

Symptom Screening Checklist for Non-Health Care Staff

1 Have you:

- Been in close contact (within 6 feet for at least 15 minutes) in the last 14 days with someone diagnosed with COVID-19, or
- Had a health department contact you and, if so, are you still within your quarantine period?

Yes

You should not be at work. You can return to work 14 days after the last time you had close contact with someone with COVID-19, if you are well.

No

You can work if you do not have symptoms.

2 Since you last worked, have you had any of these symptoms?

- Fever Shortness of breath or difficulty breathing New loss of sense of taste or smell Sore throat
- Chills New cough Muscle pain

If you have any of these symptoms, you should go home, stay away from other people and call your health care provider.

3 If you have been diagnosed with COVID-19 you can return to work when you can answer yes to all three of these questions:

- Has it been at least 10 days since you first had symptoms? Has it been at least 24 hours since you've had a fever (without using fever reducing medicine)? Have your other symptoms improved?

If you have had a negative COVID-19 test, answer these questions:

Have you been exposed to someone who has COVID-19?

Yes

- You should not work unless you can answer **yes** to **all three** of these questions:
 - » Has it been at least 10 days since you first had symptoms?
 - » Has it been at least 24 hours since you've had a fever (without using fever reducing medicine)?
 - » Have your other symptoms improved?

No

- You can work if you are not experiencing symptoms.
- If you have symptoms, you can not work until 24 hours after the symptoms have resolved.