

Physical Education Teacher Education (PETE) B.S.

Promoting healthy lifestyles and communities

***Note: A minimum grade of C- is required in all courses used to satisfy requirements of the PETE major**

Physical Education Teacher Education, B.S.		
		(70 credits)
Foundations of Human Movement Core	Cr	Prerequisites (PRQ's)
EXS 230 Foundations of Exercise Science	4	None
EXS 310 Motor Behavior	4	None
EXS 370 Soc and Psych Aspects of Physical Activity	4	EXS 230, EXS 310
EXS 371 Kinesiology	4	BI 234, MTH 110 or MTH 111
EXS 373 Physiology of Exercise	4	BI 234-236, EXS 371
HE 426 Sport & Exercise Nutrition	4	HE 325
EXS 444 Lifespan Adapted Physical Activity	4	EXS 230, EXS 310, EXS 371
EXS 483 Biomechanics	4	EXS 230, EXS 310, EXS 371
Physical Education Teacher Education Core	Cr	Prerequisites (PRQ's)
EXS 239 Movement Education	3	Co-requisite EXS 330
EXS 240 Dance in Physical Education	3	None
EXS 241 Teaching Games for Understanding	3	None
EXS 242 Sport Education Model	3	None
EXS 243 Outdoor & Adventure Education	3	None
EXS 244 Group Exercise Leadership	3	None
EXS 245 Foundations of Strength Training & Conditioning	4	None
EXS 330 Teaching Elementary Education	4	EXS 230, EXS 310, EXS 371, Co-requisite EXS 239
EXS 430 Teaching Secondary Physical Education	4	Co-requisite EXS 431 & five courses from EXS 239-EXS 245
EXS 431 Assessment Strategies in Physical Ed.	4	Co-requisite EXS 430 & five courses from EXS 239-EXS 245
EXS 445 Curricular Issues in Physical Education	4	EXS 430, EXS 431
Total credits	70	