

# GREEN DOTS FOR BUSY PEOPLE

## a guide to (quickly) living the green dot

*listed below are ways that you can perform small acts to create big change at wou. have an idea not listed here? email us!*

1. believe that rape, dating violence and stalking are wrong, and say so!
2. what we say counts: don't use terms that minimize the impact of violence (for example: "that test raped me").
3. watch out for friends at parties and other high-risk situations
4. wear green dot gear
5. hang a green dot sign in your room, hall, house or office
6. "like" the wou green dot facebook page
7. put the resource numbers from the "get help" section of the website in your cell phone
8. talk about green dot with friends or coworkers
9. create a tagline attached to your email that incorporates wou green dot
10. Visit the student health & counseling center's health education department to get more info about ways you can get involved!

*for more info about wou green dot, please email : [crohner@wou.edu](mailto:crohner@wou.edu) or call us at : (503) 838.8791*