## STUDENT PLANNING

General Education courses are a required part of all BA and BS degree programs, and comprise a minimum of 44 of the 180 credit hours necessary for graduation.

These courses help students build the foundational skills they will need for advanced study in their academic majors and helps students develop a foundation of basic knowledge necessary for a more successful personal and professional life. General education and degree requirements for the Bachelor of Music (B.M.), Honors Program, and Applied Baccalaureate (A.B.) may
be found in the WOU Course Catalog. Completion of graduation requirements is the responsibility of the student.

It is critical that students consult with their academic advisor as they select general education courses. Many majors and minors have prerequisites or suggestions for coursework.

Courses completed as part of the general education requirements may also be used to fulfill requirements within a student's major or minor program-refer to your advisor.

Transfer students who have not completed an approved transfer degree should meet with an advisor in Student Success and Advising.

## FIRST YEAR SEMINARS

NEEDS:
(Two courses, 8 credits) Explore interesting topics in small classes while building foundational skills for college success. A topics list for the academic year may be found at: wou.edu/gened/fys-schedule/
$\square$ FYS 107 Writing-Focused
First-Year Seminar

FYS 207 Quantitative-Focused
First-Year Seminar

## FOUNDATIONS

HAS:
NEEDS:
(Up to six courses, 10-28 credits) Practice lifelong learning skills applicable throughout your college career. The General Education program highly recommends completing Foundations requirements, particularly Writing and Mathematics courses, as soon as possible.

## FOUNDATIONS: Writing <br> HAS: <br> NEEDS:

(Up to two courses, 0-8 credits) Gain an introduction to processes, strategies, and conventions that promote the effective development and communication of ideas in writing. Students may demonstrate competency on WR 121 by earning a 560-800 score on the writing portion of the SAT and/or 21-30 score on the writing portion of the ACT. Go to wou.edu/english/first-year-writing for writing placement information.

WR 121 College Writing I (credit may be earned
WR 122 College Writing II
with an AP writing score of 3 or higher)
(One course, 0-4 credits) Learn and practice problem solving, modeling, and quantitative reasoning and the communication of mathematical and logical arguments and concepts. Students may show competency by scoring 61 or higher on the WOU ALEKS Math Assessment, earned in a proctored and timed testing environment. Go to wou.edu/math/aleks for math placement information. *Students taking MTH 211 must also take MTH 212; all other students take one math course or demonstrate competency.MTH 110 Applied College MathematicsMTH 111 College Algebra
MTH 112 Elementary Functions

MTH 211 and MTH 212 Foundations of Elementary Mathematics I and II MTH 231 Elements of Discrete MathematicsMTH 243 Introduction to Probability (credit may be earned with AP Statistics score of 3 or higher)
$\square$ MTH 251 Calculus (Credit may be earned with AP Calculus score of 3 or higher)
(One course, 3-4 credits) Create, deliver, analyze and receive meaningful messages.

$\square$ A 100 Art Topics*<br>$\square$ A 115 Beginning Design: Two Dimensional<br>$\square$ A 120 Foundations of Digital Art and Design<br>$\square$ ASL 101, 102 or 103 American Sign Language I, II, or III<br>$\square$ ASL 201, 202 or 203 American Sign Language IV, V, or VI<br>$\square$ COM 100 Effective Communication<br>$\square$ COM 111 Principles of Public Speaking<br>$\square$ COM 112 Interpersonal Communications<br>$\square$ COM 211 Introduction to Mass Communication

$\square$ COM 212 Advertising and Society
$\square$ COM 236 Contemporary Issues in Media
$\square$ D 260 Dance Improvisation
$\square$ FR 101, 102, or 103 First Year French I, II, or III
$\square$ FR 201, 202, or 203 Second Year French I, II, or III
$\square$ FR 301 Intermediate French Composition and Phonetics I
$\square$ GL 101, 102 First Year German I or II
$\square$ GL 201, 202, or 203 Second Year German I, II, or III
$\square$ GL 301 Third Year German
$\square$ LING 101 Language: Misconceptions vs. Reality
$\square$ LING 102 Language and Power
$\square$ LING 103 English in a Global Context SPAN 101, 102, or 103 First Year Spanish I, II, or III
$\square$ SPAN 201, 202, 203 Second Year Spanish I, II, or III
$\square$ SPAN 301, or 302 Third Year Spanish I or II
$\square$ SPAN 311 or 312 Spanish for Bilingual Teachers I or II
$\square$ SPAN 317 or 318 Intermediate Spanish for Bilingual/Heritage Speakers I or II

[^0]FOUNDATIONS: Critical Thinking
ES 104
HAS:
NEEDS:
(One course, 3-4 credits) Effectively analyze, evaluate, synthesize and apply information and ideas from diverse sources and disciplines.
$\square$ CS 122 Introduction to Computer Science
$\square$ CS 160 Survey of Computer Science
$\square$ EC 200 Introduction to Economic Perspectives
$\square$ ES 105 Discoveries in Earth Science
$\square$ LING 209 Introduction to Language Study
$\square$ LING 214 Linguistics and Education
$\square$ LING 310 Introduction to Linguistics
$\square$ LIT 110 Critical Themes in Literature
$\square$ COM 310 Communicating with Data

PHL 100 Critical Thinking: Informal Logic
$\square$ PHL 103 Introduction to Logic
$\square$ SOC 224 Introduction to Sociology: Research
$\square$ HST 110 Detecting the Past: Critical Thinking with Historical Sources
$\square$ PS 193* Introduction to Model United Nations
*This course was formerly listed as Exploring Knowledge: Social, Historic and Civic Perspectives

## FOUNDATIONS: Health Promotion

HAS:
NEEDS:
(One course, 3-4 credits) Apply strategies for maintaining and improving health across the lifespan.
$\square$ GERO 200 The Aging Self: Your Pathway to Adulthood
$\square$
HE 257 Health Promotion
$\square$
PE 131 Individual Health and Fitness + any PE 1xx activity course
$\square$ BI 224 Human Health and Evolution
$\square$ CH 247 Foundations of Integrative Medicine

## EXPLORING KNOWLEDGE

HAS:
NEEDS:
(Six courses, 20-26 credits) Discover new content and ideas through exploration of a wide variety of scholarly topics.
Begin your major while also gaining knowledge beyond it. Check with your advisor to see which of the Exploring Knowledge courses can also count in your major.

EXPLORING KNOWLEDGE: Literary and Aesthetic Perspectives hAS:
NEEDS:
(Two courses, 6-8 credits) Study and participate in creative work to foster a deeper comprehension of human culture and the ways in which it affects who we are, both as communities and as individuals.A 116 Beginning Design:
Three-dimensional
$\square$ A 130 Beginning Drawing
$\square$
A 204 Art History: Prehistoric through Late Antiquity
$\square$ A 205 Art History: Middle Ages through Renaissance
$\square$ A 206 Art History: Baroque through Contemporary
$\square$ D 101 Exploring Ballet Technique and Performance
$\square$ D 102 Exploring Jazz Technique and Performance
$\square$ D 103 Exploring Contemporary Dance Technique and Performance
$\square$ D 104 Exploring Tap Technique and Performance
$\square$ D 255 Introduction to DanceED 230 Children's Literature in Diverse Classrooms
$\square$ ED 235 Literature for the Young ChildED 240 Young Adult Literature in Diverse Classrooms
$\square$ FR 110 Introduction to French Literature in Translation
$\square$ GEOG 207 Geography and Film
$\square$ GL 110 Introduction to German Literature in Translation
$\square$ LIT 101 Topics in Literature
$\square$ LIT 102 Literary Genres
$\square$ LIT 201 or 202 Western Literature I or II
$\square$ MUEN (Note: MUEN courses can be taken in multiple terms for 3 credits for a single course in Literary and Aesthetic Perspectives)
O MUEN 101 Concert Choir
MUEN 102 Chamber Singers
MUEN 103 University Band
MUEN 111 Western Oregon Symphony
O MUEN 112 Wind Ensemble
O MUEN 113 Early Music Ensemble
MUEN 120 Chamber Ensemble
MUEN 121 Brass Chamber Ensemble
$\bigcirc$ MUEN 141 Percussion Ensemble

O MUEN 143 Guitar Ensemble
MUEN 151 Opera Scenes: Vocal
MUEN 152 Opera Scenes: Instrumental
MUEN 161 Western Oregon Voices
MUEN 162 Western Hemisphere Orchestra
MUEN 162 Orquestra Brasil
MUEN 170 Combo
MUEN 171 Jazz Repertoire Combo
O MUEN 172 Hemisphere Combo
MUEN 201 WOU Drum Line
MUEN 202 WOU Pep Band
$\square$ MUS 101 Pop Music in America
$\square$ MUS 102 Rock Music: A Social History
MUS 103 Jazz History
$\square$ MUS 104 Music in Film
MUS 105 Magic of Mozart
$\square$ MUS 107 Introduction to Music and it's Literature
$\square$ MUS 111 Musicianship
$\square$ MUS 181 Voice Class I
$\square$ PHL 282 Philosophy of Art
$\square$ SPAN 110 Introduction to Hispanic Literature in Translation
$\square$ SPAN 210 Topics in Hispanic Film
$\square$ SPAN 240 Greater Mexico: Culture and Arts
$\square$ TA 110 Introduction to Theatre Arts
TA 112 Introduction to FilmTA 251 Elements of ActingTA 260 Basic Movement and Voice Development
$\square$ TA 343 Costume Design
$\square$ WR 260 Creative Writing Fiction
$\square$
WR 301 Integrating Writing and Design

HAS:
EXPLORING KNOWLEDGE: Scientific Perspectives

NEEDS:
(Two courses, 6-8 credits) Engage in systematic study of the natural world, and gain knowledge about the nature of science, the attitudes of science, and the skills needed for scientific inquiry.
$\square$ ANTH 322 Forensic Anthropology (cross-listed as CJ 322)
$\square$ Bl 101 General Biology: The Diversity of Life
$\square$ Bl 102 General Biology: The Foundations of Life
$\square$ BI 134 and BI 135 Introductory Human Anatomy and Physiology I and II
$\square$ BI 211, 212, 213 Principles of Biology I, II, or III
$\square$ CH 103 Allied Health Chemistry
$\square$ CH 104 Chemistry and the Environment
$\square$ CH 105 Consumer Chemistry
$\square$ CH 106 Scientific Advances in Medicine
$\square$ CH 221, 222, or 223 General Chemistry I, II, or III
$\square$ CJ 322 Forensic Anthropology (cross-listed as ANTH 322)
$\square$ ES 104 Exploring the Physical Earth
$\square$ ES 106 Exploring the Oceans and Atmosphere
$\square$ ES 201, 202, or 203 Principles of Geology I, II, or III
$\square$ GEOG 105 Nature and Society
$\square$ GEOG 240 Map and Air Photo Interpretation
$\square$
PH 201, 202, and 203 General Physics I, II, or III
(Two courses, 6-8 credits) Explore different approaches to the study of society and politics, including the contemporary and historical constitution of social and political ideas, relationships, structures and institutions.
$\square$ ANTH 213 Language and Culture
$\square$ ANTH 214 Physical Anthropology
$\square$ ANTH 215 Archaeology
$\square$ ANTH 216 Cultural Anthropology ASL 205 Introduction to ASL Studies
$\square$ CJ 213 Introduction to Criminal Justice
$\square$ CJ 219 Ethics and Leadership in Criminal Justice
$\square$ CJ 220 Introduction to Homeland Security
$\square$ CS 312 Social History of Computing
$\square$ D 252 Dance in the Latin Diaspora
$\square$ D 253 Dances that Changed the World
$\square$ D 254 Dance, Gender and Society
$\square$ EC 201 Introduction to Microeconomics
$\square$ EC 202 Introduction to Macroeconomics
$\square$ ED 200 Foundations of Education
$\square$ ED 220 Introduction to Early Childhood Education
$\square$ ED 231 Typical and Atypical Development
$\square$ ED 250 Inclusive Practices in Early Childhood Settings (birth-4th grade)
$\square$ GEOG 106 Sustainable World
$\square$ GEOG 107 People, Space and Place
$\square$ GERO 320 Introduction to Aging
$\square$ HST 104 World History: The Ancient and Classical World
$\square$ HST 105 World History: Expanding Societies
$\square$ HST 106 World History: The Modern World
$\square$ HST 201 History of the United States: Native American Cultures to Early 19th Century
HST 202 History of the United States: Reform and Progress
HST 203 History of the United States:
First World War to the Present
LIT 103 Literature and Society
PHL 101 Introduction to Philosophy: Knowledge and Reality
PHL 102 Introduction to Philosophy: Personal Morality and Social Justice
$\square$
PHL 251 EthicsPHL 283 Philosophy of Religion


PS 193 Introduction to Model United NationsPS 201 American National Government
$\square$ PS 202 State and Local Government
$\square$ PS 203 International Relations
$\square$ PS 204 Governments of the World
$\square$ PSY 201 or PSY 202 General Psychology I or II
$\square$ R 201 Introduction to the World's Religions: Eastern
$\square$ R 202 Introduction to World Religions
$\square$ R 204 Introduction to the World's Religions: Western
$\square$ SOC 223 Introduction to Sociology: Theory
$\square$ SOC 225 Social Problems
$\square$ SPAN 245 Translanguaging: Spanglish as a Speech Community in US
$\square$ WR 300 Technical and Workplace Writing

## INTEGRATING KNOWLEDGE

HAS:
NEEDS:
(Two course, 6-8 credits) Use high impact practices and make connections between different areas of interest for deeper comprehension. Prepare for a dynamic, complex and interconnected world. These classes integrate knowledge you explored in other courses, and may have prerequisites, so check with your advisor to plan for Integrating Knowledge courses that interest you.

INTEGRATING KNOWLEDGE: Citizenship, Social Responsibility
and Global Awareness HAS: NEEDS:
(One course, 3-4 credits) Examine the intersection of citizenship with other forms of identity, explore the moral and life obligations inherent to being human, and the degree to which we have an obligation to benefit the whole of society and the world
$\square$ ANTH 370 Women Hold Up Half the Sky
$\square$ ANTH 372 Social Constructions of Race (cross-listed as CJ 372)
$\square$ ANTH 376 Cultures of South Asia
$\square$ ANTH 380 AfricaANTH 386 Anthropology of Muslim Societies
$\square$ ANTH 392 Applied Anthropology
$\square$ ANTH 396 Environmental Anthropology
$\square$ BA 362 Business Ethics
$\square$ CA 320 Documenting Society
$\square$ CJ 267 Research and Writing About Social Justice Issues
$\square$ COM 325 Intercultural Communication
$\square$ COM 416 Communication and Politics
$\square$ CJ 372 (Social Constructions of Race (cross-listed as ANTH 372)
$\square$ CJ 445 Race and Social Justice
$\square$ D 170 World Dance: Salsa
$\square$ D 171 World Dance: Hula
$\square$ D 172 World Dance: African
$\square$ D 177 Urban and Street Dance Forms
$\square$ D 251 Dance and World Culture
$\square$ D 252 Dance in the Latin Diaspora
$\square$ ED 420 Global Perspectives in Early Childhood Education
$\square$ ED 481 Introduction to ESOL and Bilingual Education
$\square$ EXS 410 Sports Ethics

GEOG 327 Popular Culture in Global Perspective
$\square$ GEOG 330 Geography and Social Justice
$\square$ GEOG 380 Environmental Conservation
$\square$ GEOG 410 Global Issues
$\square$ GERO 200 The Aging Self: Your Pathway Through Adulthood
$\square$ GERO 340 Intersectionality: Inequalities and Vulnerabilities in Older Adulthood
$\square$ GERO 420 Global Aging
$\square$ HE 334 Health Disparities and Social Determinants of Health
$\square$ HE 366 Alcohol Tobacco and Other Drugs
$\square$ HE 367 Human Sexuality
$\square$ HST 404 or 405 Gender Issues in History I or II
$\square$ HST 412 Yugoslavia: From Experiment to Collapse
$\square$ HST 414 British History to 1300
$\square$ HST 423 Germany 1914-1945
$\square$ HST 426 Modern France: 19th Century
$\square$ HST 434 Mediterranean Worlds
$\square$ HST 436 History of Modern Paris
$\square$ HST 437 World War II in Film
$\square$ HST 442 America and the Middle East
$\square$ HST 444 Colonial North Africa
$\square$ HST 447 The Early Middle Ages
$\square$ HST 448 The High Middle Ages
$\square$ HST 449 The Late Middle AgesHST 453 Pre-Columbian and Colonial Latin America
$\square$ HST 454 History of the Caribbean
$\square$ HST 455 Modern Latin America
$\square$ HST 481 American Voices: Autobiography, Biography and Memoir in American History
$\square$ HST 459 Medieval Saints and Sinners: The History of the Medieval Church
$\square$ HST 493 Women in Oregon History
$\square$ HST 495 Arab World in TranslationHST 497 History of Fascism
$\square$ LIT 380 The Bible as Literature
$\square$ LIT 381 African Literature
$\square$ PS 335 Civic Literacy and Engagement
$\square$ PS 351 Introduction to Public Administration
$\square$ PS 414 Political Parties, Pressure Groups and Elections
$\square$ PS 433 Health Care Politics and Policy
$\square$ PS 442 Peacebuilding and Public Policy
$\square$ PS 443 Great Peacemakers
$\square$ PS 478 Political Fiction and Film
$\square$ PS 492 Political IdeologiesPSY 310 Building Resilience in ChildrenWR 304 Grant and Proposal WritingWR 412 Writing Center Internship
(One course, 3-4 credits) Examine the myriad relationships and mutual influences between science and technology and society, culture, and/or politics.ANTH 369 Evolution of Ethnographic FilmCSE 469: Tech, Culture, and (Maybe) Love $\square$ HE 341: Environmental HealthANTH 395 Medical AnthropologyANTH 494 Northwest Native Nations
$\square$ BI 302 Evolution and Infectious Disease
$\square$ BI 370 Humans and the Environment
$\square$ Bl 441 Human Heredity
$\square$ CH 345 Introduction to Toxicology
$\square$ CS 340 Computer Ethics
$\square$ CS 422 Demystifying Computer Science: No Experience RequiredCOM 380 Environmental Communication

ED 466 Technology in Inclusive Early Childhood Environments
ES 324 Living with Earthquakes and VolcanoesHST 446 Pandemics and Crises in Latin America
$\square$ HST 460 The Black Death
$\square$ HST 484 Health, Medicine and Gender in Historical PerspectiveES 340 Geospatial Techniques
$\square$ HST 496 Empire and Environment
$\square$ ES 420 Medical GeologyGEOG 331 Environmental Justice LIT 382 Cultural Trauma and MemoryPHIL 252 Medical Ethics
$\square$ PHIL 255 Environmental Ethics
GEOG 391 Biogeography
GEOG 480 Nature in the American WestPS 447 Environmental Politics and Public Policy
$\square$ WR 401 Writing Across Media

General Education is a crucial component of the learning experience at Western Oregon University, providing students with fundamental skills for lifelong learning. Students apply, communicate, and integrate ideas from a variety of disciplines. They gain abilities to think and act critically as citizens of a complex and ever-changing world. The curriculum empowers students to pursue diverse interests and perform varying roles in their personal, social, and professional lives


[^0]:    * A 100 Art Topics can be taken twice for 4 credits for a single course in Communication and Language.
    Communication and Language credit cannot be met through proficiency tests like TOEFL or CLEP

