

# *Amusement Park*



New Student Week 2021  
Western Oregon University

# Welcome to the AWOUSEMENT PARK!

## New Student Week 2021: September 19th-25th

New Student Week is sponsored by New Student and Family Programs

**\*All-student events are designated in these dark shaded boxes.**

*\*All incoming students are required to attend these events*

**Highlighted events are designated in these light shaded boxes.**

**Variety Show events are designated in these dashed outlined boxes.**

**Cultural Connections events and other reminders are designated in these outlined boxes.**

If you need a disability-related accommodation in order to participate in a Western Oregon University class or activity, please notify the Office of Disability Services at 503-838-8250 or [ods@wou.edu](mailto:ods@wou.edu) at least 3 business days in advance. To request an interpreter or live captioning, please fill out the WOU Online Access: Interpreter/Transcriber/Live Captioning Request Form.

**Check out our online events calendar!**  
[wou.edu/orientation](http://wou.edu/orientation)

**Follow us on Instagram!**  
[@wou.plusteam](https://www.instagram.com/wou.plusteam)



Keep an eye out for the NSW VIP Pass punchcard and the Cultural Connections programs for ways to win prizes. NSW VIP Pass sessions are marked with the ticket icon as seen above. Cultural Connections sessions are marked with a black outlined box. Some of these sessions have limited space, so be sure to RSVP in advance to take full advantage of these opportunities.



## PLUS Team 2021

Cheyenne Bumgardner	Gheraldy Bobadilla-Cruz
Madi Knox	Elizabeth Braatz
Sandra García Torres	Jessica Garibay Ochoa
Isaac Acosta	Ashley McKenzie
Angel Cruz	Nancy Montecinos
Priscila España	Cesar Murillo
Abigail Fisher	Anakaren Puentes
Blanca Jimenez	Britain Schneider
Moshe Martinez	Yasmin Schulberg
Basil Aljafar	Arlette Tapia
Brayleen Blanchard	Ella Tenido
	Devin Thongdy

**Interested in joining PLUS Team 2022?  
Stop by the New Student Week Information Booth and we will tell you how to be part of this amazing experience!**

The NSW Guide was made by Blanca Jimenez, Arlette Tapia, Anakaren Puentes, and Nancy Montecinos, with the help of Cheyanne Bumgardner, Shelby Worthing, Megan Habermann, and all of PLUS Team.

# Sunday

# 9/19

## Move-In Schedule

### "Grab and Go" Menu

**8:00am-11:00am, Valsetz Food Court**

Need a snack before lunch to get some extra energy for moving in? Stop by and purchase a variety of convenient food items, cold drinks, and snacks throughout the day. Be sure to buy a ticket for our themed dinner while at Valsetz!

### Residents Move In

**9:00am-5:00pm, Residence Halls**

### New Student Week Info Booth and Water Stations

**9:00am-5:00pm, The Grove and Heritage Hall**

If you have questions about move in procedures or New Student Week activities, PLUS Team members will be available to answer all of your questions!

### WOU ID Cards

**10:00am-5:00pm, WUC 2nd Floor Lobby**

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacements will be issued for \$15.

### Residential Computing Computer Support

**11:00am-1:00pm, RSC**

If you have any questions about your residence hall computer connections or need additional computer support, this is the place to go!

### Lunch at Valsetz

**11:00am-2:00pm, Valsetz Food Court**

Has moving made you hungry? The Valsetz Food Court is open for business and ready to feed you! Use this time to purchase your ticket for our themed dinner as well.

### WOU Bookstore Open

**11:00am-4:00pm, WUC 2nd Floor**

Pick up any WOU gear you need for the big week! Be sure to check out our new product lines that will make your room unique! During the academic year, the bookstore will be open Monday-Friday from 7:30am-5:00pm and Saturday from 10:00am-2:00pm.

### Themed Dinner in Valsetz

**4:30pm-6:30pm, Valsetz Dining Hall**

Get ready to eat and greet! This is your first chance to make some new friends!

### Family Goodbyes

**No Later Than 4:30pm**

Goodbye! Adios! Au revoir! Sayonara!

Family and friends:

Time to give hugs/kisses and head out!

## All-Student Events

### Residence Hall Community Meetings

**7:00pm-8:30pm, Residence Halls**

This will be your first opportunity to meet all of the students who will be living with you in your residence hall community. Coordinated by your Resident Assistant (RA), you and your community will have a chance to get to know each other and learn what to expect during New Student Week and the academic year.

### Welcome - Playfair

**8:30pm-10:30pm, Intramural Turf Fields**

ASWOU President Logan Jackson will be welcoming all new students to campus, while PLUS Team Coordinators Cheyanne Bumgardner and Madi Knox will share highlights of New Student Week. Join us for an event you will not want to miss, as we lead you in a variety of fun activities or help you meet your new classmates!

# #HowlAboutIt

# NSW VIP Pass Punchcard

## Want to win:

- Insignia FireTV
- Nintendo Switch
- AirPods Pro



## How it works:

- Put your information on your **VIP Pass Punchcard**.
- Attend as many **VIP Pass Sessions** — those marked with the ticket icon.
- Each session gets you a hole punch by a PLUS Team member! The prizes listed above are given to the **top three people with the most punches!**
- **Turn in your VIP Pass** to the PLUS Team Info Desk in the WUC by **Friday, September 24th at 5 PM**.
- Winners will be drawn at the **Variety Show on Saturday**. You do not need to be present to win!

**Prizes brought to you by the WOU Foundation!**

# Cultural Connections

## Want to increase your chances to win prizes?

By attending one or more Cultural Connections sessions, you could win another BIG PRIZE! RSVP for our events by scanning the QR code!



## Cultural Connections Program

This free program coordinated through the Multicultural Student Services & Programs Office is designed to provide an orientation opportunity for first-generation, ethnic, and/or culturally diverse students. Everyone is welcome to attend, but please note that some of the sessions require an RSVP.

**NOTE: Diversity Scholars (receivers of the Diversity Commitment Scholarship, David S. Brody Scholarship, and/or Bilingual Teacher Scholarship) are required to attend all Cultural Connections events.**

You will have the chance to meet WOU staff members and current students who are excited to work with you and share information about programs and leadership opportunities on campus that will be useful to you in your transition to Western Oregon University.

## There are two ways to WIN PRIZES!

- Attend all five Cultural Connections Sessions and be present for the drawing at the Friday session. There is one session each day, beginning with the Kick-Off session on Monday, September 20th, which you must be present for to win a big prize.
- Attend at least one Cultural Connections Session (Monday-Thursday) and be present for the drawing at the Friday session for a chance to win a small prize.

**NOTE: You must attend and be present at the final session (the MCR Brunch on Friday, Sept. 24th from 10:00am-12:00 pm) to be eligible to win either prize.**

# Financial Aid Office and Business Office Reminders

## Financial Aid Office Reminders

Their office is located in the Welcome Center. As you enter the front entrance, it is the first door to the left.

File your FAFSA and/or ORSAA early. The application opens online on October 1st. Don't forget to submit your WOU scholarship application by March 1st, too!

You can always make an appointment through the WCS icon in your Portal.

There are no bad questions when it comes to finances, so don't procrastinate! Get your questions sorted out sooner rather than later!

**Check out their website for more information and upcoming deadlines: [wou.edu/finaid](http://wou.edu/finaid)**

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## Business Office Reminders

Their office is located on the first floor of the Lieuallen Administration Building. As you enter the front entrance, it is to the left.

The Business Office can assist students as long as you have a student ID or photo ID with them. They cannot answer questions about student accounts unless the student has completed a Release of Confidential Information form. This form is available under the Financial Aid Forms channel on your Portal.

Tuition will be due 30 days after the term starts. Keep this deadline in mind and communicate with the Business Office if you have any questions!

Students are eligible for a book voucher if all documents have been submitted to the Financial Aid Office and the estimated award is more than the cost for tuition/fees and room/board. Check in with them if you have more questions about this program!

If you are in need of financial assistance, contact them to see if you are eligible for a short-term emergency loan. They are not for tuition or academic-related needs, but rather for needs such as gas money, rent, food, and other basic needs.

They offer payment deferment plans to potentially save you money! If you think you may need to defer a payment, check in with them to see what your options are.

Never be afraid to go in and ask questions! They are there to help you!

**Check out their website for more information and upcoming deadlines: [wou.edu/business](http://wou.edu/business)**

# Repeated Daily Sessions

## Daily PLUS Team Information Booth

### NSW and PLUS Team Info Booth

#### Throughout the Day, WUC 2nd Floor Lobby

Questions about New Student Week? This is the place where you can have all of your questions answered. You can also sign up for the Variety Show and get more information about joining PLUS Team 2022!

## Available Monday and Tuesday

### WOU ID Cards

#### 10:00am-5:00pm, WUC 2nd Floor Lobby

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacements will be issued for \$15.

## Available Monday-Friday

### Health & Wellness Center Open

#### 1:00pm-7:00pm, HWC

Grab a friend and come down to the HWC for a quick recreation break. Your WOU student ID is required to access the facility along with athletic shoes and proper workout attire.

### Residential Computing Computer Support

#### 8:00am-5:00pm, RSC

If you have any questions about your residence hall computer connections or need additional computer support, this is the place to go!

## Follow Us!

Want updates about all of the fun events happening on campus? Follow these accounts on Instagram!

@wounews | @wou.plusteam | @student\_engage

## Valsetz Hours | Monday-Friday

Online Ordering: 8:00am-10:00am, 11:00am-2:00pm, 4:00pm-7:00pm

Food Court: 11:00am-2:00pm, 4:00pm-7:00pm

C store: 7:00am-7:00pm

## Valsetz Hours | Saturday-Sunday

Online Ordering: 11:00am-2:00pm, 4:00pm-7:00pm

Food Court: 11:00am-2:00pm, 4:00pm-7:00pm

C Store: 10:00am-7:00pm

## Other Dining Options

### Caffe Allegro

#### Located in the WUC

Caffe Allegro serves Portland Roasting coffee and also operates a convenience store where you can find salads, personal pizzas, and sandwiches to go. Starting 9/27/2021 Open from 9:00am-2:00pm.

### Yang's Teriyaki

#### 140 Monmouth Ave N.

A family business dedicated to providing fresh food and ensuring fast, friendly service. Known for their delicious teriyaki varieties!

### Momiji

#### 183 Main St W.

Japanese Restaurant specializing in authentic Japanese sushi with a large variety of sushi rolls, nigiri, and sashimi.

### Yeasty Beasty

#### 167 Main Street W.

Working hard to make the best pizza and creating the most fun for you!

### Casa Burrito

#### 564 Powell St E.

Offers a wide array of fresh food – enchiladas mexicanas, menudo, birria, sopes, asada tacos, casa burritos, breakfast burritos, and milanesa torta.

# Monday

# 9/20

**Sessions begin today! Be sure to bring your NSW VIP Pass punchcard to your sessions marked with the ticket icon to get it punched!**

## **Transfer & Non-Traditional Student Orientation**

**8:30am-10:30am, WUC Columbia**

We know the transfer and/or non-trad experience differs from the first-year experience, so we created this session just for you! Topics covered will include: services available to transfer and non-traditional students, navigating transfer articulations, clubs and organizations, and more!

## **Residents Move In**

**9:00am-5pm, Residence Halls**

## **All-Student Event**

### **PLUS Team Small Group Sessions**

**9:00am-10:15am, Residence Halls**

PLUS Team members will meet with students in small groups. Students living in the residence halls will meet in their living communities.

*\*\*Off-campus first-years meet in the WUC Willamette Room\*\**

## **10:15am-11:15am Educational Sessions**



### **Playing Intramural and Club Sports at WOU**

**10:15am-11:15am, Hamersly Library  
Room 108**

Intramural and Club Sports are a great way to meet new people, be active, and scratch that competitive itch! Come to this session to learn the difference between Intramural and Club Sports and for information on how to join each.

*\*\*\* This is a repeated session \*\*\**



### **Roommates and Relationships**

**10:15am-11:15am, RWEC Room 201**

Learn how to navigate new roommates and other relationships in a healthy manner.



### **Advising 101: What to expect when you meet with your advisor**

**10:15am-11:15am, WUC Calapooia**

Beginning your university journey starts with meeting with an advisor. Because your advisor will help you explore possible majors that fit your interest and career goals, it is important to meet with them every term. In this session, we will go over the difference between high school counselors and academic advisors, ways to connect with an advisor, and strategies for preparing for your meeting with your advisor. After the presentation, there will be a question and answer with a panel of advisors from various majors on campus.

*\*\*\* This is a repeated session \*\*\**

### **Honors Program Orientation**

**10:15am-11:15am, WUC Willamette**

The inaugural meeting for the incoming Honors class! Meet everyone, get any lingering questions answered, receive an overview of the upcoming year and take a class photo!

### **On Track Informational Session**

**10:15am-11:15am, Ackerman 141**

The On-Track program is designed to provide historically underrepresented and underserved students at WOU with a support program that will assist in ensuring academic and personal success, as well as provide opportunities for your social development. If you are a first-generation college student, student of color, bilingual student, or part of any culturally underrepresented community, join us to learn how you can be part of On-Track!

*\*\*\* This is a repeated session \*\*\**

# Monday

# 9/20

## All-Student Event

### Convocation with Monti Washington 1:00pm-2:30pm, NPE Gym

Presenting Convocation with a welcome from President Jay Kenton and a keynote from nationally-known speaker Monti Washington! A product of a one-night stand, abused in foster home after foster home, and raised sleeping in parks were just a few of the daunting obstacles in Monti's journey From the Streets to the Stage. Be ready to be engaged, encouraged, and empowered by Monti who has obtained two college degrees, become a state basketball champion, award winning poet, McDonald's All-American nominee, nationally recognized actor, and co-founder of Truality.org, a non-profit organization aimed at inspiring youth to be TRU to The Real U.

### 2:45pm-3:45pm Educational Sessions



#### LGBTQ+ Student Orientation

2:45pm-3:45pm, RVEC Room 201

This session is for lesbian, gay, bisexual, pansexual, trans\*, queer, genderqueer, nonbinary, questioning, asexual and straight/cis ally students new to WOU. Join us and meet new people while learning about available resources, helpful hints, and networking on campus. Additionally, be introduced to important campus resources, tools, programs, and activities, such as the WOU SafeZone program, Stonewall Center, and Triangle Alliance, as well as to LGBTQ+ and ally staff, faculty, and engaged students.



#### Leadership Certificate Program Information Session

2:45pm-3:45pm, WUC Willamette

Do you want to make the most out of your leadership experiences in college? Make your time at WOU the place you develop into a leader of impact. The Leadership Certificate program is geared towards students who plan on exploring and dedicating time to leadership development at WOU. Learn how you can intentionally get involved, connect with a campus mentor, and earn the Leadership Certificate.



#### Navigating WOU as a student Veteran 2:45pm-3:45pm, WUC Santiam

Here you will learn how the Veteran's Resource Center (VRC) connects students like you to peer mentorship, how to certify your VA benefits each term, and how VRC can advocate for and support you. There will be a good chunk of time at the end for questions, so come prepared to ask questions others may have on their mind!

\*\*\* This is a repeated session \*\*\*



#### Student-led Library Tours

2:45pm-3:45pm, Hamersly Library Lobby

Get the inside scoop on the library and how to use it to your best advantage during your time at WOU. Tours of the library will be given throughout the week by students who work there.

\*\*\* This is a repeated session \*\*\*



#### Alternative Break

2:45pm-3:45pm, WUC Calapooia

Learn about Western Oregon University's Alternative Break Program! Alternative Break connects students with transformative hands-on experiences. WOU students partner with volunteer and community organizations to make a tangible difference throughout our local and global communities.

\*\*\* This is a repeated session \*\*\*

# Monday

# 9/20



## **It's a Small World After All: The Value of General Education**

**2:45pm-3:45am, Zoom ID: 825 4303 7501**

This session provides an introduction to General Education requirements, which are vital to setting you up for success in your major and beyond. This session is an opportunity to receive guidance on choosing courses and working your way through the different requirements in ways that will support your larger educational goals.

*\*\*\* This is a repeated session \*\*\**

## **Cultural Connections Kick-Off Session: MSSP's Magic Kingdom**

**2:45pm-3:45pm, WUC Columbia**

Want to connect with a program that will support you as a student here at WOU? Want to meet some peers that are ready to help you out? Want to win some neat prizes? Then you do not want to miss this session! It will give you the opportunity to learn about the Cultural Connections Program and the chance to meet the staff from the Multicultural Student Services & Programs (MSSP) office and the MCR's (Multicultural Representatives) (peer) Mentors.

**4:00pm-5:00pm  
Educational Sessions**



## **The Pre-Nursing Track - Better Than a Rollercoaster!**

**4:00pm-5:00pm, Zoom ID: 881 3317 5653**

Interested in the nursing field? Ever wonder what it takes to become a nurse? Come learn about the Pre-Nursing track at WOU! This session is designed for Pre-Nursing majors and those interested in learning more about that program.



## **Fraternity and Sorority Life at WOU 4:00pm-5:00pm, WUC Santiam**

An introduction to Greek Life at WOU! Meet with panel members from each of our organizations to learn more about the Fraternities and Sororities offered on campus.



## **What to Do While at WOU if You Want a Job When You Graduate**

**4:00pm-5:00pm, WUC Calapooia**

All students are interested in getting jobs when they graduate from WOU. This session lets you know what to do while at WOU in order to best prepare for obtaining a job when you graduate.

*\*\*\* This is a repeated session \*\*\**



## **Money Management in College**

**4:00pm-5:00pm, WUC Willamette**

We will look at how college students can more effectively manage their money while still have fun in college.

*\*\*\* This is a repeated session \*\*\**



## **Alcohol and Drug Awareness**

**4:00pm-5:00pm, Hamersly Library**

**Room 107**

Join us for a presentation about health and safety associated with alcohol and drug use/abuse.

## **Follow Us!**

Want updates about all of the fun events happening on campus? Follow these accounts on Instagram!

**@wounews | @wou.plusteam**

# Monday

# 9/20

## Get Involved: Alternative Break

Western Oregon University's Alternative Break Program connects students with transformative hands-on experiences. WOU students partner with volunteer and community organizations to make a tangible difference throughout our local and global communities. Head to SLCD to learn more!



## **Joining Clubs at WOU: How Do I Start?**

**4:00pm-5:00pm, WUC Columbia**

Do you want to get involved at Western, but you aren't sure where to begin? Come find out how to join clubs at WOU! We'll go over what clubs are currently active, where to find when they meet, and how to start your own club. This session will also explain how to use the Presence platform to connect with clubs and organizations.

*\*\*\* This is a repeated session \*\*\*!*

## **Dinner at Valsetz**

**5:00pm-7:00pm, Valsetz Dining Hall**

Has moving made you hungry? The Valsetz Food Court is open for business, and ready to feed you!

## Highlighted Events

### **Dave Ahdoot Show**

**7:00pm - 8:00pm, NPE Gym**

Presenting Dave Ahdoot: A comedian, writer, and actor based out of New York City! Join us for a lively evening of laughter and excitement!

### **New Student Week Dance with Blackboard Music**

**8:00pm-10:00pm, Turf Field**

Come dressed in neon for our amusement park dance! We will dance the night away to all of your favorite hits. Also, look out for our photo booth to capture the moment with your new friends! Buy your tickets for \$2 at the PLUS Team information booth or at the door! Co-sponsored by SAB.

## Student Health and Counseling Center Resources

### **Medical Services:**

Treatment of acute injury and illness, assistance with management of chronic illness, women's health care, STI testing and counseling, sports physicals, immunizations, and free cold/flu kits in the waiting room.

### **Counseling Services:**

Individual, roommate, couples, group, and crisis counseling, as well as psychiatric assessment and medication referrals.

### **Rest & Relaxation Room:**

Offering a massage chair, therapy light, and lots of other tools to help with stress management. Wellness Coaching appointments offer a personalized, strengths-based approach in assisting students in achieving and maintaining a healthy and balanced lifestyle while at WOU and beyond.

## Instagram Contest

Post a photo of an NSW event on your Instagram story and tag us @wou.plusteam

**This contest runs until Friday, September 24th at 5 PM**

**Prize: 24oz Hydro Flask**

# Tuesday

# 9/21

## 9:00am-10:00am Educational Sessions



### Student Activities Board

**9:00am-10:00am, WUC Willamette**

Want to know what fun events will be planned on campus this year? Would you like to get involved in planning some of these events? Look no further than the Student Activities Board! In this session, we will be talking about the different events that the Student Activities Board plans for Western's campus, what you can expect from our events, and even how you can get involved!

### Navigating WOU as a student Veteran

**9:00am-10:00am, WUC Santiam**

Here you will learn how the Veteran's Resource Center (VRC) connects students like you to peer mentorship, how to certify your VA benefits each term, and how VRC can advocate for and support you. There will be a good chunk of time at the end for questions, so come prepared to ask questions others may have on their mind!



### Office of Disability Services

**9:00am-10:00am, WUC Calapooia**

Learn about signing up for services and some vest practice tips on making our campus disability-friendly!



### Campus Recreation

**9:00am-10:00am, Ackerman 141**

Do you like going camping? Ever wanted to try snowshoeing? Need someone to guide you on a hike? From on-campus sports to off-campus excursions around Oregon, Campus Recreation has something for everyone on campus! Join us to learn more!



### Explore the world by teaching English abroad

**9:00am-10:00am, Ackerman 139**

It's a big world after all... but how can you live and travel abroad with no income? Answer: by teaching English. WOU's English Studies Department offers a 26-credit TEFL Certificate that will complement any number of majors. Join us to learn about teaching abroad and have your questions answered!

## 10:15am-11:15am Educational Sessions



### Model United Nations Mock Session

**10:15am-11:15am, Ackerman 141**

Are you interested in learning more about the United Nations? Want to be part of an on-campus organization? Join us for a mock session to debate "How to Respond to an Alien Invasion" to learn a little bit about what we do!

### Mambo Dance Session

**10:15am-11:15am, Maple Hall**

Come and learn to dance the Mambo, a social dance we can do with or without a partner. This workshop will be an introduction to the rhythm, footwork, timing and style of the Mambo. Let's dance!

\*\*\* *This is a repeated session* \*\*\*

### TRiO Orientation

**10:15am-11:15am, WUC Columbia**

Are you part of the Student Enrichment Program or the Teacher Prep Student Support Services Program? Join us to learn how our programs will support you this year!

\*\*\* *This is a repeated session* \*\*\*

# Tuesday

# 9/21



## Canvas Basics

**10:15am-11:15am**

**Zoom ID: 880 6068 5638**

This session will be a guided orientation to using Canvas, WOU's learning management system!

\*\*\* *This is a repeated session* \*\*\*



## Money Management in College

**10:15am-11:15am, WUC Willamette**

Learn tips and tricks for how college students can effectively manage their money while still have fun in college!

## The West of Us: WOU's A Cappella Club

**10:15am-11:15am, WUC Santiam**

Come learn about Western Oregon's A Cappella Club!

\*\*\* *This is a repeated session* \*\*\*

## Lunch at Valsetz

**11:30am-12:30pm, Valsetz Dining Hall**

Fuel up at Valsetz before we zip into our afternoon sessions and activities!

## All-Student Event

### Professor Chat

**1:00pm-2:00pm**

This is a unique opportunity to meet a Western professor before classes even begin! You will be able to see what faculty members are like outside of the classroom as they share about themselves and what they expect from the students enrolled in their classes. Do not miss your chance to get the insider information about how to succeed academically here at Western. Residence hall students: Talk to your RA/PLUS Team member about your meeting time and location.

## Highlighted Event

### Student Organizations & Activities Fair

**2:00pm-4:00pm, The Grove**

Interested in getting involved on campus? Interested in joining a club? Want to meet new people? WOU will be introducing all the clubs and organizations on campus here! This is your best chance to talk to the members of these clubs and organizations to find the best fit for you!

**4:15pm-5:15pm**

## Educational Sessions



### Campus Recreation

**4:15pm-5:15pm, Ackerman 141**

Do you like going camping? Ever wanted to try snowshoeing? Need someone to guide you on a hike? From on-campus sports to off-campus excursions around Oregon, Campus Recreation has something for everyone on campus! Join us to learn more!



### How to Overcome Test Anxiety

**4:15pm-5:15pm, WUC Calapooia**

Come learn some tips and tricks to become a more confident test-taker!



### Getting Involved at WOU

**4:15pm-5:15pm, WUC Willamette**

College can be a great time for making new friends to discovering new opportunities. But where do you start? Join us to talk about how to get involved on campus, Discover Leadership, and using Presence to help you navigate everything from how to join or start a student club to how to find leadership opportunities or on-campus jobs that add to your star power, and also increase your success as a student!

# Tuesday

# 9/21

**The Roller Coaster of Traveling the WOU-rid**  
**4:15pm-5:15pm, Columbia**

Want to learn how you can discover the world as a student at WOU? Join the MCRs for this session to learn about three different ways you can travel as a student! You will learn about the National Student Exchange Program (NSE), Study Abroad opportunities, and domestic and international Service Learning Trips.



**PLUS Team Student Panel**

**4:15pm-5:15pm, Ackerman 139**

Join the Orientation PLUS Team for a discussion about the transition to college, WOU tips and tricks, and any other questions you want answered! We're all ears!

**Swing Dance Session**

**4:15pm-5:15pm, Basketball Courts (behind Ackerman)**

This will be a time for people to come together to learn swing dance and meet fellow students!



**What to Do While at WOU if You Want a Job When You Graduate**

**4:15pm-5:15pm, WUC Santiam**

All students are interested in getting jobs when they graduate from WOU. This session lets you know what to do while at WOU in order to best prepare for obtaining a job when you graduate.

**Remember that some sessions are repeated throughout the week! Be sure to keep an eye out for the "This is a repeated session" line underneath session descriptions!**

**Variety Show Auditions/Rehearsal**

**5:30pm-7:30pm, WUC Pacific**

Have a talent? Like to perform? We're looking for all acts or groups! Sign up for your audition at the PLUS Team Info Booth or ask a PLUS Team member how to get signed up. The Variety Show will take place on Saturday, September 25th at 6:00PM in the WUC Pacific Room. We can provide a piano, DI boxes, microphones, and all standard sound equipment. We do not have instrument amps or a drum kit, so please provide your own equipment if your act requires anything additional. It's your time to shine! Feel free to email [plusteam@wou.edu](mailto:plusteam@wou.edu) or ask your PLUS Team member if you have any questions.

## Highlighted Events

**Welcome to Monmouth & Independence Celebration**

**5:00pm-7:30pm, Main Street Park**

Join us at Main Street Park for booths featuring local businesses with tons of free giveaways for students, as well as other entertainment, WOU swag and FREE food for first 200 students. Sponsored by WOU, MICC, and Monmouth Business Association. Wolf Ride will be available to transport students to the park. Meet them in H Lot.

**Drive-In Movie and Horseracing**

**8:00pm-11:00pm, Lot H**

Bring your blankets and sleeping bags to watch *Jurassic Park*. The movie will be shown on a giant drive-in screen! Come grab some popcorn from our booths and place your "bets" on video horse racing!

# Wednesday

# 9/22

## WUC Open House

**8:00am - 5:00pm, Werner University Center**  
The Werner University Center is having an open house! This is your chance to visit each office and department to discover all of the resources and opportunities available. Between 8am and 5pm, stop by the Information Desk to pick up an Open House map. Visit each of the 12 offices/departments to get a hole punch on the map. Turn the map in with your name and email written on it to the Information Desk by 5pm and be entered into drawings for swag!

**10:15am-11:15am**  
**Educational Sessions**



## Welcome to College: College Survival Tips for Making the Transition

**10:15am-11:15am, WUC Willamette**  
Starting college can be stressful. Learn how to navigate the changes of college life and be more prepared for the exciting challenges ahead!



## WOLF Ride: WOU Safe Ride Program

**10:15am-11:15am, WUC Santiam**  
WOLF Ride is a complimentary shuttle service for WOU students who would otherwise walk alone at night. Information about how to use this free service in the Monmouth and Independence area will be presented during this session. Information on other transportation options (Cherriots Regional bus system, etc.) will also be discussed!

*\*\*\* This is a repeated session \*\*\**

## The West of Us: WOU's A Cappella Club

**10:15am-11:15am, Ackerman 139**  
Come learn about Western Oregon's A Cappella Club!



## Joining Clubs at WOU: How Do I Start?

**10:15am-11:15am, WUC Calapooia**

Do you want to get involved at Western, but you aren't sure where to begin? Come find out how to join clubs at WOU! We'll go over what clubs are currently active, where to find when they meet, and how to start your own club. This session will also explain how to use the Presence platform to connect with clubs and organizations.



## Exploring Majors and Careers

**10:15am-11:15am, Ackerman 141**

Join us for an interactive workshop on exploring your major and career options. We'll take a brief career assessment and learn about on-campus resources!



## We Are Howlin' For You: Mee ASWOU

**10:15am-11:15am, WUC Columbia**

When it comes to making your college experience great, being able to have your voice be heard by university leaders is crucial. That's where ASWOU comes in! Come meet your student body representatives and learn about how we are working to make sure student needs are being met, as well as share what YOU are wanting to see happen this school year.

## Mambo Dance Session

**10:15am-11:15am, Maple Hall**

Come and learn to dance the Mambo, a social dance we can do with or without a partner. This workshop will be an introduction to the rhythm, footwork, timing and style of the Mambo. Let's dance!

# Wednesday 9/22

**11:30am-12:30pm**  
**Educational Sessions**



## **Study Abroad Opportunities**

**11:30am-12:30pm, WUC Willamette**

Interested in doing a Study Abroad? Join our session and learn about how you can go abroad and earn credit while doing so!

*\*\*\* This is a repeated session \*\*\**



## **National Student Exchange: Study Away While Paying WOU Tuition**

**11:30am-12:30pm, WUC Columbia**

The National Student Exchange (NSE) program is a domestic/international study-away program. NSE's mission inspires academic enrichment, personal exploration, and student development by facilitating accessible collegiate study away to universities throughout the United States, Puerto Rico, Guam, U.S. Virgin Islands, and Canada. Come learn more about this program and how it fits in with your degree!

*\*\*\* This is a repeated session \*\*\**

## **Theatre Department Informational Pizza Party**

**11:30am-12:30pm, Rice Auditorium Stage**

Are you interested in being a part of theatre at WOU? Come to the annual pizza party to meet new students, learn about this year's opportunities, and have some fun! Fun for theatre majors, minors, and anyone who loves theatre and wants to make it part of their lives!



## **Website and Social Media Info Session**

**11:30am-12:30pm, Ackerman 141**

Learn how to best navigate the WOU website and the best social media handles to follow!

*\*\*\* This is a repeated session \*\*\**



## **Welcome to Abby's House**

**11:30am-12:30pm, WUC Calapooia**

At this session and DIY self-care event, you will learn all about Abby's House! We are a resource and referral center available to persons of any gender. Our mission is to provide the WOU community with educational programming, information, and referral services designed to promote equity and non-violence. We embrace a feminist model that empowers all people to actively stand against all forms of violence, harassment, verbal abuse, discrimination, and hatred. At this session, you will meet some of the staff and students who work at Abby's House, learn about our upcoming events, how to get involved, and have the opportunity to participate in some hands-on self-care activities!

*\*\*\* This is a repeated session \*\*\**

## **TRiO Orientation**

**11:30am-12:30pm, RWEK Room 101**

Are you part of the Student Enrichment Program or the Teacher Prep Student Support Services Program? Join us to learn how our programs will support you this year!



## **WOU Food Pantry Info Session**

**11:30am-12:30pm, WUC Santiam**

Join us as we introduce an important resource for students at WOU. At this session, you will learn how to access the Pantry, the different programs that we offer, and how to become a Food Pantry volunteer!

*\*\*\* This is a repeated session \*\*\**

## **Lunch at Valsetz**

**11:30am-12:30pm, Valsetz Dining Hall**

Fuel up at Valsetz before we zip into our afternoon sessions and activities!

# Wednesday

# 9/22

## Variety Show Auditions/Rehearsal

**12:00pm - 1:30pm, WUC Pacific**

Have a talent? Like to perform? We're looking for all acts or groups! Sign up for your audition at the PLUS Team Info Booth or ask a PLUS Team member how to get signed up. The Variety Show will take place on Saturday, September 25th at 6:00PM in the WUC Pacific Room. We can provide a piano, DI boxes, microphones, and all standard sound equipment. We do not have instrument amps or a drum kit, so please provide your own equipment if your act requires anything additional. It's your time to shine! Feel free to email [plusteam@wou.edu](mailto:plusteam@wou.edu) or ask your PLUS Team member if you have any questions.

## All-Student Events

### Diversity Speaker: Joseph Green

**2:00pm-3:00pm, NPE Gym**

Joseph is a motivational speaker, educator, trainer, professional storyteller, award-winning spoken word poet, and a person in long-term recovery. Join us for Joseph's keynote conversation on diversity, equity, and inclusion.

### Traditional "W" Photo

**3:00pm-3:30pm, NPE Gym**

Join your fellow wolves for the annual new student "W" photo! This photo will be printed and added to the photo wall in the WUC.

**3:45pm-4:45pm**

## Educational Sessions



### The WUC Offers Many Things

**3:45pm-4:45pm, WUC Willamette**

This session delves into all the things the WUC can help students with. Learn where you can get food, student study rooms, and much more. We will also cover the valuable resources housed here, including the WolfStore, Service Learning & Career Development, and much more. We hope to see you at this session!



### Careers in Earth and Environmental Science

**3:45pm-4:45pm, Zoom ID: 843 9701 2927**

This session provides new students with an overview of professional career opportunities associated with the WOU Earth and Environmental Science program. Discussion topics will include professional employment opportunities, salary trends, career outlook, overview of the BS/BA degree track in Earth and Environmental Science, and associated minor in Geographic Information Science (GIS).



### Freedom Center — Who we are for YOU!

**3:45pm-4:45pm, WUC Calapooia**

The Freedom Center is a BIPOC student-run and led department with a mission to provide students with access to support and leadership opportunities, while most importantly being celebrated for all of their intersectionalities. What resources do you need? What are you expecting? Do you just want to hang out with your friends in a safe space? Join us for this session to have your questions answered!

\*\*\* *This is a repeated session* \*\*\*

# Wednesday

# 9/22

## Choir at WOU

**3:45pm-4:45pm, WUC Santiam**

Come learn about the many opportunities in one of WOU's outstanding choirs! From Concert Choir to Chamber Singers and Western Oregon Voices, there are plenty of ways to stay involved in singing at WOU!

\*\*\* *This is a repeated session* \*\*\*



## How to Succeed in Math and Science

**3:45pm-4:45pm, WUC Columbia**

Math and science classes can be challenging. Faculty from these departments invite you to learn about techniques that help YOU succeed. Current students will share their thoughts and experiences related to student success, as well as tips on how to connect with other students through STEM-centered clubs and organizations.

\*\*\* *This is a repeated session* \*\*\*



## Meet Your Pre-Nursing Mentors

**Like Micky, but Better!**

**3:45pm-4:45pm, Zoom ID: 896 4129 2862**

Pursuing the Pre-Nursing track at WOU? Come meet the students who will be your mentors as you work your way through the curriculum. This session will include a Q&A with current Pre-Nursing students and an individualized meet and greet with your personal mentor.



## Alternative Break

**3:45pm-4:45pm, Ackerman 139**

Learn about Western Oregon University's Alternative Break Program! Alternative Break connects students with transformative hands-on experiences. WOU students partner with volunteer and community organizations to make a tangible difference throughout our local and global communities.

## Beginning Hip-Hop

**3:45pm-4:45pm, Tennis Courts**

Come and learn some basic hip-hop steps and have fun with fellow students!

\*\*\* *This is a repeated session* \*\*\*

## Multicultural Representatives (MCR) BBQ

**4:00pm-6:00pm, The Grove**

Interested in learning about cultural clubs and organizations on campus? We will have delicious tortas served and an opportunity for you to explore leadership opportunities with various clubs and organizations including the Multicultural Student Union (MSU). MSU is one of the most active and influential student organizations on campus that promotes cultural awareness on campus and the surrounding community. Join the MCRs for this awesome event... and bring a friend!

## Highlighted Events

### LGBTQ+ Social Hour

**6:00pm-8:00pm, WUC Columbia**

Come meet other lesbian, gay, bisexual, transgender, and queer students! There will be activities, light refreshments, and fun people. Hosted by WOU's LGBTQ+ student organization: Triangle Alliance.

### Roller Rink

**7:00pm-10:00pm, WUC Pacific**

Want to skate into the academic year the right way? The Ultimate Glowing Roller Rink is your chance to do so! Sponsored by the Student Activities Board.

# Thursday

# 9/23

## All-Student Events

### **C-Word: Consent Program (Group A)\***

**10:00am-11:30am, Rice Auditorium**

The C-Word: Consent is an interactive, educational program that uses a combination of audience interaction, improv exercises, and thoroughly-researched information to break down walls and have a frank, difficult, but needed conversation about sex and consent. This program covers a wide range of topics that include effective boundary setting, online behavior, bystander intervention, and survivor resources.

### **Community Meeting #2 (Group B)\***

**10:00am-11:00am, Residence Halls**

This community meeting is an important opportunity to learn more about the residence hall community members you live with. Your RA will also be leading you through everything you need to know!

*\*Talk to your RA to find out what group you are in*

## 11:30 am-12:30 pm Educational Sessions



### **Student-led Library Tours**

**11:30 am-12:30 pm, Hamersly Library**

Get the inside scoop on the library and how to use it to your best advantage during your time at WOU. Tours will be given by students who work there throughout the week, starting at the lobby.

### **CCare and SHCC Services**

**11:30 am-12:30pm, WUC Calapooia**

Come learn about the services offered at the Student Health and Counseling Center!

*\*\*\* This is a repeated session \*\*\**



### **Playing Intramural and Club Sports at WOU**

**11:30 am-12:30 pm, Hamersley Library Room 108**

Intramural and Club Sports are a great way to meet new people, be active, and scratch that competitive itch! Come to this session to learn the difference between Intramural and Club Sports and for information on how to join each.



### **Advising 101: What to expect when you meet with your Advisor**

**11:30 am-12:30 pm, WUC Columbia**

Beginning your university journey starts with meeting with an advisor. Because your advisor will help you explore possible majors that fit your interest and career goals, it is important to meet with them every term. In this session, we will go over the difference between high school counselors and academic advisors, ways to connect with an advisor, and strategies for preparing for your meeting with your advisor. After the presentation, there will be a question and answer with a panel of advisors from various majors on campus.

### **On Track Information Session**

**11:30 am-12:30pm, WUC Willamette**

The On-Track program is designed to provide historically underrepresented and underserved students at WOU with a support program that will assist in ensuring academic and personal success, as well as provide opportunities for your social development. If you are a first-generation college student, student of color, bilingual student, or part of any culturally underrepresented community, join us to learn how you can be part of On-Track!

*\*\*\* This is a repeated session \*\*\**

# Thursday

# 9/23

## Lunch at Valsetz

**12:00pm-1:30pm, Valsetz Dining Hall**

Fuel up at Valsetz before we zip into our afternoon sessions and activities!

## All-Student Events

### **C-Word: Consent Program (Group B)\***

**2:00pm-3:30pm, Rice Auditorium**

The C-Word: Consent is an interactive, educational program that uses a combination of audience interaction, improv exercises, and thoroughly-researched information to break down walls and have a frank, difficult, but needed conversation about sex and consent. This program covers a wide range of topics that include effective boundary setting, online behavior, bystander intervention, and survivor resources.

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This community meeting is an important opportunity to learn more about the residence hall community members you live with. Your RA will also be leading you through everything you need to know!

*\*Talk to your RA to find out what group you are in*

## Haven't Gotten Your Parking Pass Yet?

Parking is by permit and is enforced year-round. You are now able to purchase your parking pass online via your Portal. Be sure to check it out!

**4:00pm-5:00pm  
Educational Sessions**



### **Go Get a Job!**

**4:00pm-5:00pm, WUC Willamette**

Finding a job in a new area is difficult, especially when adjusting to college life. This session will assist students in the process of finding a job through the Service Learning and Career Development center (SLCD) at WOU, and how to keep the job once you get it.

### **Choir at WOU!**

**4:00pm-5:00pm, WUC Santiam**

Come learn about the many opportunities in one of WOU's outstanding choirs! From Concert Choir to Chamber Singers and Western Oregon Voices, there are plenty of ways to stay involved in singing at WOU!

\*\*\* This is a repeated session \*\*\*



### **Freedom Center — Who we are for YOU!**

**4:00-5:00pm, WUC Calapooia**

The Freedom Center is a BIPOC student-run and led department with a mission to provide students with access to support and leadership opportunities, while most importantly being celebrated for all of their intersectionalities. What resources do you need? What are you expecting? Do you just want to hang out with your friends in a safe space? Join us for this session to have your questions answered!



### **Study Abroad Opportunities**

**4:00pm- 5:00pm, Hamersley Library**

**Room 107**

Interested in doing a Study Abroad? Join our session and learn about how you can go abroad and earn credit while doing so!

# Thursday

# 9/23



## **Anxiety and Stress Management Workshop**

**4:00-5:00pm, Ackerman 141**

Join us for a workshop on managing stress and anxiety in this new world we live in!

### **MCR Keynote**

**4:00pm-6:00pm WUC Pacific**

Come listen to our keynote speaker and learn more about their experiences as a college student, as well as their post-graduate life!

### **Smash Bros and Mario Party Night**

**6:00pm-8:00pm, WUC Columbia**

Come and compete with other students in a Smash Bros Tournament. There is also Mario Party Minigames for a more casual race! This will be a fun night of gaming, snacks, and a chance to socialize and meet other students. We look forward to seeing you! Feel free to bring your favorite controller if you want! Presented by the Student Veterans of America Chapter and The Veterans Resource Office.

## **Want To Learn More About Clubs, Organizations, and Events On Campus at WOU?**

Check out Presence! You can access this program through your Portal!

## **Have you checked out the WOU Network recently?**

WOU Network has so many fantastic resources, with information on everything from advising and registration, to academic and personal resources, and beyond. You can also connect with fellow new students, PLUS Team members, faculty, and staff. Be sure to take a look today!

## **Highlighted Event**

**RHA Bingo and Ice Cream Social**  
**8:00pm-9:30pm, WUC Summit**  
What's an amusement park without games and prizes? Comde down to the WUC to win some fun prizes and enjoy some ice cream during our annual RHA Bingo Event!

# Friday

# 9/24

## Highlighted Events

### **New Student Sunrise and Breakfast 6:30am-8:00am, Stadium**

Join your peers for this early morning tradition! Watch the sun rise on your WOU experience and reflect on everything you want to accomplish. President Jay Kenton and ASWOU President Logan Jackson will be speaking. Enjoy pancakes courtesy of the Student Affairs office. The traditional signing of the New Student Week will take place immediately after. You don't want to miss out on these WOU traditions!

### **Signing of New Student Week Walk Following Sunrise**

Leave your "paw print" by signing your name on the sidewalk with your fellow wolves! Leave your legacy!

### **MCR Lunch: The Scrambler Ride**

**10:00am-12:00am, The Grove**

Join us for FREE lunch and an opportunity to connect with WOU faculty, staff, and current students. The winners from the Cultural Connections Program prizes will be drawn at the end of this session. Winners must be present during the drawing.

**10:00am-11:00am  
Educational Sessions**

### **Theatre at WOU**

**10:00am-11:00am, Rice Auditorium Lobby**

Learn about theatre productions at WOU, how to participate, how to attend, and how to take classes.



### **Navigating the College Landscape: Using Professional Etiquette to Get What You Want!**

**10:00am-11:00am, WUC Calapooia**

In this session, you will learn the do's and don't's of communication with faculty and staff. What should you say in an email to a professor? What can you ask for, and what should you avoid? How can you get help when you're confused? What should you do if you're late or absent? And how do you navigate hybrid and online etiquette?



### **ALICE: An Adventure of Survival**

**10:00am-11:00am, Ackerman 141**

Well-known "lockdown" drills are outdated and ineffective to today's threats. ALICE teaches proactive options to increase survivability during active shooters/killers by empowering each person to make their own decision.



### **National Student Exchange: Study Away While Paying WOU Tuition**

**10:00am-11:00am, WUC Santiam**

The National Student Exchange (NSE) program is a domestic/international study-away program. NSE's mission inspires academic enrichment, personal exploration, and student development by facilitating accessible collegiate study away to universities throughout the United States, Puerto Rico, Guam, U.S. Virgin Islands, and Canada. Come learn more about this program and how it fits in with your degree!



### **CCare and SHCC Services**

**10:00am-11:00am, Hamersley Library**

**Room 107**

Come learn about the services offered at the Student Health and Counseling Center!

# Friday

# 9/24



**Office of Disability Services**  
**10:00am-11:00am, Ackerman 139**

Learn about signing up for services and some vest practice tips on making our campus disability-friendly!

## Highlighted Event

**Work Study Fair and Hiring On-Site**  
**11:00am-3:00pm, WUC Willamette and Columbia**

This fair is a great opportunity to meet with local employers seeking part-time workers, volunteer help, and work study students. Come meet some of the wonderful employers from the area and find out how you make the most of your opportunities. We encourage you to complete your resume and bring it along. If you need assistance with your resume, or want to know what to expect from a fair, feel free to visit SLCD!

## Instagram Contest

Answer the questions on our Instagram page @wou.plusteam to be entered in the contest

**The winner will be announced on Saturday, September 25th at 6pm**

**Prize: Movie Night Basket**

**12:30pm-1:30pm**  
**Educational Sessions**

### **On Track Orientation Session**

**12:30pm-1:30pm, WUC Willamette**

The On-Track program is designed to provide historically underrepresented and underserved students at WOU with a support program that will assist in ensuring academic and personal success, as well as provide opportunities for your social development. If you are a first-generation college student, student of color, bilingual student, or part of any culturally underrepresented community, join us to learn how you can be part of On-Track!



**Welcome to Abby's House**

**12:30pm-1:30pm, WUC Santiam**

At this session and DIY self-care event, you will learn all about Abby's House! We are a resource and referral center available to persons of any gender. Our mission is to provide the WOU community with educational programming, information, and referral services designed to promote equity and non-violence. We embrace a feminist model that empowers all people to actively stand against all forms of violence, harassment, verbal abuse, discrimination, and hatred. At this session, you will meet some of the staff and students who work at Abby's House, learn about our upcoming events, how to get involved, and have the opportunity to participate in some hands-on self-care activities!

## Need a break?

**OPEN VOLLEYBALL**  
**IN THE GROVE!**

**12:30pm-2:30pm**

# Friday

# 9/24



## **WOLF Ride: WOU Safe Ride Program** **12:30pm-1:30pm, Ackerman 141**

WOLF Ride is a complimentary shuttle service for WOU students who would otherwise walk alone at night. Information about how to use this free service in the Monmouth and Independence area will be presented during this session. Information on other transportation options (Cherriots Regional bus system, etc.) will also be discussed!

## **Beginning Hip-Hop**

**12:30pm-1:30pm, Tennis Courts**

Come and learn some basic hip-hop steps and have fun with fellow students!



## **How to Succeed in Math and Science** **12:30pm-1:30pm, WUC Calapooia**

Math and science classes can be challenging. Faculty from these departments invite you to learn about techniques that help YOU succeed. Current students will share their thoughts and experiences related to student success, as well as tips on how to connect with other students through STEM-centered clubs and organizations.

## **Everything you Didn't Realize You Wanted To Know About Personality Tests and Crystals**

**12:30pm-1:30pm, Hamersley Library Room 107**

Have you ever wanted a beginner's guide to how personality tests and crystals can enhance your productivity, happiness, and satisfaction with life? This is the session for you! Join PLUS Team Coordinators Cheyanne and Madi as they walk you through the basics of understanding personality assessments, determining which crystals correlate with your strengths, and how the processes connect!

## **Tree Campus Tour and Tree Planting** **12:30pm-1:30pm, WUC Patio**

Come learn more about WOU as we walk and learn about three unique trees on our campus, as well as help plant a new tree to build your legacy at WOU.

**1:45pm-2:45pm**  
**Educational Sessions**



## **Website and Social Media**

**1:45pm-2:45pm, Ackerman 139**

Learn how to best navigate the WOU website and the best social media handles to follow!



## **WOU Food Pantry Infor Session** **1:45pm-2:45pm, WUC Santiam**

Join us as we introduce an important resource for students at WOU. At this session, you will learn how to access the Pantry, the different programs that we offer, and how to become a Food Pantry volunteer!



## **Math Amusement for Math Success** **1:45pm-2:45pm, Ackerman 141**

Come one, Come all! Step right up. Play a game! Make a friend! Practice skills that you can take into math class and the world beyond!



## **Canvas Basics** **1:45pm-2:45pm, Zoom ID:**

**880 6068 5638**

This session will be a guided orientation to using Canvas, WOU's learning management system!

# Friday

# 9/24



## **It's a Small World After All: The Value of General Education**

**1:45pm-2:45pm, Zoom ID: 885 6771 2577**

This session provides an introduction to General Education requirements, which are vital to setting you up for success in your major and beyond. This session is an opportunity to receive guidance on choosing courses and working your way through the different requirements in ways that will support your larger educational goals.



## **AUMPathway: Get Your Master's degree fast!**

**1:45pm-2:45pm, WUC Calapooia**

Want to learn more about graduate programs? This session will cover information on how you can enroll in graduate courses that allow you to "double-dip" for your undergraduate and graduate programs. Don't miss out!

## Highlighted Events

### Trivia

**2:00pm-4:00pm, WUC Summit**

Want to test your trivia skills? Show off your knowledge to win prizes at trivia! Playing as a team will give your better odds, so bring your hallmates, your new friends, or join a group when you get here. Are you up to the challenge?

### Guess Who's Straight?

**3:00 pm-4:00pm, WUC Columbia**

Come and ask a panel of WOU students questions about anything EXCEPT their sexuality and see if you can pick out who is straight! The Stonewall Center Coordinator will also facilitate a discussion on stereotypes and sexuality.

### Variety Show Rehearsal

**3:00pm-5:00pm, WUC Pacific**

This is required for anybody performing in the NSW Variety Show! Please come prepared to practice your act and with the supplies needed, if we can't provide it.

## Highlighted Events

### Hypnotist chrisjones

**8:00pm-9:00pm, WUC Pacific**

On the count of three you will follow my instructions 1...2...3... Report to the Pacific Room to enjoy an interactive performance by the Comedy Hypnotist chrisjones!

### Midnight Movie at Independence Cinema

**11:30pm-2:00am, Independence Cinema**

Take a ride to the Independence Cinema and enjoy a late night movie with just your peers! Indy Cinema partners with campus constantly to bring entertainment to the area. Bring your WOU ID and \$5 cash to get in! Ticket sales end at midnight. If you need a ride, call Wolfride at 503-428-7238 and be picked up from any campus location.  
*Med soda & popcorn \$6.50 / Med icee & popcorn \$7.50*

## **Health & Wellness Center**

**1:00pm-5:00pm, HWC**

Interested in Intramural and Club Sports, Fitness, Climbing, and Aquatic classes, Outdoor trips? Grab a friend and come down to the Health and Wellness Center for an active event. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Don't miss out on meeting our fitness instructors, find out how to apply for a position, challenge yourself on the climbing wall, and attempt paddleboard yoga all in a single event. Pickleball, badminton, and volleyball nets will be up for open play. Try it — you might like it!

## **Climbing Rock Wall Open**

**1:00pm-5:00pm, HWC**

## **Lap Swim**

**2:00pm-4:00pm, HWC**

.....  
: **Variety Show Rehearsal**  
: **2:00pm-5:00pm, WUC Pacific**  
: This is required for anybody performing  
: in the NSW Variety Show! Please come  
: prepared to practice your act and with  
: the supplies needed, if we can't provide it.  
: .....  
: .....

### **WOU Weekends!**

If you would like a weekly text letting you know about all the weekend events and activities on campus, text **"wouwknd" to 71441**

## **Highlighted Event**

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### **NSW Variety Show**

**6:00pm-8:30pm, WUC Pacific**

Come and be razzle-dazzled at the 2021 Variety Show! The Variety Show is a traditional New Student Week event that showcases the abilities of students at WOU! All attendees are encouraged to dress up as theme park characters. We hope you join us for the ride!

### **Volleyball Game**

**7:00pm, NPE Gym**

Join fellow Wolves in supporting WOU as they face off against Western Washington. WOU Students get in free with their student ID! Be sure to come dressed in all your new WOU gear and show your WOU Pride!

### **Get Involved:**

### **Student Activities Board**

Our biweekly meetings on Tuesdays from 4:00pm-5:00pm are open to all students. During these meetings, you work in committees to plan events, make connections with other students, and help the Executive Board make decisions regarding SAB. New members attend additional meetings to learn about our organization, how we operate, and hone their event planning skills!

# Future Events

## **Homecoming 2021**

**October 4th-9th, 2021**

Nominate outstanding first-year students to be on Homecoming Court under the Student Activities Board (SAB) page on Presence.

**Monday, October 4th:** Paint the Wolf from 11:00am-2:00pm outside of the WUC on Church Street.

**Tuesday, October 5th:** Marcus Monroe (Comedic Juggler) at 7:00pm in the WUC Pacific Room.

**Saturday, October 9th:** Homecoming Football Game vs. Central Washington University at 1:05pm on McArthur Field

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## **54th Annual Holiday Tree Lighting**

**December 3rd, 2021**

- Enter a float in the annual parade
- Enter the annual Cookie Bake-Off, and vote on the entries
- Take a picture with Santa
- Enjoy hot chocolate
- Watch the tree light up with the the Monmouth Community!

# WOU Athletics Schedule

**WOLVES UNITE TO SUPPORT OUR TEAMS!**

**Don't miss out on these Fall home games!**

## **FOOTBALL:**

- OCT 2 (SAT) 1:05 PM - WEST TEXAS A&M
- OCT 9 (SAT) 1:05 PM - CENTRAL WASHINGTON UNIVERISTY  
(HOMECOMING)
- OCT 30 (SAT) 1:05 PM - SIMON FRASER UNIVERSITY
- NOV 13 (SAT) 1:05 PM - LINCOLN UNIVERSITY CA

## **VOLLEYBALL:**

- SEP 16 (THU) 7:00 PM - UNIVERSITY OF ALASKA FAIRBANKS
- SEP 18 (SAT) 1:00 PM - UNIVERSITY OF ALASKA ANCHORAGE
- SEP 25 (SAT) 7:00 PM - SAINT MARTIN'S UNIVERSITY
- OCT 7 (THU) 7:00 PM - WESTERN WASHINGTON UNIVERSITY
- OCT 9 (SAT) 7:00 PM - SIMON FRASER UNIVERSITY
- OCT 28 (THU) 7:00 PM - SEATTLE PACIFIC UNIVERSITY
- OCT 30 (SAT) 7:00 PM - MONTANA STATE UNIVERSITY BILLINGS
- NOV 11 (THU) 7:00 PM - NORTHWEST NAZARENE UNIVERSITY
- NOV 13 (SAT) 7:00 PM - CENTRAL WASHINGTON UNIVERSITY

## **WOMEN'S SOCCER:**

- SEP 30 (THU) 2:00 PM - SEATTLE PACIFIC UNIVERSITY
- OCT 2 (SAT) 11:00 AM - MONTANA STATE UNIVERSITY BILLINGS
- OCT 14 (THU) 2:00 PM - SIMON FRASER UNIVERSITY(B.C)
- OCT 16 (SAT) 2:00 PM - ST.MARTIN'S UNIVERSITY
- OCT 21 (THU) 2:00 PM - NORTHWEST NAZARENE UNIVERSITY
- OCT 23 (SAT) 2:00 PM - CENTRAL WASHINGTON UNIVERSITY
- NOV 4 (THU) 2:00 PM - WESTERN WASHINGTON UNIVERSITY

# Wolf Ride

**Wolf Ride**

**(503) 428-7238**

**Monday-Friday | 5:00pm-10:00pm | WOU'S Safe Ride Program**

The mission of WOLF Ride: WOU's Safe Ride program is to provide a complimentary and reliable shuttle service to students of Western Oregon University who would otherwise walk alone at night and risk their safety or possible assault. WOLF Ride provides a safer environment for all students by increasing public awareness of our services and the dangers of assault. WOLF Ride is fully funded by incidental fees. The WOLF Ride program is administered by the Office of the Vice President for Student Affairs.

**Announcements:** To request a ride, please call (503) 428-238. You must be a current WOU student. Students can call to request a ride between the hours of 5:00pm and 10:00pm, Monday through Friday (closed Saturdays/Sundays). Ride requests are taken on a first-come, first-served basis (there is no "route"). There is only one van. The WOLF Ride van is equipped with a wheelchair lift. If you call prior to operating hours or the driver cannot take your call, please leave a message stating the following:

- **Your name**
- **Location at which you would like to be picked up**
- **The time you would like to be picked up**
- **A number at which you can be reached (the driver will call to confirm your ride upon receipt of the message)**
- **Be prepared to tell the driver whether you are alone or how many students are in your group (at this time, only 2 riders allowed in the van during rides).**
- **When you get into the van, be prepared to tell the driver your destination and your V# (WOU student ID number)**

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## **PUBLIC SAFETY ESCORT SERVICE**

**24/7, ANYTIME ANY DAY**

**(503) 838-8481**

Western Oregon University Campus Public Safety offers a safety escort program for all staff, faculty, students, and University guests. If at any point you feel unsafe while on campus and would like a Public Safety Officer to escort you from one on-campus location to another (the safety escort can only be performed within the geographical boundary of WOU), please call (503) 838-8481. When you call, please have the following information ready and available:

- **Your name**
- **A phone number to contact you at**
- **The location that you would like the officer to meet you**
- **The location that you would like the officer to escort you to**

# Academic Resources

**Need help with homework? Need tutoring?  
These resources are here to help!!**

## **The Writing Center**

*APSC 301    [wou.edu/writingcenter](http://wou.edu/writingcenter)*

The Writing Center supports students' development and success as college writers. Peer tutors are available to provide one-on-one assistance with format-specific content as well as provide general writing feedback.

- Come in at any part of the process: understanding the assignment, brainstorming, outlining, and revision.
  - Get help on anything you write: resumes, applications, essays, speech outlines, lab reports, slideshow presentations, etc.
- 

## **The Math Center**

*HL 228    [wou.edu/mathcenter](http://wou.edu/mathcenter)*

The Math Center is a great place to hang out, do math homework, and review your math materials. Friendly and experienced math tutors are here to help you! It offers free drop-in tutoring for Math 60, 70, 95, and 100 and 200 level courses. Hours and tutor information are posted online.

- Open the second to tenth week of classes during Fall, Winter, and Spring terms.
- 

## **The Science Center**

*HL 124    [wou.edu/sciencecenter](http://wou.edu/sciencecenter)*

Free drop-in tutoring for chemistry, biology, earth science, and physics. At the Science Center, you can get help with homework, prepare for tests, and study as an individual or group. All 100-level and 200-level science classes are covered. Hours and tutor information are posted online.

- Open the second to tenth week of classes during Fall, Winter, and Spring terms.

# Campus Abbreviations Guide

ITC - Instructional Technology Center

MNB - Math and Nursing Building

APSC - Academic Programs and Support Center

HWC - Health and Wellness Center

WUC - Werner University Center

HL - Hamersley Library

NS - Natural Science

SHCC - Student Health and Counseling Center

MOD - Modular Classrooms

RWEC - Richard Woodcock Education Center



**Receive a coupon of 20% off your purchase at the Wolfstore after you show your vaccination card!**

# Campus Map



Western Oregon  
UNIVERSITY

Together we SUCCEED

## PARKING

Buy a \$2 day parking pass at Public Safety. You can also pick up a free guest pass from the building you're visiting.

**SHORT TERM PARKING:** Look for coin metered spots across campus, or 15- and 20-minute spots along Monmouth Ave. N. and Church St.

wou.edu/parking • 503-838-8267 • parking@wou.edu



- DISABILITY PARKING
- ACCESSIBLE (ADA) ENTRANCE
- EMERGENCY PHONE
- NO DISABILITY ACCESS ON 2<sup>ND</sup> FLOOR
- OUTSIDE ELEVATOR TO 2<sup>ND</sup> FLOOR
- PARKING METERS (MORE THAN ONE PER LOCATION)
- A-S** PARKING LOTS
- RESIDENTIAL PARKING

### ATHLETIC FACILITIES

- Aquatic Center
- McArthur Field
- New P.E.
- Old P.E.
- Peter Courtney Health and Wellness Center

### FOOD SERVICE

- Hammersly Library (The Press)
- Valsetz Dining Hall
- Werner University Center

### CLASSROOMS

- Bellamy Hall (HSS)
- Campbell Hall
- DeVolder Family Science Center
- Instructional Technology Center (ITC)
- ITC Annex
- Maple Hall
- Maaske Hall
- Modular Classrooms
- Natural Sciences
- Old Education (ED)
- Rice Auditorium

- Richard Woodcock Education Center
- Smith Music Hall
- West House
- Winters (Math/Nursing)

### RESIDENCE HALLS

- Ackerman Hall
- Alder View Townhouses
- Arbor Park Apartments
- Barnum Hall
- Butler Hall

- Gentle Hall
- Heritage Hall
- Knox St. Family Housing
- Landers Hall

### STUDENT SUPPORT

- Academic Programs & Support Center
- Advising Center
- Student Health & Counseling Center
- WOU Welcome Center\*

### OTHER

- Child Development Center
- Computing Services
- The Cottage
- Facilities Services
- Gentle House
- Lieuallen Administration
- Parking Services
- Public Safety
- Terry House

\*Also known as OMA (formerly Oregon Military Academy) opening in 2020.  
^ITC closed during renovation (exceptions: Mail Room and Print Shop).