

Emily Vala-Haynes

Western Oregon University
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EDUCATION

- 2014 **Ph.D., Demography and Sociology**, University of Pennsylvania
Comprehensive Exams: Demography, Education and Inequality
Dissertation Topic: *Reproductive Health Disparities in Latin America*
- 2007 **M.P.H., Rollins School of Public Health**, Emory University
Hubert Department of Global Health
Concentration: Community Health and Development
Thesis: *The Abortion Debate in Mexico: Newspaper Coverage and Discourse, 2001-2003*
- 2006 **B.A., Political Science**, University of California-San Diego
Concentration: International Relations
Minor: History

AWARDS AND GRANTS

- 2016 Recipient, Western Oregon University Faculty Development Award (\$3,000)
- 2015 Recipient, Western Oregon University Faculty Development Award (\$900)
- 2013 Recipient, University of Pennsylvania School of Arts and Sciences Dissertation Completion Fellowship (\$24,410)
Recipient, University of Pennsylvania Graduate and Professional Student Association Travel Grant (\$300)
Recipient, University of Pennsylvania School of Arts and Sciences Travel Grant (\$100)
Honorable Mention, Ford Foundation Dissertation Fellowship
- 2012 Recipient, National Institute of Child Health and Human Development (NICHD) Training Grant Fellowship (\$23,000)
Recipient, University of Pennsylvania School of Arts and Sciences Travel Grant (\$400)
- 2011 Recipient, NICHD Training Grant Fellowship (\$23,000)
Recipient, Otto and Gertrude A. Pollak Summer Research Fellowship (\$5,000)
Recipient, University of Pennsylvania Graduate and Professional Student Association Travel Grant (\$300)
Recipient, University of Pennsylvania School of Arts and Sciences Travel Grant (\$400)
- 2010 Recipient, NICHD Training Grant Fellowship (\$23,000)
- 2009 Recipient, NICHD Training Grant Fellowship (\$23,000)
- 2007 Nominee, Rollins School of Public Health Charles C. Shepard Award for Best Thesis

PROFESSIONAL EXPERIENCE

- 2014-
Present **Western Oregon University**
Assistant Professor, Community Health
Division of Health and Exercise Science, College of Education
- 2013-14 **University of Pennsylvania**, Sociology Department
Teaching Assistant, Medical Sociology and Sociology of Mental Health
Responsible for office hours 4 hrs/week, grading exams for courses of 110 students, guest lectures in Adolescent Health, Race/Ethnic Disparities in Health, and Public Health Field Research.
- 2011 **University of Pennsylvania**, Graduate Group in Demography
Field Researcher, Fundacion ECO
Conducted the third wave of a longitudinal reproductive health survey in Formosa, Argentina. Located respondents, managed research assistants, administered survey to 250 indigenous Toba women.
- 2007-09 **Ipas**, Chapel Hill, NC
Independent Consultant
Qualitative data analysis consultant. Analyzed 48 interviews conducted in Spanish with physicians in Mexico City regarding stigma related to their willingness to perform legal and illegal abortions.
- 2007-09 **MedImpact Healthcare Systems**, San Diego, CA
Market Research Analyst and Proposal Editor, Business Development
Developed, wrote and revised reports on consumer-driven health plans and new market trends.
- 2007 **Population Council**, Mexico City, Mexico
Reproductive Health Intern and Qualitative Data Analyst
Performed qualitative data analysis in Spanish of abortion opinion expresses in a forum for a prominent Mexico City newspaper prior to the 2006 presidential election. Co-managed the qualitative side of a study on acceptability of female-controlled barrier methods among sex workers in the Dominican Republic.
- 2006-07 **Benjamin Franklin Academy**, Atlanta, GA
Spanish Teaching Assistant
Collaborated with Spanish teacher in Spanish I-IV at alternative high school. Taught research skills and monitored students' independent studies.
- 2005 **Centro Andino de Tecnología Tradicional y Cultural de Comunidades de Ollantaytambo**, Peru
Volunteer Organizer
Designed and implemented workshops for Quechua weavers on natural dye techniques. Managed non-profit organization, indigenous cultural exhibits.

REFEREED JOURNAL PUBLICATIONS

- 2017** Jadhav, A., **Vala-Haynes, E.** Informed Choice and Female Sterilization in South Asia and Latin America (Forthcoming in *Journal of Biosocial Science*).
- 2013** **Vala-Haynes, E.**, Vallenggia, C.R. La Fecundidad Fuera de la Unión en Paraguay [Out-of-Union Fertility in Paraguay]. *Notas de Población*, 97, 7-34.
- 2013** Bove, R., **Vala-Haynes, E.**, Vallenggia, C.R. Polygyny and Women's Health in Rural Mali. *Journal of Biosocial Science*, March, 1-24.
- 2012** Bove, R., **Vala-Haynes, E.**, Vallenggia, C.R. Women's Health in Urban Mali: Social Predictors and Health Itineraries. *Social Science & Medicine*, 75, 1392-1399.
- 2011** **Vala-Haynes, E.**, Stephenson, R., Rochat, R., Yam, E.A., Rosas, L.G., Garcia, S.G. The Abortion Debate in Mexico: Newspaper Coverage and Discourse, 2001-2003. *Society, Biology and Human Affairs*, 76(1).
- 2007** Yam, E.A., **Vala-Haynes, E.** The Abortion Debate in a Mexican Online Forum: Globalization, Religion and Politics. *Global Media Journal*, 6(11).

MANUSCRIPTS IN PREPARATION

Vala-Haynes, E., Vallenggia, C.R. Variations in Contraceptive Use Among Indigenous Women of South America: The Toba of NamQom, Argentina. (Under Review at *Journal of Biosocial Science*)

REFEREED CONFERENCE PRESENTATIONS

- 2017** Jadhav, A., **Vala-Haynes, E.** Informed Choice and Female Sterilization in South Asia and Latin America. Oral Presentation at the International Population Conference in Cape Town, South Africa.
- Vala-Haynes, E.**, Vallenggia, C.R. Variations in Contraceptive Use Among Indigenous Women of South America: The Toba of NamQom, Argentina. Poster Presentation at the International Population Conference in Cape Town, South Africa.
- 2016** **Vala-Haynes, E.**, Vallenggia, C.R. Variations in Contraceptive Use Among Indigenous Women of South America: The Toba of NamQom, Argentina. Oral Presentation at the International Conference on Family Planning in Bali, Indonesia.

- 2016** Jadhav, A., **Vala-Haynes, E.** Quality of Care and Female Sterilization: Measuring Consent in 12 Countries. Oral Presentation at the International Conference on Family Planning in Bali, Indonesia.
- Jadhav, A., **Vala-Haynes, E.** Quality of Care and Female Sterilization: Measuring Consent in 12 Countries. Oral Presentation at the Population Association of America Annual Meeting in Washington, DC.
- 2014** **Vala-Haynes, E.**, Valeggia, C.R. Variations in Contraceptive Use Among Indigenous Women of South America: The Toba of NamQom, Argentina. Poster Session at the Population Association of America Annual Meeting in Boston, MA.
- 2013** **Vala-Haynes, E.**, Valeggia, C.R. Sexual Initiation, Marriage and First Birth in Central America: Trends in Timing and Context. Poster Session at the Population Association of America Annual Meeting in New Orleans, LA.
- 2012** **Vala-Haynes, E.**, Valeggia, C.R., Kohler, H.P. Out-of-Union Fertility in Paraguay. Presentation at the Population Association of America Annual Meeting in San Francisco, CA.
- 2011** **Vala-Haynes, E.**, Valeggia, C.R. Sexual Initiation, First Marriage and First Birth in Central America: Trends in Timing and Context. Presentation at the Greater Philadelphia Latin American Studies Consortium Conference in Philadelphia, PA.
- 2007** **Vala-Haynes, E.**, Stephenson, R., Rochat, R. Abortion Politics and the Print Media in Mexico. Presentation at the Population Association of America Annual Meeting in New York, NY.

INVITED TALKS

- 2014** **Vala-Haynes, E.** An Assessment of Contraceptive Use Among the Toba of Northern Argentina in Comparison with Neighboring Indigenous Populations. University of Pennsylvania Gender, Sexuality and Women's Studies Colloquium.
- Vala-Haynes, E.** Global Reproductive Health. University of Pennsylvania Health of Populations course (HSOC 111).
- Vala-Haynes, E.** Fieldwork in Health Research. University of Pennsylvania Sociology of Mental Illness course (SOC 277).
- 2013** **Vala-Haynes, E.** Transitions to Adulthood in Central America: Trends in Timing and Context. Stony Brook University Program in Public Health Research Seminar.

Vala-Haynes, E. Transitions to Adulthood in Central America. University of Pennsylvania Medical Sociology course (HSOC 175).

TEACHING EXPERIENCE

Courses Taught (Western Oregon University)	# Sections Taught	Average Enrollment	*Quality of Instruction (Scale 0-5, Averaged)
HE 471W Program Planning	6	19	4.33
HE 375Q Epidemiology	5	24	n/a
HE 465D International Health	4	13	4.75
HE 415 Child and Adolescent Health	4	25	4.75
HE 473 Biometrics & Research Methods	4	18	n/a
HE 399 Special Topics: Reproductive Health	2	22	n/a
HE 457 Migrant Health	2	12	4.72
HE 399 Special Topics: Violence and Public Health	2	16	4.81
HE 399: Special Topics: Maternal and Child Health	1	6	n/a
HE 612 Advanced Topics: Maternal and Child Health	1	5	n/a
HE 612 Advanced Topics: Health Inequities	1	5	n/a
PE 176 Beginning Rock Climbing	4	16	4.3

***Ratings obtained from "What do you think? Online Course Evaluation System"**

COURSE DESIGN

HE 465D: International Health

This course was designed to introduce students to the various elements that influence the health of populations around the world. Throughout the course there is an emphasis on international health research and how organizations use that research to implement programs. Topics addressed include methods for characterizing levels of health in populations, comparative and historical perspectives on population health, health disparities, policy issues and the effectiveness of interventions. These topics are addressed for both developed and developing world populations.

HE 471W: Program Planning

This course has been taught in a standardized format for several years. I have updated it to include examples from public health proposals, case studies, commonly used models in

program planning, applications of secondary data, and demographic methods. Through community networking, I have connected students with service learning projects at more than ten different organizations in Polk and Marion County.

HE 457: Migrant Health

This course introduces students to the relationships between migration and health, focusing on the many health issues experienced by migrant populations in the United States and internationally. Students gain an understanding of the theories underlying the study of migration and the migration-health relationship, in addition to a substantive understanding of the key health issues affecting migrant populations.

HE 399: Special Topics: Violence and Public Health

Violence is increasingly recognized as a public health issue and a leading cause of death, disability and health care use in the United States and around the world. The consequences of violence are manifested in other medical conditions and health behaviors of individuals, families, and communities. In this course we investigate various aspects of the violence epidemic. In doing so, we cover the epidemiology of violence, roots of violence—including biological, psychological, and social causes (e.g., economic deprivation, religious factors), specific types of violence, media and the arts portrayal of violence, the economic impact of violence, and physical and mental consequences. Throughout the course, I emphasize evidence-based strategies to control and prevent violence in our communities.

HE399/612: Special/Advanced Topics: Maternal and Child Health

This course gives students an overview of the field of maternal and child health, focusing on major issues affecting the health and well-being of children and women over the life course. The course focuses in depth on health promotion, disease prevention, and supportive programs at different stages of life. We discuss the factors that determine the health status of mothers and children, important issues facing children and families in the U.S., as well as an understanding of this topic from an international perspective. Throughout the course there is an emphasis on evidence-based health research, the quality of that research, and how organizations use it to implement programs.

HE 612: Advanced Topics: Health Inequities

In this course students analyze studies of health outcomes, the social conditions that are related to the health of populations, and the mechanisms through which these patterns are produced. We review the complex relationship between social class (with various measures of socioeconomic status) and health status, the effect of gender and race/ethnicity on health outcomes and access to health care, and specific health issues for major racial/ethnic minority groups in the U.S. as well as in an international context. Finally, we critique policies and interventions aimed at reducing health inequities.

HE 399: Special Topics: Reproductive Health

According to the World Health Organization, “Reproductive health addresses the reproductive processes, functions and system at all stages of life. [It] implies that people are able to have a responsible, satisfying and safe sex life and that they have the capability to reproduce and the freedom to decide if, when and how often to do so.” Quality reproductive health services

promote the well-being of women, their partners, and their children. This course considers the subject within historical, global, and local contexts, and maintains a public health rather than a political perspective on topics such as fertility patterns, family planning, abortion, health services, and education.

PROFESSIONAL ACTIVITIES AND SERVICE

- Member Western Oregon University Institutional Review Board, 2014-Present
Western Oregon University International Education and Services Committee, 2017-Present
Western Oregon University Federation of Teachers, HEXS Representative, 2017-Present
Western Oregon University Division of HEXS Curriculum Committee, 2014
- Reviewer PLOS ONE, 2017-Present
International Perspectives on Sexual and Reproductive Health, 2016-Present
Journal of Primary Prevention, 2015-Present
American Journal of Physical Anthropology, 2014
- Guest Editor PLOS ONE, July 2017-Present
- Professional Memberships Population Association of America, 2007-Present
Sociologists for Women in Society, 2012-Present
Oregon Public Health Association (OPHA) 2014-Present