

## ACADEMIC PROGRAMS AND SUPPORT CENTER

### OFFICE OF DISABILITY SERVICES (ODS)

APSC 405 • 503-838-8250 • [WOU.EDU/DISABILITYSERVICES](http://WOU.EDU/DISABILITYSERVICES)

ODS provides reasonable accommodations to ensure students with documented disabilities have equal access to programs and services at WOU. Students wishing to request accommodations must apply for services by completing an online application and providing disability-related documentation. The online application can be found at [wou.edu/disabilityservices/applylogin](http://wou.edu/disabilityservices/applylogin). Accommodations are determined on a case-by-case basis.



Some common accommodations include, but are not limited to:

- Accessible technology
- Alternative testing arrangements
- Alternative formats
- Notetakers
- Campus housing accommodations
- Deaf and hard of hearing access services

### WRITING CENTER

APSC 301 • 503-838-8286 • [WOU.EDU/WRITINGCTR](http://WOU.EDU/WRITINGCTR)

The Writing Center supports students' development and success as college writers. Peer tutors are available to provide one-on-one assistance with format-specific content as well as provide general writing feedback. Although tutors avoid "fixing" writing, they do help students become conscious of repetitive errors.

- Come in at any stage of the process: understanding the assignment, brainstorming, outlining and/or revision.
- Get help on anything you write: résumés, applications, essays, speech outlines, lab reports, PowerPoint presentations, video/media projects and more.
- Tutoring tailored to you: student-, assignment- and content-specific help.
- Works around your schedule: day, evening, and online appointments.

## VALSETZ - SOUTH SISTER

### CAMPUS DINING

503-838-9400 • [WOU.EDU/HOUSING/CAMPUS-DINING](http://WOU.EDU/HOUSING/CAMPUS-DINING)

All campus dining locations accept: cash, debit/credit cards, resident meal plans, Wolf Bonus Account and WOU dining gift cards. The Wolf Bonus Account is a debit meal plan that gives a five percent discount at the time of purchase.



Campus dining locations:

- Valsetz Food Court located centrally to the residence halls. Days and hours of operation:
  - Please see our website for current Campus Dining hours of operation
  - Werner University Center (WUC) dining locations: Caffè Allegro, Western Deli and Wolf Grill. Hours vary by location.
- Hamersly Library: The Press. Hours vary.

## ADVISING CENTER

### STUDENT ENRICHMENT PROGRAM (SEP)

APSC 201 • 503-838-8550 (V/TTY) • [WOU.EDU/SEP](http://WOU.EDU/SEP)

SEP provides assistance to students who are: first-generation college student (neither parent graduated with a bachelor's degree from a four-year college); low income; or qualify as having a documented disability. SEP assists students by offering free academic support services such as:

- Academic advising and assisted scheduling of core curriculum courses
- Elective courses to aid in a successful transition to college, financial literacy and career planning
- Admission to campus- and community-sponsored cultural enrichment activities
- Workshops and seminars focused on academic success, time management, study skills, stress management, graduation requirements, study abroad opportunities, internship opportunities and preparation for graduate programs
- Summer Bridge orientation program



### STUDENT SUCCESS AND ADVISING (SSA)

APSC 401 • 503-838-8428

[ADVISING@WOU.EDU](mailto:ADVISING@WOU.EDU) • [WOU.EDU/ADVISING](http://WOU.EDU/ADVISING)

The SSA is a resource center for students and is home to the Wolf Connection System, where students can schedule and manage their advising and tutoring appointments, view their notes from previous advising appointments and email their professors in to communicate an absence or illness. If you have questions about academics, tutoring, study skills or just need a quiet place to study, come visit us! The SSA works with:

- Exploratory students needing guidance in the process of identifying a major and/or minor
- Pre-nursing students for advising and planning
- Information on articulation and registration guidance
- Students needing peer tutoring or assistance with study skills
- Students on academic warning/probation
- Students struggling academically

## HAMERSLY LIBRARY

### THE MATH CENTER

HL 228 • [WOU.EDU/MATHCENTER](http://WOU.EDU/MATHCENTER)

The Math Center is a great place to hang out, do your math homework and review your math materials. Our friendly and experienced math tutors are there to help you! It offers free drop-in tutoring for Math 60, 70, 95, and 100- and 200-level courses. Hours and tutor information are posted online.

- Open the second through 10th weeks (fall, winter and spring terms)



### THE SCIENCE CENTER

HL 124 • [WOU.EDU/SCIENCECENTER](http://WOU.EDU/SCIENCECENTER)

Free drop-in tutoring for chemistry, biology, Earth science and physics. At the Science Center, you may get help with homework and prepare for tests, study as an individual or as a group. No appointment is necessary. All 100-level and selected 200-level science classes are covered. Hours and tutor information are posted online.

- Open the second through 10th weeks (fall, winter and spring terms)

## STUDENT HEALTH AND COUNSELING CENTER

### STUDENT HEALTH AND COUNSELING SERVICES

HEALTH CENTER: 503-838-8313 (V/TTY) • COUNSELING CENTER: 503-838-8396 (V/TTY)  
[WOU.EDU/STUDENT/HEALTH](http://WOU.EDU/STUDENT/HEALTH)

The Student Health and Counseling Center offers free medical and counseling services to students registered for six or more credits. Although office visits are free, students may be charged for medications, laboratory testing, medical supplies, sports physicals, women's annual exams and drug assessments.

The health center offers a full range of clinical services such as:

- Common illnesses and general visits
- Confidential HIV testing
- Health education dealing with smoking cessation, weight management, stress reduction and fitness
- Nutritional counseling
- Sexually transmitted disease treatment and counseling
- Treatment of acute injury, illness and assistance with management of chronic illness
- Women's health care: breast exams, pap smears, contraceptive counseling, pregnancy testing and counseling



The counseling center offers confidential counseling for individuals, couples and groups. Students can seek assistance on a variety of concerns such as depression, relationship issues, eating disorders, test anxiety, sexual assault, sexual harassment, grief and loss, sexuality issues, adjustment to school, anger management, issues with roommates and many more.

## LIEVALLEN ADMINISTRATION

### FINANCIAL AID

ROOM 310 • 503-838-8475 • [WOU.EDU/FINAID](http://WOU.EDU/FINAID)

Financial Aid provides students and their families:

- Counseling and advice for students with financial aid questions
- Information about federal, state and institutional aid options
- Referrals to other resources for additional academic and financial assistance

When a student has completed a FAFSA, Financial Aid will review the application to determine eligibility for federal, state and institutional aid and award a financial aid package based on federal and state guidelines.



## WERNER UNIVERSITY CENTER (WUC)

### ABBY'S HOUSE CENTER FOR EQUITY & GENDER JUSTICE

WUC 106 • 503-838-8219 • [WOU.EDU/ABBYSHOUSE](http://WOU.EDU/ABBYSHOUSE)

Abby's House provides educational programming, information and referral services to promote equity and non-violence at WOU. Providing resources and programs to all genders on topics such as:

- Depression
- Eating disorders
- Financial stress
- Gender identity
- Healthy relationships
- Housing assistance
- Intimate partner violence
- Sexual assault
- Sexual harassment
- Stress and anxiety
- Women's health

### ASSOCIATED STUDENTS OF WESTERN OREGON UNIVERSITY (ASWOU)

WUC 121 • 503-838-8303 • 503-838-8554 (FAX) • [WOU.EDU/ASWOU](http://WOU.EDU/ASWOU)

ASWOU represents the students of Western Oregon University and provides ways to participate in many areas on and around campus. These areas include:

- Student government: Based upon the federal model, there are three branches of government in ASWOU: executive, judicial and legislative. Each branch offers students unique ways to get involved with institutional governance.
- ASWOU serves as a voice for students. ASWOU is committed to providing opportunities, activities, and services to students; representing students' interests; and advocating for students' rights.

### MULTICULTURAL STUDENT SERVICES AND PROGRAMS (MSSP)

WUC 212 • 503-838-8737 • [WOU.EDU/MSSP](http://WOU.EDU/MSSP)

MSSP is committed to providing educational opportunities and outstanding programming for ethnically and culturally diverse students. MSSP:

- Coordinates the Diversity Scholars Program
- Coordinates the On-Track Program
- Connects students to educational resources on and off campus
- Networks and establishes communication with community-based organizations
- Provides personal support and guidance to currently enrolled students
- Advises the Multicultural Student Union (MSU) and the multicultural representatives



### SERVICE LEARNING AND CAREER DEVELOPMENT (SLCD)

WUC 119 • 503-838-8432 • [WOU.EDU/SLCD](http://WOU.EDU/SLCD)

SLCD provides resources to help students discover a well-suited major and career options, build a résumé, search for employment, find an internship, engage in volunteerism, apply to get into graduate school, conduct informational interviews and network with recruiters. The website provides 24/7 access to career assessment tools: job, internship and volunteer opportunities. Students will find a variety of service and career-related links and relevant resources. The office assists students in their:

- Exploration of, participation in, and critical evaluation of experiential learning opportunities such as internships, job shadows, volunteer opportunities and employment
- Learning and applying skills for a successful job search or graduate/professional school admissions
- Realistic self-assessment of interests, values and skills
- Understanding of the links between self-knowledge and potential career paths

### STUDENT ENGAGEMENT

WUC 210 • 503-838-8261 • [WOU.EDU/STUDENT-ENGAGEMENT](http://WOU.EDU/STUDENT-ENGAGEMENT)

Student Engagement provides ASWOU, student organization and Greek Life advisement and activities to enhance the social, intellectual, and aesthetic life on campus, such as:

- Campus-wide activities

- Stonewall Center (LGBT\*Q+ resource center)
- Leadership Certificate Program coordination
- Leadership development programs (Discover Leadership, Focus on Leadership)
- Non-traditional student programs, advisement and lounge space
- Traditional campus programs (Holiday Tree Lighting, Homecoming and Family Weekend, Leadership Recognition Night, Holocaust Remembrance Day)
- The Student Activities Board: plans and organizes many campus activities and events during the year such as homecoming, comedians, dances, music concerts, spirit week and other exciting programs on and around campus. The Student Activities Board is a fun and rewarding way for students to get involved with a volunteer commitment open to all students!
- Student employment opportunities

In the Werner University Center you can:

- Advertise items for sale, rideshare or find a roommate online
- Access the computer lab
- Find information concerning campus events and current student activities
- Get change or use the ATM
- Get student ID cards
- Grab a coffee at Caffè Allegro or get a bite to eat at the Wolf Grill or Western Deli.
- Play pool and hang out with friends
- Reserve meeting rooms for organizations or by private groups
- Study in a lounge or quiet room

### VETERANS RESOURCE CENTER (VRC)

WUC 108 • 503-838-9246

[WOU.EDU/VETERANS](http://WOU.EDU/VETERANS)

The Veterans Resource Center offers services and resources for active duty, reserves, National Guard, and veteran and military-dependent students. The VRC provides a lounge area, a quiet study room, events, workshops, a veteran-veteran mentorship program, and opportunities to get connected with peers through the chapter of the Student Veterans of America.

In the VRC you can:

- Use a computer, check out a laptop
- Use a storage locker
- Print a class assignment for free
- Get G.I. Bill assistance

### VICE PRESIDENT FOR STUDENT AFFAIRS

WUC 203 • 503-838-8221 (V/TTY) • [WOU.EDU/STUDENT](http://WOU.EDU/STUDENT)

The office of the Vice President for Student Affairs serves as a starting point for students who need assistance with an academic or personal issue. The services below are a few ways the office makes students' lives easier.

- Provide resource and liaison services to students
- Assist students with the WOU student grievance procedure
- Approve posters for campus activities bulletin boards
- Assist students with study away in North America through the National Student Exchange Program
- Review student requests to work more than 20 hours a week on campus

### WOLF RIDE

503-428-7238 • [WOU.EDU/WOLFRIDE](http://WOU.EDU/WOLFRIDE)

The WOLF Ride program operates 5 p.m. to midnight, Monday through Sunday, fall, winter, and spring terms. Students call 503-428-7238 to request a ride. WOLF Ride is a free and reliable shuttle service to WOU students and promotes safety for students.



## PETER COURTNEY HEALTH AND WELLNESS CENTER

### CAMPUS RECREATION

503-838-9530 • [WOU.EDU/CAMPUSREC](http://WOU.EDU/CAMPUSREC)

Campus Recreation provides active opportunities to enhance the student experience. The facility has volleyball, basketball and racquetball courts, cardio, fitness and weight equipment, locker rooms and a lounge area.

These programs are also offered:

- Aquatics (water volleyball, aquatic exercise, open and lap swim)
- Climbing wall (free instructional classes and equipment check-out)
- Club sports (rock climbing, rugby, lacrosse, soccer and running)
- Employment opportunities (more than 100 student staff positions available)
- Fitness classes (Zumba®, yoga and spinning)
- Informal rec (self defense, badminton and pickleball)
- Intramural sports (flag football, volleyball, basketball and soccer)
- Outdoor programs (hiking trips and rental equipment)



## TERRY HOUSE

### STUDENT MEDIA

503-838-9697 • [WOU.EDU/STUDENTMEDIA](http://WOU.EDU/STUDENTMEDIA) • [WOU.EDU/KWOU](http://WOU.EDU/KWOU)



Student Media informs, persuades, educates and entertains while serving the WOU community and the greater Monmouth-Independence area. Students may work or participate in the following student-run organizations:

- The *Western Journal*, WOU's weekly newspaper
- KWOU, internet radio station, broadcasts 24/7
- *Northwest Passage*, WOU's art and literary magazine



Western Oregon  
UNIVERSITY

TOGETHER WE  
SUCCEED