

CONTACT INFO

PHONE NUMBER:
503-838-9400

EMAIL ADDRESS:
dining@wou.edu

WEBSITE:
wou.edu/dining

Individual staff information
can be found at
wou.edu/dining



@wou.dining



@woudining

MENUS CAN BE FOUND AT:

<https://wou.nutrislice.com/menu>



HOURS OF OPERATION

VALSETZ DINING HALL

Monday - Friday

Breakfast	7:30am - 10:00am
Lunch	11:00am - 2:00pm
Dinner	4:00pm - 7:00pm

Saturday - Sunday

Brunch	9:00am - 2:00pm
Dinner	4:00pm - 7:00pm

CAFÉ ALLEGRO

Monday - Friday

8:30am - 2:00pm

THE PRESS

Monday - Thursday

4:00pm - 7:00pm

VALSETZ CONVENIENCE STORE

Monday - Friday

7:00am - 7:00pm

Saturday - Sunday

9:00am - 7:00pm

ABOUT US

*Campus Dining at WOU is
Fresh. Fun. Healthy.*

Campus Dining at WOU offers many dining options across campus including several options for coffee on your way to class or a meeting. With many choices and flexible schedules we've made it easier than ever to find options that suit your lifestyle, your budget and your dining needs.

Valsetz Dining Hall accepts meal plans, cash, credit and Wolf Bucks. All coffee shops accept cash, credit, or Wolf Bucks!



STUDENT EMPLOYMENT

CAMPUS DINING AT WOU WANTS YOU!

Whether you are interested in working at Valsetz Food Court, at one of our retail restaurants, or as part of the catering staff, Campus Dining is always looking for motivated students to help us do what we do best: Provide the very best food with the very best service.

ON CAMPUS! **MEET PEOPLE!**
EARN EXPERIENCE!
DISCOUNTS! **TRAINING!**
FLEXIBLE HOURS

POSITIONS:

Cashiers Servers Baristas
Caterers Dish Room Food Runners

APPLY TODAY!



MEAL PLANS

Campus Dining is dedicated to excellence. Moreover, we work tirelessly to cultivate a healthy, supportive, inclusive and sustainable dining experience. **We strive to serve quality food made fresh from the best local ingredients and pair it with great customer service!**

Meal-plans at WOU are tailored to offer a variety of dining options to suit your individual tastes, needs and budget. Regardless of where or what you choose to eat on campus; whether you eat in, pick up your food or have it delivered, the meal-plans at WOU were designed with you in mind! .

If you have severe allergies we recommend talking to a chef or email us for more information on certain food items.

WOLF PUP (WHITE PLAN):

10 Meals Per Week/ 110 Meals Per Term

\$4,635 Per Year/ \$1,545 Per Term

\$250 Wolf Bucks , 5 Guest Meals Per Term

WOLF HOWL (RED PLAN):

14 Meals Per Week/ 154 Meals Per Term

\$5,103 Per Year/ \$1,701 Per Term

\$200 Wolf Bucks , 10 Guest Meals Per Term

WOLF PACK (BLACK PLAN):

17 Meals Per Week/ 187 Meals Per Term

\$6,045 Annually/ \$2,015 Per Term

\$150 Wolf Bucks , 12 Guest Meals Per Term

WESTERN WOLVES PLAN (GRAY PLAN) ARBOR PARK APARTMENTS

4 Meals Per Week/ 44 Meals Per Term

\$4,161 Annually/ \$1,375 Per Term

\$300 Wolf Bucks , 2 Guest Meals Per Term

CATERING FOR EVERY OCCASION

We are thrilled to provide you with diverse menu options and exceptional service for your event. We believe in satisfactory customer service and quality. Currently employing over 60 students, we offer real-life job skills by providing students with training and experience in project management, event planning, leadership, critical thinking and sustainability.

When you choose WOU Catering, you're supporting the professional development of WOU students. One of our biggest goals is to establish and strengthen relationships with the university, and we do so by having very open and constant communication with others, flexibility and by offering true value. We go to great lengths to understand exactly what you envision and work hard to make it happen. We work directly with clients to personalize and customize menus for Events.

Contact us for more information. We look forward to working with you soon!



FOR CATERING INQUIRES CONTACT

Phone: 503-838-8639

Email: cater@mail.wou.edu

Visit our website:

<https://wou.edu/dining/catering-homepage/>

DAXBOT DELIVERS!



Within City Limits!

Whether you live on campus or in the Monmouth community at large, our self driving delivery DaxBots have teamed up with Campus Dining to bring our great food to you! Dax is able to deliver coffee and food from any Campus Dining restaurant as well as from participating local restaurants. See dining website for more information!

Online ordering and Delivery services are only available Monday – Friday

PLACE YOUR ORDER ON NUTRISLICE TODAY!



SUSTAINABLE DINING

Campus Dining has teamed up with University Housing to decrease the impact that their departments have on the environment. Campus Dining follows a Sustainable Dining Program and University Housing has established a comprehensive residence hall recycling program all designed to decrease the carbon footprint of WOU.

Based on the Re-duce, Re-use, Re-cycle premise, the Campus Dining Sustainable Dining initiative is a work in progress. Campus Dining has long been a proponent of Recycling and recycles its cooking oil, plastic, glass, tin, and paper.

Also, Campus Dining strives to support and purchase from local or Oregon vendors to not only support local business, but to support businesses that strive to be sustainable in their own business practices. When possible, these Campus Dining initiatives have decreased transportation costs and have helped to provide the freshest and best products available from ecologically minded vendors.



ONLINE ORDERING

nutrislice

- 1) Visit wou.nutrislice.com or Download the Nutrislice App and search Western Oregon University. The Nutrislice App is available on the apple store and google play app.
- 2) Select Valsetz Dining Hall and choose either the Breakfast, Lunch, Afternoon or Dinner menu
- 3) Select items, make any modifications and add to cart. Once added to your cart the price of the item will show up in the upper right hand corner. Remember to select "Delivery" or "Pick up" here for your order as well!
- 4) Check out! You will be prompted to sign in or create an account. If you have a meal plan select pay with Student ID (V#) or Wolf Bonus Account.
- 5) Choose your pick up time and submit your order! All meals can be picked up in Valsetz during your selected pick up time.

DIETARY ICONS



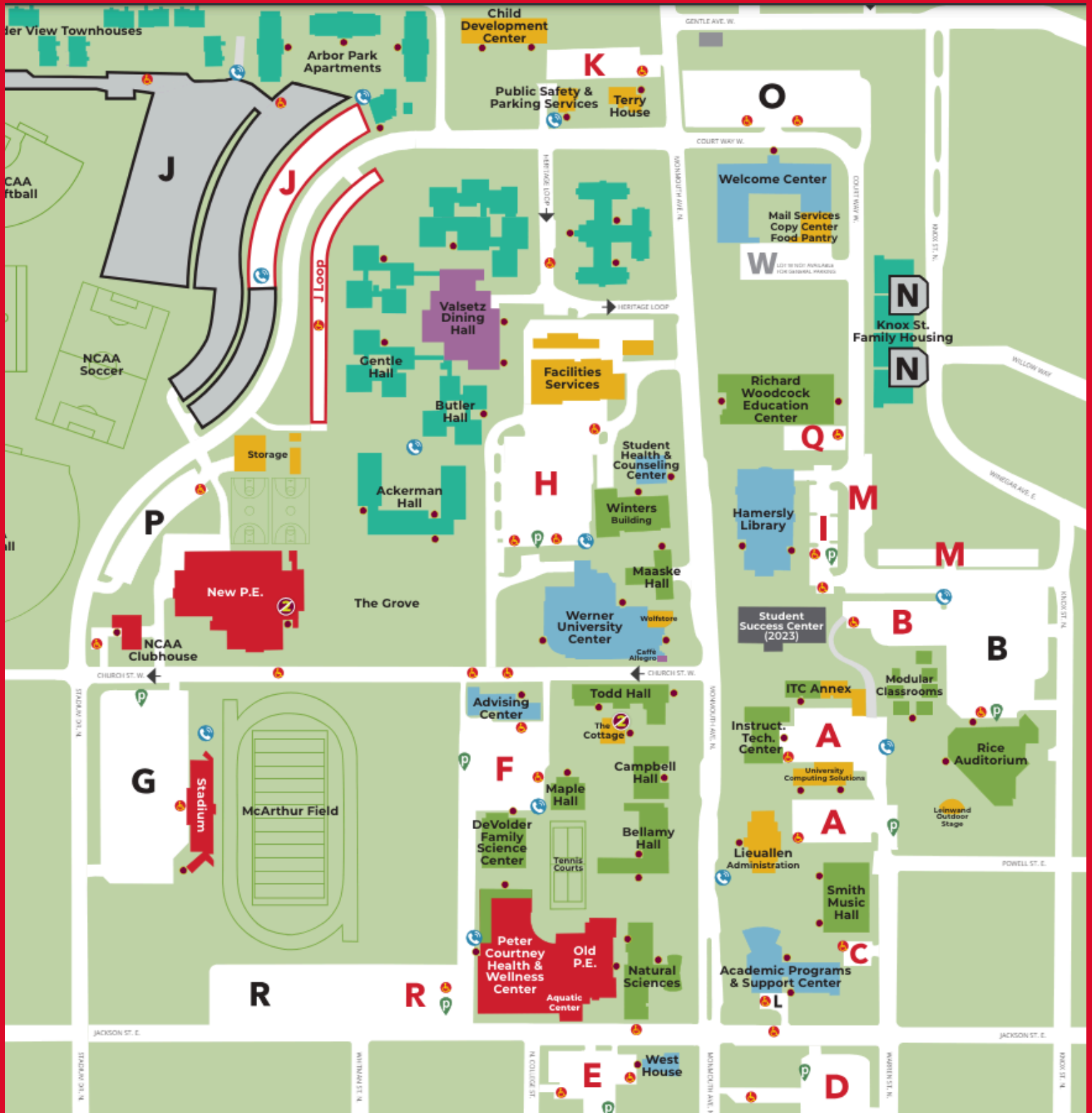
Vegan - (contains no animal or dairy products)



Gluten Free Friendly - (Made without gluten containing ingredients. Menu prepared in an open kitchen where gluten is present)



Vegetarian - (Contains no meat, fish, poultry, shellfish but may contain dairy or eggs)



CAFE ALLEGRO

LOCATED IN THE WERNER UNIVERSITY CENTER, serving STARBUCKS™ coffee along with an array of snacks and more

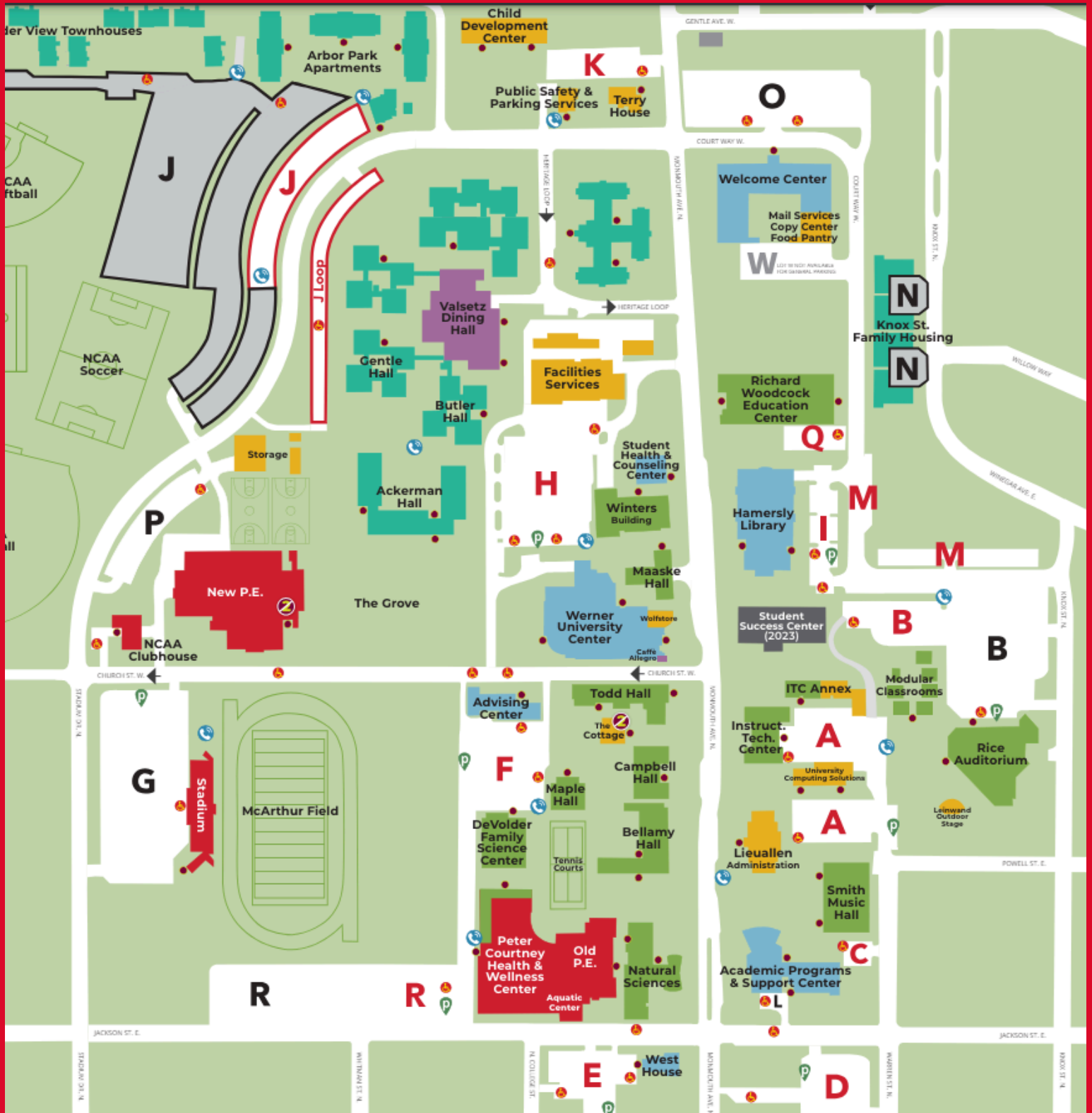


THE PRESS

LOCATED IN HAMERSLY LIBRARY proudly serving STARBUCKS™ coffee and products, plus snacks to go

VALSETZ DINING HALL

MAIN CAMPUS DINING HALL with a wide variety of food stations including: Deli, Grill, Pizza, Pasta, Sensible Food, Stir Fry, Sushi, Vegan Options, and more



CAFE ALLEGRO

LOCATED IN THE WERNER UNIVERSITY CENTER, serving STARBUCKS™ coffee along with an array of snacks and more



THE GRILL

LOCATED IN THE WERNER UNIVERSITY CENTER proudly serving STARBUCKS™ coffee and products, plus snacks to go

VALSETZ DINING HALL

MAIN CAMPUS DINING HALL with a wide variety of food stations including: Deli, Grill, Pizza, Pasta, Sensible Food, Stir Fry, Sushi, Vegan Options, and more