

Professional Activity Report ***2008-2009***

Division of Health and Physical Education



Western Oregon University

**Division of Health and Physical Education
Professional Activities**

July 1, 2008 - June 30, 2009

Refereed Publications

Cardinal, M. K. (2009). Wellness education for dancers: A 15-year retrospective. *Journal of Physical Education, Recreation and Dance*, 80(5), 29-39.

Caster, B., & Hautala, R. (2008). Changing our brains: Transforming a traditional view of scholarship and teaching. *International Journal for the Scholarship of Teaching and Learning*, 2 (2), 1-7.

Hautala, R. M., & Miyagishima, B. (2008). Teaching near the edge of chaos: Dynamic systems, student choices and library research, *Communications in Information Literacy*, 2(1), 25-35.

Pedersen, P. J., & Ketcham, P. A. (2009). Exploring the climate for overweight and obese students in a student health setting. *Journal of American College Health*, 57(4), 465-469.

Timken, G. & van der Mars, H. (2009). The effects of case methods on preservice physical education teachers' value orientations. *Physical Education & Sport Pedagogy*, 14(2), 169-187.

Other Published Works

Asleson, E. (2009, May 20). Make fitness a lifestyle choice. *To Your Health Quarterly, Corvallis Gazette Times and Albany Democrat Herald*, p 4.

Cardinal, M. K. (2009). 2009 Scholar/Artist Lecture. Wellness education for dancers: A 15-year retrospective. *Reston, VA: National Dance Association*.

Lopez-Cevallos, D. F. (2008). The dismantling of public health infrastructure: A natural disaster? In *Global Forum for Health Research (Ed.), Young Voices in Research for Health 2008: Winners of the 2008 essay competition for the under-30s*, pp101-103. Geneva: Editor.

Lopez-Cevallos, D. F. & Dierwechter, T. (2008, Fall). Assessing social, environmental, and behavioral determinants of health and chronic disease among Latinos in Benton County, Oregon: A pilot quantitative approach. *The Probe*, p. 9.

Lopez-Cevallos, D. F. (2008, September). Assessing social, environmental, and behavioral determinants of health and chronic disease among Latinos in Benton county, or: A pilot quantitative approach. *Benton County Health Department*, p. 13.

Refereed Presentations

International and National

Armstrong, W. J., Boltt, E. M., GeBraad, M.E., Stegenga, N. A. & McGregor, S. J. (2009, May). *Linear and control entropy analysis of electromyography and mechanomyography signals during the wingate anaerobic test*. Paper presented at the American College of Sports Medicine Annual Meeting, Seattle, WA.

Stegenga, N.A., **Armstrong, W. J.**, McGregor, S.J. & Boltt, E.M. (2009, April). *Triaxial accelerometry in the analysis of sprint gait*. Poster presented at the National Conference on Undergraduate Research, La Crosse, WI.

Hautala, R. & Caster, B. (2009, March). *Changing our brains and our traditional view of scholarship and teaching*. Presentation at The SoTL Commons: An International Conference for the Scholarship of Teaching & Learning, Georgia Southern University, Statesboro, GA.

Hautala, R. (2009, February). *Using StudioCode® to develop effective teachers*. ORATE Annual Conference, Portland, OR.

Henderson, J. (2009, May). *Complementary and Alternative Medicine for Women Diagnosed with Breast Cancer*. Panel presentation at the National Breast Cancer Coalition Advocacy Conference, Washington, DC.

Lopez Cevallos, D. F. (2008, November). *The dismantling of public health infrastructure: a natural disaster?* Oral session presented at the 2008 Global Ministerial Forum on Research for Health, Bamako, Mali.

Lopez-Cevallos, D. F. (2008, June). *Understanding the context of health care utilization in Ecuador: A multilevel analysis*. Oral session presented at the UCGIS 2008 Summer Assembly, Minneapolis, MN.

Pedersen, P. J. (2009, April). *Pre-Service educators' attitudes towards obesity*. Poster session presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Tampa, FL.

Refereed Presentations

Local, State and Regional

Lopez-Cevallos, D. F. (2008, October). *Latino outreach, practice, and research: Lessons learned from the Benton county health department*. Oral session presented at the 64th Annual Meeting and Conference of the Oregon Public Health Association, Corvallis, OR.

Invited Presentations

Allen, W. (2009, May). *Eastern mind/western ways: Alternatives to health and wellness based in traditional Chinese medicine*. Lecture presented to the Western Oregon University Society of Emeritus, Monmouth, Oregon.

Bruce, E. (2009, February). *Field Operations and Patrol Procedures Fitness*. Lecture presented to CJ 112: Field Operations and Patrol Procedures at Chemeketa Community College, Salem, OR.

Cardinal, M. K. (2009, April). *Wellness education for dancers: A 15-year retrospective*. National Dance Association Scholar/Artist lecture presented at the American Alliance for Health, Physical Education, Recreation, and Dance Convention, Tampa, FL.

Cardinal, M. K. (2009, January). *Current status of dance science and wellness*. Invited lecture presented for the School of Dance, The Hong Kong Academy for Performing Arts, Hong Kong, China.

Cardinal, M. K. (2009, January). *A curriculum model for dancer wellness*. Invited lecture presented for the School of Dance, The Hong Kong Academy for Performing Arts, Hong Kong, China.

Cardinal, M. K. (2009, January). *Health and wellness issues for dancers*. Invited lecture presented for the School of Dance, The Hong Kong Academy for Performing Arts, Hong Kong, China.

Cardinal, M. K. (2009, January). *Injury prevention for dancers*. Invited 3-hour workshop presented for the School of Dance, The Hong Kong Academy for Performing Arts, Hong Kong, China.

Cardinal, M. K. (2009, January). *Core stability for dancers*. Invited 3-hour workshop presented for the School of Dance, The Hong Kong Academy for Performing Arts, Hong Kong, China.

Farrell, K. & Bruce, E. (2009, May). *Perceived influence of enrollment in per 131, individual health and fitness, on the wellness habits and attitudes of wou students*. Poster presented at the WOU College of Education Data Analysis Review Event, Monmouth, OR.

Hammermeister, A. (2008, July). Nutrition lecture presented to Division of Extended Programs, Western Oregon University, Monmouth, OR.

Hammermeister, A. (2008, September). Nutrition lecture presented to Summer Bridge Program, Western Oregon University, Monmouth, OR.

Hammermeister, A. (2008, November). Oral presentation on human sexuality. Gentle RA Program, Western Oregon University, Monmouth, OR.

Caster, B.	Category II, (\$522)
Farrell, K.	Category II, (\$308)
Hautala, R.	Category I, (\$1130)
Hautala, R.	Category I, (\$156)
Henderson, J.	Category I, Research (\$2177)
Henderson, J.	Category I, (\$1081)
Lopez-Cervallos, D.	Category IV, Course Reassignment
Lopez-Cervallos, D.	Category I, (\$1200)

Professional Service

International and National

Armstrong, J.: Managing Editor, *Clinical Kinesiology*

Cardinal, M. K.: Editorial Board Member, *Journal of Dance Education*

Henderson, J.: Manuscript Reviewer
Journal of School Health, 2008
Health Promotion Practice, 2008

Henderson, J. (2008). Grant Reviewer, Department of Defense (DOD) Medical Division, Breast Cancer Research Program, Endocrinology Committee, Washington, DC.

Henderson, J. (2009). Grant Reviewer, California Breast Cancer Research Program. Innovative Treatment and Tumor Biology Committees, San Francisco, CA.

Henderson, J. (2006-present). Advisory Panelist, Endocrinology and Metabolic Drugs Committee, Food and Drug Administration (FDA), Washington, DC.

Henderson, J. (2008-09). National Breast Cancer Coalition, “Emerging Leaders” program planning team.

Kelly, T.: Textbook Reviewer
Nutrition for Sport & Exercise, Dunford M & Doyle JA, Thompson & Wadsworth, 2009
Nutrition for Health, Fitness, & Sport, Williams M, McGraw-Hill, 2009

Lopez-Cervallos, D. F.: Manuscript Reviewer
Social Science & Medicine (2008-present)
Journal of Health Care for the Poor and Underserved (2008-present)
Bulletin of the World Health Organization (2007-present)

Pedersen, P. J. (2009). Textbook Editing
 Health: The Basics, 9th Ed., Pearson Benjamin Cummings Publishers, Chapter 2: Psychosocial Health & Chapter 5: Healthy Relationships and Sexuality

Professional Service

Local, State and Regional

Cardinal, M. K. (2008). Coordinator, Physical Education Majors' Volunteer Assistance at the Oregon Alliance for Health, Physical Education, Recreation, and Dance Conference.

Hautala, R. (2008-10). Chair-Elect, Higher Education Representative, Oregon Association of Physical Education.

Timken, G. (2009). Co-Chair: Council for Children's Expanded Physical Education (CCEPE) 2009 annual conference.

Other Professional Service

Asleson, E. (2009). Senior Services of America Grant. Functional Fitness for Seniors, Currently responsible for follow up of 30 participants. Albany, OR.

Asleson, E. (2009). Co-Director, WOU Triathlon. Monmouth, OR.

Caster, B. (2009). German American Partnership Program (GAPP) Exchange Assistant Coordinator, Corvallis High School, Corvallis, OR.

Kelly, T. (2008-09). Advisor – Oregon State Fair Sports, Health, & Recreation venue, Salem, OR.

Lopez-Cervillos, D. F. (2008-2009). *Planning Committee Member*, Soccer Tournament & Family Weekend, Benton County Health Department, Corvallis, OR.

Lopez-Cervillos, D. F. (2008-2009). *Steering Committee Member*, Las Comidas Latinas Community Needs Assessment, Oregon State University, Corvallis, OR.

Timken, G. (2009). Consultant
Corvallis Montessori School – physical activity planning
Central School District Physical Education teachers
North Santiam School District – PEP grant proposal

Awards

Allen, Warren. 2008 Academic Excellence Teaching Award. Western Oregon University.

Cardinal, M. K. 2009. Scholar/Artist Award, National Dance Association.

Cardinal, M. K. 2009. Visiting Scholar (Invited), Special Programme on Dance Science and Wellness for Dancers, School of Dance, The Hong Kong Academy for Performing Arts, Hong Kong, China.

Henderson, J. 2009. Recipient, Pastega Excellence in Teaching Award.

Lopez-Cervillos, D. F. Young Voices in Research for Health, Invited Participant, 2008 Global Ministerial Forum on Research for Health, Bamako-Mali, November 17-19, 2008.

Lopez-Cervillos, D. F. Graduate Student Presentation Award, UCGIS, 2008.

Hammermeister, A. WOU Faculty Appreciation Award, WOU Volleyball, October 2008.