Lieuallen Administration 206 | 503-838-8490 | hr@wou.edu | wou.edu/hr

Position Description - Unclassified

Position Status:

Position Title			Position Number		
Assistant Sport Performance Coach				E99998	
Appointment (9mos. / 12 mos. / Other) Contract Period (from / t			Department / Division		
12 months July 1, 2023 – June 30, 20			Athletics		
Position Type			FLSA		
Unclassified		Yes			
Reports to		Reports to Position Number			
Director of Sports Performance		E99150			
Incumbent		Univ	ersity ID #		

Program Information:

A. Describe the general program in which this position exists. Include program purpose, size, scope and relationship to the University's mission.

This position is housed in the Department of Athletics. The Department of Athletics is responsible for the support of 14 intercollegiate athletic teams participating in Division II of the National Collegiate Athletic Association (NCAA), and a staff of head coaches, assistant coaches, administrative support staff (compliance/academic service, media & external relations, marketing and promotions, event & facility operations, athletic training, sports performance, equipment coordinator), graduate assistants, and student employees. The department is also responsible for managing budgets that support the athletic teams with resources from the General Fund, Incidental Fee, Oregon State Lottery, event income, and fundraising.

B. Describe the purpose of this position and how it functions within this program.

The primary and most important responsibility of a Sports Performance Coach at WOU will be to instruct student-athletes safely and effectively in the Sports Performance Facility and will report to the Director of Sports Performance.

Position Information and Oualifications:

Position Information and Qualifications:					
-	A. Description of Duties/Responsibilities – List the major duties assigned to the position. Note percentage of time each				
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Percent of Time	Duties				
	1. Develop, implement, and manage the sports performance programs for assigned sports, as well as assist the Director in the day-to-day operations of the sports performance facility.				
	2. Collaborate with Athletic Trainers, Team Physicians and Physical Therapists regarding the rehabilitation progress and return to participation/play planning of injured student-athletes.				
	3. Develop and maintain effective working relationships with sport coaches and athletic department personnel.				
	4. Responsible for maintenance and upkeep of the Sports Performance training facility so it is a cohesive and safe environment for all sports to use.				
	5. Ability to work nights/weekends, occasional holidays, and travel with sports teams.				
	6. Other tasks as assigned by the Director of Sports Performance and/or Director of Athletics.				
	7. Assist with supervisory responsibility of strength and conditioning interns.				
	8. Assistance with communication of strength program organization to prospective student athletes and parents.				

B. Required Qualifications

List any certificates, licenses, academic degrees, or experience <u>required</u> to perform the duties of this position. Indicate if a combination of education and experience is acceptable.

- 1. Bachelor's Degree in Exercise Science or related field
- 2. A minimum of 2 years in the Collegiate or Professional Sports Performance setting
- 3. First Aid/CPR certified
- 4. SCCC (or planning on sitting for SCCC within 1 year of hire), USAW or CSCS certification.

C. Preferred Qualifications

Describe preferred education, experience, skills, licenses, certificates, and other qualifications for this position.

Master's Degree in Exercise Science or related field

D. Knowledge Areas

List the major areas of knowledge that are required to perform the duties of this position.

Knowledge, understanding and experience in the following areas:

Periodization, basic speed mechanics, implementation of speed mechanics, Olympic weightlifting, basic strength training movements, prehab movements, pre-game/pre-practice dynamic warmups and mobility.

Knowledge of and strict compliance with NCAA regulations and policies of the University.

Collaboration with Athletic Training staff as to the monitoring and rehabilitation of student athletes with injuries.

Knowledge of date collection, interpreting data and designing daily reports for staff.

Budget Authority:

In	Indicate the level of the position's responsibility for the development, control, and monitoring of budget. Indicate the				
siz	size of the budget. Check all that apply.				
	Develops, monitors*, and controls*	\$0			
	*Monitor means to review and approve expenses; control				
	means to authorize budget transfer at the department level				
	Delegated authority to monitor budget	\$0			
	Limited approval authority for purchase \$0				
	Purchase only with higher level approval	\$0			

Supervisory Authority:

If this position has the authority to act or effectively recommend action affecting employees in the following areas, check all that apply.			
Hire Assign Work			

Transfer	Recommend salary adjustments
Discipline	Approve requests (i.e. leave)
Dismiss	Respond to complaints/grievances
Layoff	Conduct performance assessments
Promote	Give Direction

Positions Supervised:

Ty	pe	# of Employees	Total FTE
	Teaching faculty		
	Classified staff		
	Unclassified staff		
	Student Employees (average per term)		
	Other (specify) Interns	3	

Decision Making Authority:

Describe the breadth and scope of decision-making authority and discretion the position has to formulate, implement, evaluate, approve and/or modify department and/or university policy, procedures, and/or programs. Describe the type of review and/or approval required by a higher level.

The assistant sport performance coach will report directly to the Director of Sport Performance. The assistant sport performance coach will have decision-making authority over the teams assigned to them.

Additional Information:

List any additional information that	t would help describe the nat	ture of the position.	

Acknowledgement:

Employee Printed Name	Employee Signature / Date
Supervisor Printed Name	Supervisor Signature / Date
Reviewer (VP / Director)	Reviewer Signature / Date
Appointing Authority	Appointing Authority Signature / Date

HR USE ONLY:

Received by			Date		
Position Class # (Ex. UF101)	Employee Class	Job I	Location	Appointment Percent	
CUPA-HR# / Title	NOC Code	Cate	gory Code	SOC Code	
Actions Taken					
NBAPBUD / NBAPOSN					
NBAJOBS					
PEAFACT					
Electronically Filed					