their classes. Do not miss your chance to get the inside information about how to succeed academically at Western. Residence hall students should talk to your RA about your meeting time and location.

Off Campus students can participate by emailing Laura Welch at welchl@wou.edu by 5:00pm on Tuesday to reserve a spot.

Open Audition: Looking for a few howling Wolfies! 11:00am-12:45pm, WUC Santiam

Student Engagement is scouting new talent our join our pack of secret agents with open auditions. This is a paid student position that will make you one of WOU's beloved characters - Wolfie! Please come prepared to get in the suit during the audition process. Bring your best dance moves, big reactions, and contagious school spirit. Preference will be given to candidates who fit the suit height dimensions of 5'9"-6'1".

Cultural Connections:

Traveling the WOU-rld at WOU

11:30am-12:30pm, WUC Columbia

Want to learn how you can discover the world as a student at WOU? Join the MCR's for this session to learn about three different ways you can travel as a student! You will learn about the National Student Exchange Program (NSE), Study Abroad opportunities and domestic and international Service Learning Trips.

#HollyWOuD

**11:30am-12:30pm
Educational Sessions**



Discover Leadership

11:30am-12:30pm, WUC Calapooia

Discover Leadership is a program designed to help students further their leadership abilities in a variety of fun ways. In this session, individuals will gain knowledge about what sort of skills will be enhanced during the duration of the program. In addition, they will learn about the service project required and the retreat at the end of the program.



Bystander Skills for a Safe WOU

11:30am-12:30pm, Ackerman 139

Did Tim Mousseau's presentation resonate with you? Have you been in a situation where you needed someone to step in and help? Or maybe you wanted to help, but didn't know how. This session is designed to continue the movement to help keep our campus safe for everyone, by preparing students to be active bystanders. We will give you tools and tips so that you can feel confident and prepared to help keep your friends and our campus safe.



Swing into the 20s!

11:30am-12:30pm, WUC Willamette

Nearly a century ago, swing dancing was born! Celebrate the swing dance revolution with Swing Dance Club and join us for an introductory lesson to the easy-to-learn, high-energy social dance! No partner or experience is required, just a willingness to have fun, meet other students, and find out how clubs on campus--including Swing Dance Club--can significantly add to your college experience!



Army ROTC

11:30am-12:30pm, APSC 201

The session will describe the WOU Army ROTC program to new students. We will discuss the introductory ROTC classes and potential 3-year scholarship opportunities.

WOU Food Pantry

The WOU Food Pantry's mission is to fight to end hunger in our community, by providing access to food and resources that promote health and success. Located in the Oregon Military Academy Building, anybody can access this free resource!

Mandatory Events

Wendi Fox- Trashed

1:00pm-2:00pm, NPE Gym

Comedian Wendi Fox was a natural with the party lifestyle and admits that until her early twenties her excessive and reckless behavior created an assembly line of alcohol related problems. Based on her personal experiences, Trashed takes a mind bending but funny look at all of the bad plays in a youthful game of reckless roulette and how her dysfunctional childhood, youthful optimism and drunk logic lead her to tragic people and frightening places. It is also the inside story and testimony of three generations of people on both sides of the family tree, who have struggled with alcohol abuse and high-risk drinking, as well as what they've learned and what they've lost.

Community Meeting #2

2:30pm-4:00pm, Residence Halls

This community meeting is an important opportunity to learn more about the residence hall community members you live with. Your RA will also be leading you through everything you need to know about living in a community at Western. This is a REQUIRED meeting for students who live on-campus.

Note: Off Campus students can check out the services and get to know the resources in the Werner Center or check out the great facilities of the Health and Wellness Center.

4:00pm-5:00pm Educational Sessions

Go get a JOB!

4:00pm-5:00pm, HWC 105

Need a job? Want to gain some experience? How about some extra cash in your pocket? Come find out how to do all of this in one easy session! Learn how to navigate WolfLink, and why it's important to use your work study award! I can help you become a better employee in one simple session!

This is a repeated session.

Theatre on campus - how to get involved

4:00pm-5:00pm, Rice Auditorium

Faculty and staff of the theatre program will introduce themselves and talk about ways to get involved in theatre productions.



How To Keep Track of Your Entire Life (With Just a Notebook and a Pen)

4:00pm-5:00pm, CH 101

The Bullet Journal is a customizable and forgiving organization system. It can be your to-do list, sketchbook, notebook, and diary, but most likely, it will be all of the above. It will teach you to do more with less." - Bullet Journal.com. In this session we'll get into the basics of the bullet journal system to get you ready for the new school year. Get hands on help with finding the best system for you in this completely customize-able way to plan and keep track of tasks. Please bring a notebook and pencil!



Join Q-Loop! A Student-Led Video Production Group

4:00pm-5:00pm, RVEC 210

Q-Loop Productions is a student developed and led video production team within the College of Education. Our goal is to create videos in support of academic programs for faculty and staff using state-of-the-art video production equipment. Come learn about opportunities to join this great team! Open to any major and all skill levels! No experience required!



What to do when you disagree? Conflict Resolution

4:00pm-5:00pm, Ackerman 141

The main goal of this group is to recognize the steps to conflict resolution and understand the common principles by engaging different interactive and fun activities.



Student Success and Advising Tutoring Meet & Greet: Chips, Dip, & Chitchat

4:00pm-5:00pm, APSC 401

This session is designed to introduce SSA's Tutoring Program, including peer tutors, tutoring coordinator, and tutoring center to incoming students during New Student Week. This session will allow for questions about SSA tutoring to be addressed, provide space for students to interact with peer tutors, and have treats in a more relaxed, informal environment. Tutoring Coordinator Keegan Gormally will also introduce himself as the main point of contact for concerns pertaining to the SSA Tutoring Program.

Going to the Health and Wellness Center?

Don't forget to grab your student ID card and fill out the Campus Assumption of Risk Form located on your Portal!

9/26

THURSDAY

Highlighted Events

WUC Premiere Night *6:00pm-8:00pm, WUC*

The Werner University Center's biggest night is here! Sponsored by Student Engagement, Student Activities Board (SAB), and Residence Hall Association (RHA), discover all of the resources and opportunities available in the WUC. Visit each office to collect a stamp, once you have all 12 stamps you can trade that in for bingo cards and hopefully win some great prizes courtesy of RHA! Bingo will start at 7:30pm and ending at 9:00pm in the WUC Summit. During the evening you'll be able to sample some food and drinks, engage in some activities like amazing balloon art, get a caricature drawing, or have fun in the photo booth with your new friends from New Student Week.

Volleyball Game *7:00pm, NPE Gym*

Join fellow Wolves in supporting WOU as they face off against Western Washington. WOU Students get in free with their student ID! Be sure to come dressed in all your new WOU gear and show your WOU Pride!

Show Biz Quiz! by Neon Entertainment *8:00pm-9:30pm, WUC Pacific*

Do you think you know everything about the show business? Show off by testing your trivia knowledge on movie quotes, TV theme songs, boy bands, 80's Music, Cartoons, NETFLIX, TV Quotes, Disney Movies and everything else you can imagine! This game show will have you jumping out of your seat with excitement, cheering on your friends, or even competing in this wildly interactive performance! Sponsored by SAB.

Get Involved: Discover Leadership

Still looking to get involved on campus, but don't know how? Apply for Discover Leadership and learn more about how to grow as a leader and learn about all the ways to get involved during your time at WOU! Questions? Contact: eoven16@wou.edu

Werner University Center Resources

Abby's House, 1st Floor

Abby's House aims to provide the community with educational programming, information, and referral services to promote equity and non-violence. We embrace a feminist model that empowers all people to actively stand against all forms of violence, harassment, verbal abuse, discrimination, and hatred.

Multicultural Students Services and Programs Office (MSSP), 2nd Floor

The office of Multicultural Student Services & Programs is committed to the recruitment, retention and graduation of historically underrepresented & underserved populations by providing educational opportunities and outstanding programming for ethnically and culturally diverse students. MSSP strives to enrich the undergraduate experience and foster a supportive environment for students of color to live, learn and grow as active members of the Western Oregon University community and as individuals.

Service Learning and Career Development Office (SLCD), 1st Floor

Service Learning and Career Development provides access to transformative experiences, education and counseling that advance student career development and benefit society.

Stonewall Center, 1st Floor

The Stonewall Center, operating under Student Engagement, is dedicated to providing resources, support, and advocacy for the LGBT*Q+ community at Western Oregon University through compassionate, educational experiences and an engaging community environment.

Veterans Success Center, 1st Floor

The Veterans Resource Center provides an environment that promotes retention and graduation of student veterans in post-secondary education through the coordination of services fostering academic, personal, and professional development.

FRIDAY

9/27

We're off to an early start today, but keep up the momentum and go to any sessions that interest you, as this will be the last day they are offered!

Mandatory Events

New Student Sunrise Breakfast

6:30am-8:00am , Football Stadium

Join your peers for this early morning tradition! Watch the sun rise on your WOU experience and reflect on everything you want to accomplish. President Rex Fuller and ASWOU president Erik Morgan Jr. will be speaking. Enjoy pancakes courtesy of the Vice President of Student Affairs. The traditional signing of the New Student Week will take place immediately after. You wouldn't want to miss out on these WOU Traditions!

Signing of New Student Week Walk

Following Sunrise , TBD

Leave your "paw print" - come sign your name on the sidewalk with your fellow wolves! Leave your legacy!

9:00am-12:00pm Session

Proctored ALEKS exam

9:00am-12:00pm, MNB 110

Need to take your ALEKS math placement exam? Now is your chance to take it on-campus in a proctored environment.

This is a repeated session.

10:00am-5:00pm Session

Student-Led Library Tours

10:00am-5:00pm, Hamersly Library

Get the inside scoop on the library and how you can use it to your best advantage during your time at WOU. Tours of the library will be given throughout the week by students who work there.

This is a repeated session.

Looking for Jobs?

Check out Wolflink under your Portal for on-campus and local job listings!

10:00am-11:00am Educational Sessions



Finding Success in the HollyWOUD Halls!

10:00am-11:00am, Ackerman 141

In the fast-paced, glitz and glam world of HollyWOUD, it can be difficult to know where to begin meeting people and finding ways to make WOU feel like home. If you're looking to make connections with others while building your leadership skills along the way, look no further than Hall Government! The Hall Government experience can provide you with opportunities to meet new people, plan exciting events, and represent your peers in your residence hall. Visit this session to learn more about these opportunities, and you might just see your name in lights or get your own star on the HollyWOUD Walk of Fame!

This is a repeated session.



Campus Recreation Opportunities

10:00am-11:00am, Ackerman 139

Come learn about all campus recreation has to offer from aquatics, climbing, outdoor opportunities and more. Learn how to participate, class schedules, and how to apply for a job in Campus Recreation.

This is a repeated session.



Let's Talk About Sex, Safety, Consent, and Campus Resources

10:00am-11:00am, WUC Santiam

Don't be shy to join this session that will provide you with information about how to access sexual health care and resources while you are here at WOU. One program qualifies many students for free exams and birth control options. Staff from the Student Health and Counseling Center will provide information about services, options of birth control, and answer frequently asked questions.



National Student Exchange: Study Away While Paying WOU Tuition

10:00am-11:00am, WUC Columbia

The National Student Exchange (NSE) program is a domestic/international study-away program. With over 160 member institutions, WOU students can study a term or full year, all while paying WOU tuition and fee's. For the 2019-20 year, WOU students are studying away at over 10 different colleges and universities in the U.S., Canada, and Puerto Rico. Come learn more about this program and how it fits in with your degree!

9/27

FRIDAY

Would you like to be a STAR Teacher?

10:00am-11:00am, WUC Calapooia

Become a STAR Teacher! If you weren't able to attend a SOAR or TSOAR event, come to this informational session to learn more about the Teacher Licensure Program at WOU. Get a jump START on meeting the requirements to be admitted into the licensure program (you will apply your Junior year), meet one of the pre-education advisors who can answer your individual questions about becoming a teacher, and meet some of the other new Teacher Education students that you will be attending classes with this year.

This session will be repeated.

Cultural Connections: Taco'bout a Great Support System!!

11:00am-1:00pm, Gentle House

The MCR's invite students that are first-generation, and/or from underrepresented backgrounds to come and make a connection with some of our amazing faculty and staff from various departments on-campus and learn their tips for success, while you enjoy an authentic "taquiza". The winners for the Cultural Connections Program prizes will be drawn at the end of this session.

Highlighted Events

Opportunity Fair

11:00am-2:00pm, WUC Willamette

Have you been awarded work study? Are you looking for a part time job in the community? How about some volunteer work to keep up the good deeds you've already been doing? We have it all! Stop by the Opportunity Fair to find out what kinds of opportunities are waiting for you!

Open Volleyball on the Grove

12:00pm-2:00pm, The Grove

Need a break? Play volleyball!

**11:15am-12:15pm
Educational Sessions**

Teacher Licensure Exam Preparation Workshop

11:15am-12:15pm, Ackerman 139

This workshop will prepare you to take- and pass- the teacher licensure exams. Free resources, expectations, registration, and the ideal time to take the exam will be discussed. Highly recommended for transfer students!

This is a repeated session.



How to Overcome Test Anxiety

11:15am-12:15pm, WUC Columbia

Classes haven't even started yet, but are you already worried about taking tests? This session will help you better prepare for tests and provide some tips and techniques to help you be more successful in managing those worries. This a great session to gain some skills to help you with academics and providing new ways of thinking about tests.



Be a Smart Wolf:

Using the Student Book Exchange

11:15am-12:15pm, WUC Santiam

Textbooks are everything but affordable in most occasions. With over 400 books in stock at our ASWOU book exchange program you could be saving some money by either buying or selling your books. Come learn how to take full advantage of our book exchange program.

This is a repeated session.



WOU Food Pantry Info Session

11:15am-12:15pm, WUC Calapooia

Join us as we introduce an important resource for students at WOU. At this session you will learn how to access the Pantry and how to become a Food Pantry Volunteer.

This is a repeated session.



Navigating the College Landscape: Using Professional Etiquette to Get What You Want!

11:15am-12:15pm, Ackerman 141

In this session, you will learn the do's and don'ts of communication with faculty and staff. What should you say in an email to a professor? What can you ask for, and what should you avoid? How can you get help when you're confused? What should you do if you're late or absent? We'll cover the answers to these questions and more. You'll get practice writing emails, addressing professors, and reading important documents. We'll have faculty and staff on hand to answer your questions and provide advice. Remember -- faculty and staff are here for you throughout your adventure at WOU, you just need to know how to work with them!

This session will be repeated.

Still Need a Parking Pass?

Parking is by permit and is enforced year-round. Parking passes are available for purchase under your Wolf Web Account in your Portal!

12:30pm-1:30pm Educational Sessions

Study Abroad Opportunities 12:30pm-1:30pm, WUC Calapooia

Study abroad or participate in an international internship or a service learning project and expand your global awareness while earning WOU credits. Choose from over 200 programs around the world. WOU financial aid may be available to help fund your program, and there are many scholarships for which students can apply.

Playing Intramural and Club Sports at WOU 12:30pm-1:30pm, HL 108

Intramural and Club Sports are a great way to meet new people, be active and scratch that competitive itch! Come to this session to learn the difference between Intramural and Club Sports and for information on how to join each.

This is a repeated session.

Roommates & Relationships 12:30pm-1:30pm, WUC Santiam

For many students, living with someone or in a shared community can be a new experience. Know that you are not alone, and that even if your roommate seems different from you, there are many ways to make the relationship work! This presentation will give you tips and tools to open communication, set boundaries for each other, and open up so that this experience can be a great one! You will be meeting so many people throughout your college experience, this session will help the relationships you already have and prepare you for the ones you are about to make.

Library 101: What the WOU library can do for you 12:30pm-1:30pm, WUC Columbia

The library is about more than just books! (Although we have those, too.) Come learn how to get help with your writing, math, or English skills, how we can help with your research papers, how to reserve the perfect study room during finals before everyone else gets to it, how to find a good book to read when you have some downtime, and much more. We'll play a game (with prizes) and there will be snacks!

This is a repeated session.

It's Okay Not To Know! 12:30pm-1:30pm, Ackerman 141

Haven't decided on your major? It's okay! This workshop will give you a little comfort in mind when you are anxious about not knowing which major to choose. Many interactive and fun activities will be offered during this workshop.

This is a repeated session.

1:45pm-2:45pm Educational Sessions

Stress Management for College Students 1:45pm-2:45pm, Ackerman 141

Are you feeling overwhelmed already? So much information, busy schedules, meeting people, and school hasn't even started yet. This workshop will help you come up with strategies to help manage your stress levels over the year, and take you through some techniques of relaxation that you may find helpful when you are feeling overwhelmed. Plus you can learn about our free R&R Room with a massage chair, therapy light, and relaxation tools and resources to help you through the year!

This is a repeated session.

What needs to be said. Learn to be more assertive. 1:45pm-2:45pm, WUC Santiam

Do you have a hard time communicating when you are frustrated? Do you stuff things down? This session will help address an important tool of communication, being assertive. When learning to live with roommates or a community, or making new friends, being able to express your feelings is an important and healthy skill to develop. Join this session for some tips and tools of becoming a more effective communicator.

Learn About The Student Activities Board 1:45pm-2:45pm, WUC Calapooia

SAB is a volunteer-based, event planning student organization that puts on high-quality events and activities for all students at WOU. Some of the events we plan are Casino Night, Movie Nights, school-wide giveaways, and Homecoming just to name a few. Start your WOU Adventure and come learn about some of the amazing events we have planned, get to know our energetic team, and learn how you can become a part of SAB!

This is a repeated session.

Dreamers: Welcome to WOU! 1:45pm-2:45pm, WUC Columbia

Western Oregon University, home to many, welcomes all Dreamers who may be a DACA recipient, Tuition Equity student, Undocumented, and/or an Ally! In this session, students will learn about the resources available that can help with their transition to WOU, and programs that will best support their academic and personal goals. Current WOU Dreamers have also been invited to share their experiences and answer questions that can help new students make the most of their college experience!

This is a repeated session.

9/27

FRIDAY

SEP TRIO Orientation

1:45pm-2:45pm, Ackerman 139

Welcome to the Student Enrichment Program. During this session, we're going to get to know each other better and learn about how SEP can support you in getting that degree quickly and inexpensively.

***This is required/mandatory for students who have been accepted to the Student Enrichment Program - TRIO (SEP): ***

Variety Show Rehearsals

3:00pm- 5:00pm, WUC Pacific

This is required for anybody performing in the NSW Variety Show!. Please come prepared to practice your act, and with the supplies needed, if we can't provide it. Have questions or want more information? Contact Antonia Scholerman, ascholerman16@mail.wou.edu

Get Involved: Hall Government

Hall Government Want to get involved in the residence halls? Members get to plan programs, advocate for students, and improve campus living. This is a great first step into leadership and resume builder. Many Hall government members go on to be Resident Assistant, RHA Exec members, and student leaders in other WOU departments.

Print Credits

Students are given 225 Print Credits each Term. These are automatically deducted from your account when logged onto a WOU Computer with your Portal Login. You can see how many you have left on your Portal! Remember that a black and white print is one print credit, and a color is five! You can always add more if needed! Print credits will roll over term-to-term, but will be reset during the summer.

Highlighted Events

Freebie Friday: Trivia

2:30pm-4:00pm , WUC Summit

Freebie Friday is a program that occurs almost every Friday in the University Center during the academic year. The weekly program features free entertainment, free food, and discounts at WUC retail locations. You won't want to miss a single event. Freebie Fridays are sponsored by Student Engagement, Student Activities Board, The WOU Bookstore, Campus Dining, and the Vice President of Student Affairs Office. If you would like a weekly text throughout the year letting you know about all the weekend activities on campus, text "wouwknD" to 71441.

Guess Who's Straight

6:30pm-8:00pm, WUC Columbia

Come and ask a panel of WOU students questions about anything EXCEPT their sexuality and see if you can pick out who is straight! The Stonewall Center Coordinator will facilitate a discussion on stereotypes and sexuality.

Peer Mentors Present: Freshman Bar

8:00pm-10:00pm, Heritage Ballroom

The WOU Peer Mentors are excited to welcome you to campus in their annual event, a party that you don't want to miss! This year will include free mocktails, prizes, a beer goggle challenge, a dance, and so much more! Mentors will share information about party safety and alcohol that may help you when making decisions about drinking. Bring your Student ID to get in, free for on-campus students, \$5 for off-campus students.

Midnight Movie at Independence Theater

11:30pm-2:00am, Independence Theater

Take a ride to the Independence Cinema and enjoy a late night movie with just your peers! Indy Cinema partners with campus constantly to bring entertainment to the area. Bring your WOU ID and \$7 cash to get in! Ticket sales end at Midnight. If you need a ride, call Wolfride at 503-428-7238 and get picked up from any campus location.

*Independence Cinemas is located at:
450 S. 2nd Street in Independence.*

SAT/SUNDAY

9/28-29

Saturday 9/28

Health & Wellness Center Open

10:00am-4:00pm, HWC

Grab a friend and come down to the HWC for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Open swim will be from 11:00am-1:00pm.

Puppies and Dogs!

1:00pm-2:30pm, The Grove

Come hang out, meet some local puppies, and eat some delicious hot dogs! Sponsored by Resonate.

Highlighted Events

NSW Variety Show and Video

6:00pm-8:30pm, WUC Pacific

Come be razzled and dazzled at the 2019 Variety Show sponsored by Student Engagement and PLUS Team! The Variety Show is a traditional New Student Week event that showcases the abilities of students at WOU. We will also premiere the New Student Week video including highlights, bloopers, and behind the scenes of New Student Week. All attendees are encouraged to dress up as movie characters. We hope you join us for this red carpet affair!

Swing Dance Party and Free Pizza!

8:30pm-10:30pm, Ackerman Basketball Courts

Whether you like to dance, eat free food, or just make new friends, come hang out! Sponsored by Resonate.

Moonlight Pancakes

9:00pm-10:30pm, Valsetz

Come hang out for a delicious late-night pancake breakfast. We will provide the pancakes, a wonderful topping bar, and ice cream to go! Supplies are limited so invite your friends and get in line quick for your moonlight breakfast.

You won't want to miss the NSW Variety Show! Grab some friends and come support your fellow wolves and PLUS Team members!

Sunday 9/29

Health & Wellness Center Open

10:00am-4:00pm, HWC

Grab a friend and come down to the HWC for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Open swim will be from 11:00am-1:00pm.

Highlighted Events

Laser Tag

5:00pm-8:00pm, The Grove

Join University Housing's Weekend Programs with a night of laser tag! Crossfire Lasertag will be setting up a mobile unit in the Pacific Room. If you need some energy or don't find yourself participating, feel free to grab a mixed Redbull from our Redbull bar. All students welcome!

Theatre Department Informational Pizza Party

7:00pm-9:00pm, Rice Auditorium Stage

Are you interested in being a part of theatre at WOU? Come to the Annual Pizza Party to meet new students, learn about this year's opportunities, and have some fun! Fun for theatre majors, minors, and anyone who loves theatre and wants to make it part of their lives!

Get Involved:

Student Activities Board

Student Activities Board (SAB) is a way to meet tons of new people, make new friends, and a great way to have a voice in what activities and performers come to our campus! Want to get involved? Stop by and meet us in the Werner University Center next to the Information Desk or come to our meetings on Tuesdays from 4-5pm!

#WOUNSW2019

FUTURE EVENTS

WOU Bi-Mart Night

October 2nd, 9:00pm-11:00pm

- Come to Bi-Mart and participate in WOU Night! There will be a live radio station DJ, special prices just for the night, and free giveaways for WOU students! Transportation provided from WUC Plaza to location.

Homecoming 2019: Wild. Wild Western

October 14th-19th, 2019

- Nominate outstanding first-year students to be on Homecoming Court under the SAB page on WOU Engage in your Portal!

Monday Oct.14th: Kickoff Carnival
Paint the Wolf

Tuesday Oct.15th: Paint the Town Red

Wednesday Oct.16th: Office Decorating Contest Judging

Thursday Oct.17th: Homecoming Hoedown

Friday Oct.18th: Powerpuff Wolfie Bowl
Bonfire Pep Rally

Saturday Oct.19th: Football Game vs Central Washington
Homecoming Court Royalty Announcement

52nd Annual Holiday Tree Lighting

December 6th, 2019

- Enter a float in the annual parade
- Enter the annual Cookie Bake-Off, and vote on the entires
- Take a picture with Santa
- Enjoy hot chocolate
- Watch the tree light up with the rest of the Monmouth Community!

Family Weekend 2020

January 24th-26th, 2020

- Early Registration Opens in December!
- Check out the Family Weekend website for more information on registration and the schedule of events: wou.edu/student-engagement/programs/family-weekend/

WOU ATHLETICS SCHEDULE

Don't miss out on these fall home games!

Football

October 5, 1:05pm - Simon Fraser
October 19, 1:05pm - Central Washington
October 26, 1:05pm - Midwestern State Texas
November 9, 1:05pm - Azusa Pacific
November 16, 1:05pm - Eastern New Mexico

Women's Soccer

October 5, 11:00am - Seattle Pacific
October 10, 3:00pm - Concordia
October 12, 1:00pm - Western Washington
October 17, 2:00pm - Montana State Billings
October 19, 11:00am - Northwest Nazarene
November 9, 11:00am - Central Washington

Volleyball

September 26, 7:00pm - Western Washington
September 28, 2:00pm - Simon Fraser
October 10, 7:00pm - Alaska
October 12, 7:00pm - Alaska Anchorage
October 31, 7:00pm - Seattle Pacific
November 2, 2:00pm - Saint Martin's
November 14, 7:00pm - Northwest Nazarene
November 16, 1:00pm - Central Washington
November 19, 7:00pm - Concordia
November 21, 7:00pm - Montana State Billings

503-428-7238

WOLF RIDE

Monday-Sunday | 5pm-12am | WOU's Safe Ride Program

The mission of the WOLF Ride: WOU's Safe Ride program is to provide a free and reliable shuttle service to students of Western Oregon University who would otherwise walk alone at night and risk their safety or possible assault. WOLF Ride will provide a safer environment for all students by increasing public awareness of our services and the dangers of assault.

Announcements: Service will begin Fall term 2018 on Monday, September 24th. Students can call 503-428-7238 at any time to request a ride between the hours of 5:00pm and 12:00pm, Monday through Sunday. Ride requests are taken on a first come, first served basis (there is no "route"). This service is only offered to WOU Students, and is not to be used as a designated driver service.. There is only one van. WOLF Ride is equipped with a wheelchair lift. If you have questions regarding the WOLF Ride program (no ride requests), please call the Office of the Vice President for Student Affairs at 503-838-8221.

If you call prior to operating hours or the driver cannot take your call, please leave a message on the voicemail stating the following:

- **Your name**
- **Location and destination at which you would like to be picked up/dropped off**
- **The time you would like to be picked up**
- **A number at which you can be reached (the driver will call to confirm your ride upon receipt of the message)**

503-838-8481

PUBLIC SAFETY ESCORT SERVICE

24/7, Anytime, Any-day

Western Oregon University Campus Public Safety offers a safety escort program for all staff, faculty, students, and University guests. If at any point you feel unsafe while on campus and would like a Public Safety Officer to escort you from one on-campus location to another (the safety escort can only be performed within the geographical boundary of WOU), please call (503) 838-8481. When you call, please have the following information ready and available:

- **Your name**
- **A phone number to contact you at**
- **The location that you would like the officer to meet you**
- **The location that you would like the officer to escort you to**

ACADEMIC RESOURCES

**Need help with homework? Need tutoring?
These resources are here to help!**

The Writing Center

APSC 301 wou.edu/writingcenter

The writing center supports student's development and success as college writers. Peer tutors are available to provide one-on-one assistance with format-specific content as well as provide general writing feedback.

- Come in at any stage of the process: understanding the assignment, brainstorming, outlining, or revision.
- Get help on anything you write: resumes, applications, essays, speech outlines, lab reports, slideshow presentations, etc.

The Math Center

HL 228 wou.edu/mathcenter

The Math Center is a great place to hang out, do your math homework, and review your math materials. Friendly and experienced math tutors are here to help you! It offers free drop in tutoring for Math 60, 70, 95, and 100 and 200 level courses. Hours and tutor information are posted online.

- Open the second - tenth week of classes during Fall, Winter, and Spring terms.

The Science Center

HL 124 wou.edu/sciencecenter

Free drop-in tutoring for chemistry, biology, earth science, and physics. At the Science Center you may get help with homework, prepare for tests, and study as an individual or group. All 100-level and 200-level science classes are covered. Hours and tutor information are posted online.

- Open the second - tenth week of classes during Fall, Winter, and Spring terms.

Also check out the Student Success and Advising Center for tutoring in a number of different subjects from Humanities to the Arts!

Campus Abbreviations Guide

ITC - Instructional Technology Center
MNB - Math and Nursing Building
APSC - Academic Programs and Support Center
HWC - Health and Wellness Center
WUC - Werner University Center
HL - Hamersly Library
NS - Natural Science
SHCC - Student Health and Counseling Center
MOD - Modular Classrooms
RWEC - Richard Woodcock Education Center
HSS - Belamy Hall
DFSC - Devolder Family Science Center
SSA - Student Success and Advising

A dark, atmospheric image of an escape room. In the foreground, a pair of yellow safety goggles with a clear lens is positioned on a dark surface. The background is dimly lit with blue and green light, showing various mechanical components and a large, metallic padlock. The text is overlaid on this scene.

**Do YOU Have
What it Takes?**

Your group has 60 min to escape one of our challenging interactive rooms by solving puzzles, deciphering clues and using intense teamwork. Book one of these unique entertainment experiences today and see if you have what it takes to escape!

www.EscapeTechSalem.com



EscapeTech

**Student
Discount
10% OFF!**

Coupon Code:

escape19

Expires: 12/31/19

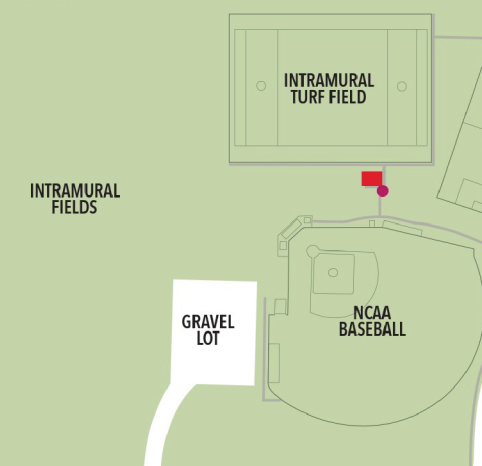


PARKING

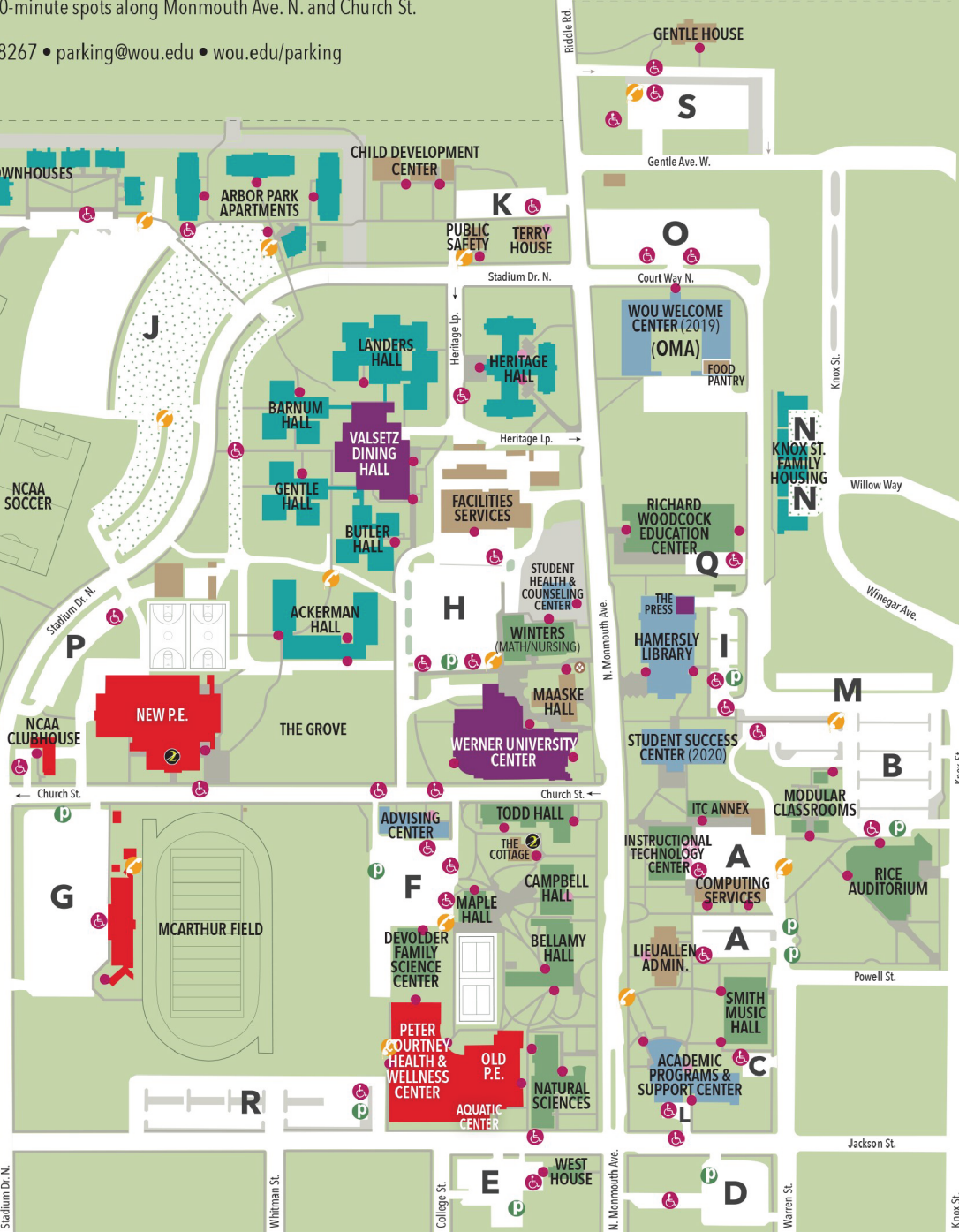
Buy a \$2 day parking pass at Public Safety or in the Lieuallen Administration Building. Or pick up a free guest pass from the building you're visiting.

SHORT TERM PARKING: Look for coin metered spots across campus, or 15- and 20-minute spots along Monmouth Ave. N. and Church St.

503-838-8267 • parking@wou.edu • wou.edu/parking



- DISABILITY PARKING**
- ACCESSIBLE (ADA) ENTRANCE**
- EMERGENCY PHONE**
- NO DISABILITY ACCESS ON 2ND FLOOR**
- OUTSIDE ELEVATOR TO 2ND FLOOR**
- PARKING METERS (MORE THAN ONE PER LOCATION)**
- A-S PARKING LOTS**
- RESIDENTIAL PARKING**



ATHLETIC FACILITIES

- Aquatic Center
- McArthur Field
- NCAA Clubhouse
- New P.E.
- Old P.E.
- Peter Courtney Health and Wellness Center

FOOD SERVICE

- Hamersly Library (The Press)
- Valsetz Dining Hall
- Werner University Center

CLASSROOMS

- Bellamy Hall (HSS)
- Campbell Hall
- Devolder Family Science Center

- Instructional Technology Center
- Maple Hall
- Maaske Hall
- Modular Classrooms
- Natural Sciences
- Rice Auditorium
- Richard Woodcock Education Center
- Smith Music Hall
- West House
- Winters (Math/Nursing)

RESIDENCE HALLS

- Ackerman Hall
- Alder View Townhouses
- Arbor Park Apartments
- Barnum Hall
- Butler Hall
- Gentle Hall
- Heritage Hall
- Knox St. Family Housing
- Landers Hall

STUDENT SUPPORT

- Academic Programs & Support Center
- Advising Center
- Student Health & Counseling Center
- *WOU Welcome Center (2019)

*Previously known as OMA (Oregon Military Academy)

OTHER

- Child Development Center
- Computing Services
- The Cottage
- Facilities Services
- Food Pantry
- Gentle House
- Lieuallen Administration
- Parking Services
- Public Safety
- Terry House