



CAMPUS RECREATION IFC REQUEST

FY 2022-2023

PROVIDES ACTIVE OPPORTUNITIES TO ENHANCE THE
STUDENT EXPERIENCE AND CREATE CONNECTIONS

DISCUSSION OUTLINE

Impact
Facilities
Programs
Financials

2020-2021 HWC
828 UNIQUE STUDENTS
9,426 VISITS



BENEFITS OF CAMPUS RECREATION

NIRSA/NASPA Consortium

BENEFITS OF CAMPUS RECREATION

HEALTHY BEHAVIORS

Research concludes that regular physical activity alleviates stress, reduces feelings of depression and anxiety, improves quality of sleep and promotes psychological wellbeing.

Buckworth, J., Dishman, R. K., O' Connor, P. J., & Tomporowski, P. D. (2013). *Exercise psychology* (2nd ed.). Champaign, IL: Human Kinetics.

CAMPUS CONNECTION

Club sports, intramural sports, informal recreation and group fitness participation impact a student's social wellbeing leading to increased student retention.

Danbert, S. J., Pivarnik, J. M., McNeil, R. N., & Washington, I. J. (2014). Academic success and retention: The role of recreational sports fitness facilities. *Recreational Sports Journal*, 38(4), 24-22.



SOCIAL ENGAGEMENT

Campus recreation facilities are important not just for offering a continuum of physical activity opportunities, but also for providing a safe place to engage with other students.

Huesman, R.L., Jr., Brown, A.K., Lee, G., Kellogg, J.P., & Radcliffe, P.M. (2009). Gym bags and mortarboards: Is use of campus recreation facilities related to student success? *NASPA Journal*, 46(4), 50-72.

PROFESSIONAL DEVELOPMENT

Work experiences that occur outside the classroom offer opportunities to develop skills in conjunction with the academic experience as employers are looking for these skills in new graduates.

Jackson, D. (2014). Employability skill development in work-integrated learning: Barriers and best practice. *Studies in Higher Education*, 40(2), 350-367.

CAMPUS RECREATION HAS HELPED ME OVERCOME
MY ANXIETY THAT COMES WITH ATTENDING THE GYM
AND RECREATIONAL ACTIVITIES - 2019



PETER COURTNEY HEALTH AND WELLNESS CENTER

SPRING 2011 - GOLD L.E.E.D.

CLIMBING WALL

40 ft by 40 ft, plus bouldering rock and hang boards for all skill levels.

AQUATIC CENTER

Built in 1955, a therapy pool was added in 2011 along with the lap pool

TURF FIELD

2.78 acre home field for Club Sports teams and Intramural leagues

DISC GOLF

9-hole course (par 27) with a length of 3,047 ft, open year round

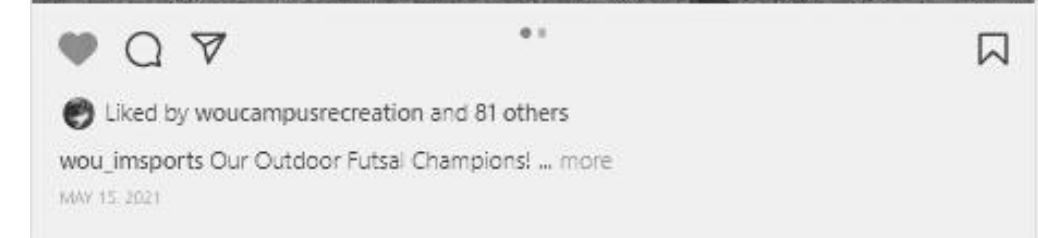
**HISTORICALLY,
CAMPUS REC
WAS ONLY THE
STADIUM WEIGHT
ROOM, GRASS
FIELDS, AND
OLD PE GYM**

LAST YEAR

Aquatics
Climbing
Club Sports
Equipment rentals
Fitness with IGLive
Intramural Sports
Free tournaments

CURRENT YEAR

Aquatics
Climbing
Club Sports
Equipment rentals
Fitness
Intramural Sports
Outdoor Trip
Homecoming
Family Weekend
Free tournaments
Destination Western
Avalanche safety
Self Defense



PROGRAMS REPORT CARD

2020-2021

2021-2022 HWC

1,230 unique students

14,510 visits

AQUATICS	CLIMBING	CLUB SPORTS	FITNESS	INTRAMURAL
Spring only	Fall - Spring	Fall - Spring	Fall - Spring	Fall - Spring
95 users	144 users	12 active teams	305 in-person*	1,739 participations
245 visits	410 visits	197 players	119 nights for class	40 nights in-person
		80 days of practice		

VIRTUAL RECREATION

FALL - SPRING

Live IG Fitness*: 9,863 views

Virtual FOD: 361 per term average users

5 Challenges: 267 participations

Esports: 662 participations

CLUB SPORTS: MENS RUGBY 2ND PLACE VIRTUAL SEASON

FITNESS EQUIPMENT RENTAL

WINTER - EXTREME RISK PERIOD

RENTALS: 192



CLUB SPORTS STUDENT RECRUITMENT: 9 STUDENTS (SPRING)

HIGH IMPACT PROGRAM - EMPLOYMENT

FALL - 27
WINTER - 25
SPRING - 39

TRAINING:
LIFEGUARD
WSI
CPR/AED
CLIMBING



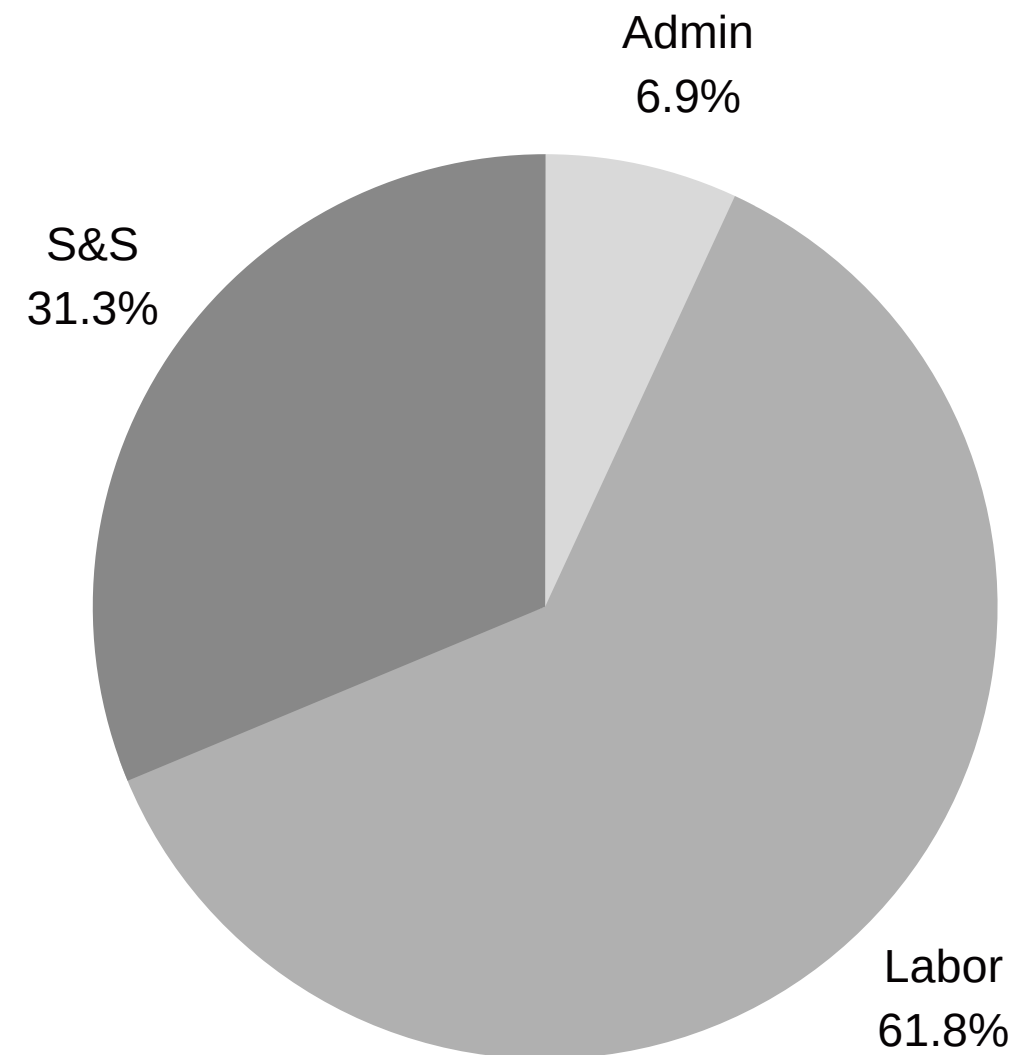
IFC BUDGET REQUEST

Hours per week

2016 - 104

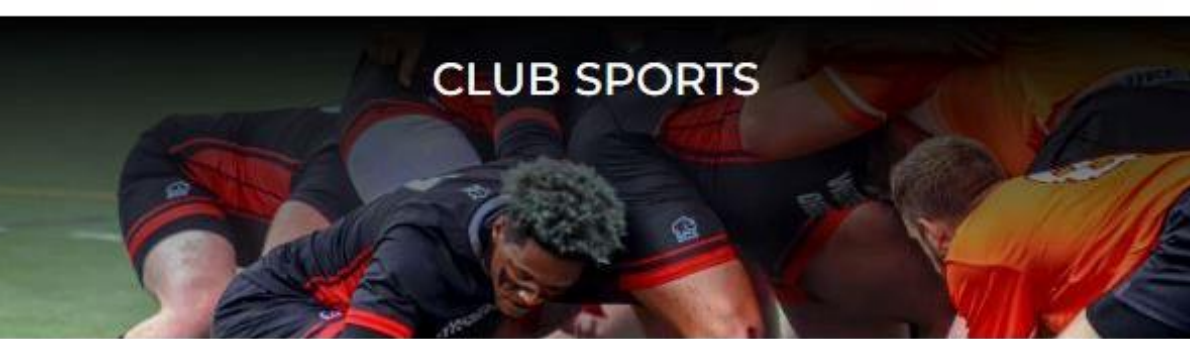
2017 - 98

2020 - 93



FY22 - 1,080,650
FY23 - 1,107,881
SUM FY23 - 62,624

1,258,770 VISITS HAVE OCCURRED SINCE
OPENING IN SPRING 2011



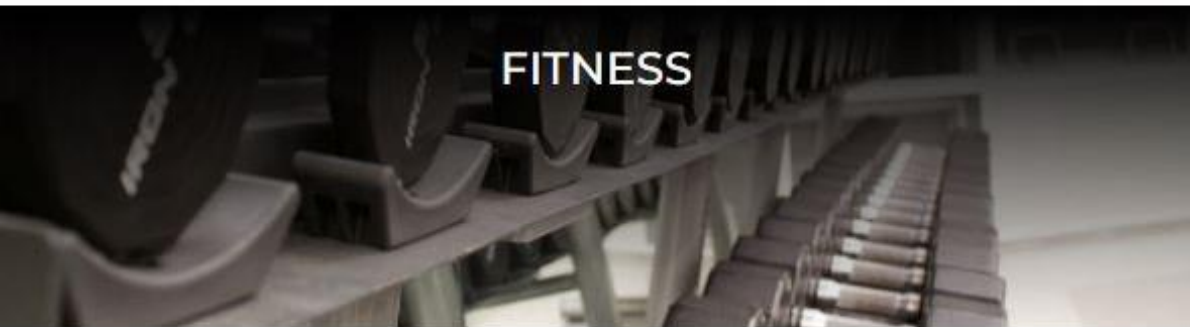
CLUB SPORTS



INTRAMURAL SPORTS



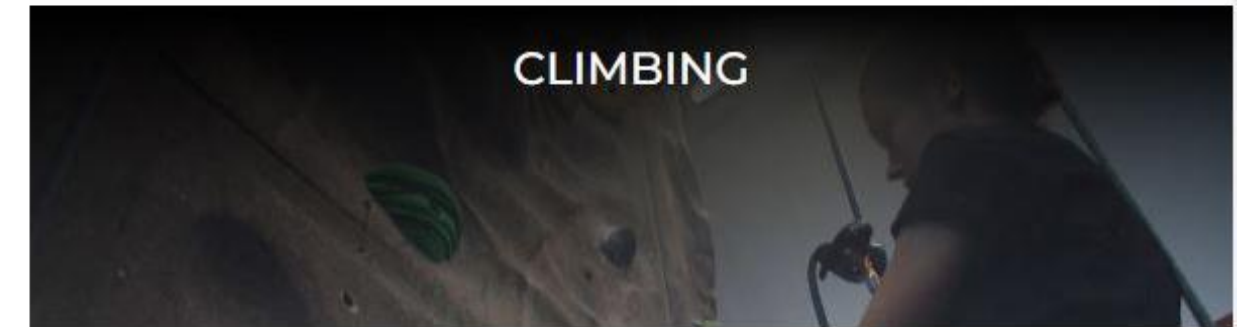
OUTDOOR



FITNESS



AQUATICS



CLIMBING



EMPLOYMENT



HEALTH AND
WELLNESS CENTER



TURF FIELD
DISC GOLF

WHAT HAS CHANGED FROM FY22 TO FY23?

MINIMUM WAGE/OPE INCREASE

State of Oregon requirement

\$23,035

1% SALARY/OPE INCREASE

WOU - Unclassified Staff

\$4,196

HWC

Labor: 594,928
S&S: 244,114
GAO: 62,626
Total: 832,418

PROGRAMS

Labor: 44,563
S&S: 9,038
GAO: 3,967
Total: 44,068

AQUATIC CENTER

Labor: 41,141
S&S: 52,694
GAO: 6,944
Total: 100,779

TURF FIELD

Labor: 3,137
S&S: 21,393
GAO: 1,824
Total: 22,461

INTRAMURAL

Labor: 41,451
S&S: 6,003
GAO: 3,512
Total: 47,466

CLUB SPORTS

Labor: -
S&S: 56,505
GAO: 4,184
Total: 60,689

WOU
63%

STUDENT
WAGES

UTILITIES

GENERAL
ADMIN
OVERHEAD

EQUIPMENT
MAINTENANCE
CUSTODIAL

415,952

88,500

89,156

217,756

Reduction of HWC from 92.5 to 79.5	\$30,692	-2.8%	Student employment
Custodial Labor 20-hours/wk less	\$25,776	-5.1%	Facility Services reduction
Equipment Reserves - 10% reduction	\$4,750	-5.5%	Funds designed to replace equipment
Service and Supplies - HWC	\$5,102	-6.0%	Consumables - toilet paper, paper towels, etc
Reduction of HWC from 79.5 to 69	\$22,686	-8.0%	Student employment
Custodial Labor 20-hours/wk less	\$25,776	-10.4%	Facility Services reduction
Equipment Reserves - 10% reduction	\$4,750	-10.8%	Funds designed to replace equipment
Service and Supplies - HWC	\$5,102	-11.2%	Consumables - toilet paper, paper towels, etc
UCS Professional .05 FTE	\$7,380	-11.9%	UCS staff assigned to software/hardware
Aquatic Center S&S - 20%	\$11,277	-12.9%	Repairs and replacement of equipment
11 Program Areas - Flat 41% reduction	\$77,736	-20.0%	Each area would reduce required percentage

REDUCTIONS

“

HELPED OR ENHANCED

Improved my mental
health and confidence
not only in my
academics but also my
skills outside of the
classroom.

WOU STUDENT - 2019

THANK YOU, FOR YOUR SUPPORT

