

WHERE'S WOLFIE?

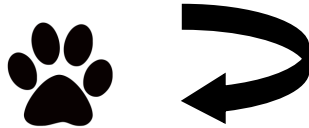
WOU THROUGH THE DECADES
NEW STUDENT WEEK 2017

New Student Week

Where's Wolfie: WOU Through the Decades **September 17-24, 2017**

New Student Week is sponsored by Student Engagement

In the back of this program you will find your “**Wolf Tracks.**” Be sure to take your “**Wolf Tracks**” to all the sessions marked with a “Where's Wolfie” logo. Turn your Wolf Tracks card in to the New Student Week Info Booth in the Werner University Center (WUC) by Friday 9/22 for a chance to win a BIG PRIZE! Just look for the logo!!



Want to increase your chances to win prizes? Be sure to check out the **Cultural Connections Program**. By attending one or more Cultural Connections session, you could win another BIG PRIZE!

Cultural Connections Program: This free program coordinated through the Multicultural Student Services & Programs Office is designed to provide an orientation opportunity for first generation, ethnic and/or culturally diverse students. Everyone is welcome to attend, but please note that some of the sessions require an RSVP. NOTE: Diversity Scholars (recipients of the Diversity Commitment Scholarship) and Bilingual Teacher Scholars are required to attend. You will have a chance to meet WOU staff members and current students that are excited to work with you and share information about programs and leadership opportunities on campus that will be useful to you in your transition to Western Oregon University. If you have not already registered for this program or to reserve a ticket for the Kick-Off Event or the Kickback Brunch, contact us today at mssp@wou.edu or 503-838-8737!

There are two ways to WIN PRIZES:

Attend all four Monday-Thursday Cultural Connections Sessions and be present for the drawing at the Friday session (There is one session each day, starting with the Kick-Off session on Monday, September 18th) for a chance to win **Beats by Dre Wireless Headphones!**

Attend at least one Cultural Connections Session (Monday-Thursday) and be present for the drawing at the Friday session for a chance to win a **\$25 Gift Card to Dutch Bros.**

NOTE: You must attend and be present at the final session (the Kickback Brunch on Friday, Sept 22nd from 10:00-11:00am) to be eligible to win either prize.

Abbreviations key:

ITC– Instructional Technology Center

MNB– Math and Nursing Building

APSC– Academic Programs and Support Center

HWC– Health and Wellness Center

WUC– Werner University Center

HL–Hamersly Library

NS–Natural Science

SHCC–Student Health and Counseling Center

MOD–Modular Classrooms

If you have a disability that may require some accommodation in order to participate in a New Student Week activity, please notify the Office of Disability Services at 503-838-8250 (v/TTY) at least 48 hours in advance.

Mandatory events are designated in these shaded boxes

Highlighted & Fun Events are in these boxes!

Interested in being part of *PLUS Team 2018*? Just stop by the New Student Week Information Booth and we will tell you how to be a part of this amazing experience!

PLUS Team 2017



Alex Quintana-Rios	Jessica Freeman
Alex Buschauer	Keith Mathew
Althea Murin	Madison Adrian
Amy Watkins	Monica Ortiz
Andres Hernandez-Galvan	Lindsey Marquardt
Ashley Biles	Sam Dunaway
Ashlynn Walker	Sophie Gilbert
Austin Davis	<i>Not pictured:</i>
Avery Bondo	Anthony Preston-Hampton
Brian Tesch	Caleb White
Carlos Chairez	Matthew Ciraulo
Ellen Moore	Shanna Thomas
Ellie Oven	Tiffany Lewis
Jamie Norr	Richard Salazar

[WOU MOVE-IN DAY EVENTS!]

Sunday

Valsetz Food Court “Grab & Go” Menu

8:00am-11:00pm, Valsetz Food Court

Need a snack before lunch to gain a little extra energy for moving-in? Stop in and purchase a variety of convenient food items, cold drinks, and snacks throughout the day. Be sure to buy a BBQ ticket for dinner while at Valsetz!

RESIDENTS MOVE IN

9:00am—5:00pm Residence Halls

WOU INFORMATION STATIONS

New Student Week Info. & Water Stations

9:00am-5:00pm The Grove, Heritage, & Landers

If you have questions about move in procedures or New Student Week activities, PLUS Team members will be available to answer all of your questions!

Equipment Rental Tables

9:00am-4:00pm, The Grove, Parking Lot J

Two tents will be setup to rent hand-trucks and equipment throughout the day. The tents will be available to answer questions, rent equipment, and give directions. Hand truck rentals are \$5 per half hour, per hand-truck, with all proceeds going toward the WOU Alumni Scholarship Fund.

WOU ID Cards

10:00am-5:00pm, WUC 2nd floor

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacement cards will be issued for \$15.

This session will be repeated daily

Family Weekend Information Table

10:00am-4:00pm, Grove

Stop by to get information regarding this year's upcoming Family Weekend which will take place in February 11th, 2018!

Residential Computer Support

2:00pm-6:00pm, Residential Service Center

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go! ***This session will be repeated daily***

Lunch at Valsetz

11:00am-3:00pm, Valsetz Food Court

Moving made you hungry? The Valsetz Food Court is open for business, and ready to feed you! Use this time to buy your BBQ ticket for dinner as well.

WOU Bookstore

11:00am-4:00pm, WUC 2nd floor

The bookstore will be open today until 4:00pm so you can pick up any WOU gear you need for the big week! Also, check out the bookstore's new product lines that will make your room unique! It will also be open Monday-Friday, 7:30am-5:00pm and Saturday 10:00am-2:00pm during the academic year.

Say Goodbye :)

No Later Than 4:30pm

Goodbye! Adios! Au revoir! Sayonara!

Family & friends; time to give hugs/kisses and head out!

HIGHLIGHTED EVENT

NEW STUDENT WEEK BBQ

4:30-6:30pm, Landers Lawn (Rain Backup, Valsetz)

Get ready to eat and greet! Here is your first chance to make some new friends! Make sure to bring the ticket you purchased at Valsetz earlier in the day. \$7 for new students.

Late Night Grill

6:30-11:00pm, Valsetz Food Court

Come to Valsetz for smoothies, pizza, grill, and grab & go items.

MANDATORY SESSIONS

RESIDENCE HALL COMMUNITY MEETINGS

7:00-8:30pm, Residence Halls

This will be your first opportunity to meet all of the students who will be living with you in your residence hall community. Coordinated by your Resident Assistant (RA), you and your community will have a chance to get to know each other and learn what to expect during New Student Week and the academic year. This is a **REQUIRED** meeting for all on-campus students.

WELCOME, PLAYFAIR, GROUP “W” PHOTO

8:30-10:30pm, NPE Gym

ASWOU President, Jessica Freeman, will be welcoming all new students to campus, while PLUS Team Coordinators, Sophie Gilbert and Amy Watkins will share highlights of New Student Week. Join us for an event you will not want to miss, as Playfair leads you in a variety of fun activities that help you meet your new classmates! Lastly, you will be posing with 1,000 of your new friends for the famous (and WOU's traditional) “W” Group Picture!

Don't forget to buy your ticket for the BBQ anytime during the day at Valsetz!

9/17

Monday

[WOU daily sessions]

New Student Week Information Booth

8:00-9:00am, 10:30am-12:30pm & 2:30-5:30pm,
WUC 2nd floor

Questions about New Student Week? This is the place where you can have all of your questions answered. You can also sign up for the variety show and get more information about joining PLUS Team 2018!

WOU ID Cards

10:00am-1:00pm, WUC 2nd Floor

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacements will be issued for \$15.

Health and Wellness Center

11:00am-7:00pm, HWC

Grab a friend and come down to the HWC for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Lap swim will be from 11:00am-1:00pm.

Residential Computer Support

11:00am-7:00pm, RSC North Side of Valsetz

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

[new to WOU daily events]

Transfer & Non-Trad Day! Welcome!

Transfer & Non-Traditional Student Orientation

9:00am-10:30am, WUC Columbia Room

The information covered includes: services available to Transfer and Non-Traditional Students, navigating transfer articulations, clubs and organizations, etc. A representative from the Office of Admissions, Student Engagement, and Non-Traditional Students will be available for questions. Also, join us right after this session on the WUC Plaza to find your classes!

Degree Works: Understanding Your Degree Audit

10:30-11:30am, WUC Willamette Room

Degree Works, the audit system that is used here at Western Oregon University, is new to most faculty, staff, and new freshmen. If you are working on earning a degree then you need to learn how to read your degree audit. We will explain some of the more common questions, along with examples, and how to run what-if's - which is how you can see what it would look like if you changed your degree.

This session will be repeated



MANDATORY SESSIONS

PLUS TEAM SMALL GROUP SESSIONS

9:00-10:30am, Residence Halls/WUC Willamette

PLUS Team members will meet with students in small groups. Students living in residence halls meet in their living communities. Off-campus students meet in the WUC Willamette Room

Solving Hunger - One Wolf at a Time

10:30-11:30am, WUC Columbia Room

With over 50% of our campus not knowing where their next meal will come from, we have a desperate need to help feed our fellow wolves. Come and learn about the WOU Food Pantry and how you can aid in or partake in this great service to make sure every wolf has a meal to eat.



Hall Government: A Timeless Involvement

10:30-11:30am, Ackerman 141

Wondering how you can get involved in your residence hall community? Love planning events and representing your peers? Want to open future leadership doors here on campus? Come on down to learn more about Hall Government and how it can help you achieve your goals.

The Movement Grows With Your Arrival: MEChA 101

10:30-11:30am, WUC Calapooia Room

You may be wondering, what is MEChA? Movimiento Estudiantil Chicano de Aztlan (MEChA) is a student organization that promotes higher education, cultura (culture), and historia (history). This session you will learn what MEChA is about and how YOU can help the movement grow. Come join us mi gente!

This session will be repeated



Join Q-Loop! A Student-Led Video Production Group

10:30-11:30am, RWEC 210

Q-Loop Productions is a student developed and led video production team within the College of Education. Our goal is to create videos in support of academic programs for faculty and staff using state-of-the-art video production equipment. Come learn about opportunities to join this great team! Open to any major and all skill levels! No experience required!



9/18

[more new to WOU events]

Find Your Classes Tour!

10:30-11:30am, WUC Plaza

Bring a copy of your class schedule and a PLUS Team member will take you around campus while pointing out where your classes are located along the way!

HIGHLIGHTED EVENT

ASWOU BBQ

11:30am-1:00pm, Grove

Join your Associated Student Government of Western Oregon University (ASWOU), as we kick off the year and welcome you to WOU with a fun social gathering, where you can enjoy a FREE delicious BBQ!

Student-led Library Tours— Where's Wolfie?

11:00am-12:30pm, Hamersly Library

Get the inside scoop on the library and how you can use it to your best advantage during your time at WOU. Tours of the library will be given throughout the week by students. Bonus: Find Wolfie on your tour and take a selfie with him to enter to win prizes!



MANDATORY SESSIONS

CONVOCATION WITH MONTI WASHINGTON

1:00-2:30pm, NPE Gym

Presenting - Convocation with a welcome from President Fuller and keynote from nationally-known speaker Monti Washington! A product of a one night stand, abused in foster home after foster home, and raised sleeping in parks were just a few of the daunting obstacles in Monti's journey *From the Streets to the Stage*. Be ready to be engaged, encouraged, and empowered by Monti who has obtained two college degrees, became a state basketball champion, award winning poet, McDonalds All- American nominee, nationally recognized actor, and co-founder of Truality.org, a non-profit organization aimed at inspiring youth to be TRU The Real U.

Mark Your Calendars! Family Weekend

Will take place February 9th-11th, 2018

Show off WOU to your family during this weekend of fun!

Teacher Licensure Exam Preparation

2:45-3:45pm, Ackerman 139

This session is strongly recommended for all new transfer students who plan to become licensed teachers. It includes important information about which exams to take, how much they cost, when/where to take them, and some specific preparation and test taking strategies.

This session will be repeated

Moodle Prof Chat

2:45-3:45pm, Ackerman 141

Meet with WOU faculty who teach online courses and ask them questions that may assist you in being a successful student in an online classroom. This session is more of a conversation with faculty who teach online classes. Strategies on how to be a successful student in an online class at WOU will be discussed. Please bring your questions for WOU's online faculty. We want to answer them!

Introduction to Financial Aid

2:45-3:45pm, WUC Santiam Room

This lecture will educate students on the financial aid processes at Western Oregon University. We will cover subjects like census date, requests students can make to change their aid package, fee remission awards, financial aid disbursement, concurrent enrollment and Satisfactory Academic Progress.

This session will be repeated

Introduction to Moodle

2:45-3:45pm, WUC Willamette Room

Moodle is the Learning Management System (LMS) we use at WOU. Online and Hybrid courses are delivered via Moodle, and many faculty use Moodle for face-to-face classes as well. Come to this session to learn the basics of Moodle---what it is, how to use it, what to expect, and where to look for help.

This session will be repeated

Transfer Transitions

2:45pm-3:45pm, WUC Calapooia Room

Transferring to a four-year institution can be difficult but does not need to be an impossible task. In this session, the concept of "transfer shock" will be introduced and tips for how to manage "transfer shock" will be covered. Resources and opportunities available to transfer students to help them successfully integrate into their new educational environment at Western will also be covered. Join me to learn more about navigating your transfer pathway to successful degree completion.

Cultural Connections Kick-Off

2:45-3:45pm, RWEC 101

Want to connect with a program that will support you as a student here at WOU? Want to meet some peers that are ready to help you out? Want to win some cool prizes? Then you don't want to miss this session! It will give you the opportunity to learn about the Cultural Connections Program and the sessions that will be offered during New Student Week as well as give you a chance to meet the staff from the Multicultural Student Services & Programs Office and the MCRs (Multicultural Representatives) that serve as peer mentors. Join us to learn more about and how you can be eligible to win Beats by Dre Wireless Headphones or a \$25 gift card to Dutch Bros! (*Hint: only students who start by attending this session will be eligible to win the Beats*)

Monday



9/18

Monday

9/18

[more new to WOU events]

So You Want to be a Nurse? **2:45-3:45pm, WUC Columbia Room**

Interested in becoming a Nurse? Then attend this dynamic session about the pathways to a career as a registered nurse. Join staff from the Academic Advising and Learning Center and OHSU school of nursing to discuss the pre-Nursing program at WOU and the various pathways to this in demand but competitive field.



Get PAID to be a Note taker! **2:45-3:45pm, HL 108**

Do you take excellent notes? Do you want to be paid for your notes? If so, attend this session to learn how you can be paid to be a note taker in your classes! The Office of Disability Services (ODS) hires over 200 note takers per term to take notes in the classes they are enrolled in. Sign up to be a note taker and earn money at the end of the term. ODS will also give you pointers on how to take better notes! Join in and earn some spending money!



WOU Community Internship Program

4:00-5:00pm, WUC Santiam Room

WOU offers a number of internship resources and opportunities, including our very own on-campus paid internship program. This program is open to all students and is a perfect first step into the professional world. Come learn how you can get involved and become career ready through an internship at WOU.



How to Succeed in Math and Science

4:00-5:00pm, Ackerman 139

Math and science classes are challenging. Faculty members from these departments want you to do well in these courses and invite you to hear tips and learn about techniques that are proven to help students succeed. All students at Western must take at least three laboratory science courses. We welcome students who plan to major in math and sciences and students who plan to major in other disciplines but want to do well in their core curriculum required courses.



SEP TRIO Orientation

4:00-5:00pm, Ackerman 141

Welcome to the Student Enrichment Program. During this session, we're going to get to know each other better and learn about how SEP can support you in getting that degree quickly and inexpensively. This session is presented multiple times, and is required for students who have been accepted to the Student Enrichment Program - TRIO.

This session will be repeated

Finding Your Way at WOU: OrgSync

4:00-5:00pm, HL 108

This presentation will introduce you to OrgSync and its role as a tool to help you find events on campus, connect you with clubs, communicate with organization members, and more! Be sure to check this out to get the most out of your first year at WOU!



Honors Program Orientation

4:00-5:00pm, ITC 211

Inaugural meeting for the entire incoming Honors class: meet everyone, get any lingering questions answered, annual overview, schedule changes (if needed), and class photo.

Degree Works: Understanding Your Degree Audit

4:00-5:00pm, WUC Willamette Room

Degree Works, the audit system that is used here at Western Oregon University, is new to most faculty, staff, and new freshmen. If you are working on earning a degree then you need to learn how to read your degree audit. We will explain some of the more common questions, along with examples, and how to run what-if's - which is how you can see what it would look like if you changed your degree.

This session will be repeated



Navigating College as a Student-Veteran

4:00pm-5:00pm, WUC Calapooia Room

As a student-veteran, your unique experiences add a diverse dynamic to your classes. The Western Oregon University Veterans Resource Center is a place where student-veterans from similar backgrounds come together and support one another. At this session, we will talk about the realities of what it is like to be a student-veteran and learn about the resources that are available at WOU from our Veterans Services Coordinator.

Go Get a JOB!

4:00-5:00pm, WUC Columbia Room

Need a job? Want to gain some experience? How about some extra cash in your pocket? Come find out how to do all of this in one easy session! Learn how to navigate Woflink, and why it's important to use your work study award! I can help you become a better employee in one simple session!!!

This session will be repeated



[more new to WOU events]

Monday

HIGHLIGHTED EVENT

WELCOME TO MONMOUTH & INDEPENDENCE CELEBRATION

5:00-7:00pm, The Grove
(Rain Backup, WUC)

Come join us in the Grove for booths featuring local businesses with tons of free giveaways for students, a prize raffle, and a FREE BBQ! Sponsored by University Housing, the Monmouth-Independence Chamber of Commerce, and Student Engagement.

HIGHLIGHTED EVENTS

THE DATING DOCTOR IS IN!

7:00-8:30pm, NPE Gym

Looking for some new pick-up lines? Odds are, the Dating Doctor knows them all! This is often rated the “favorite” program of New Student Week! Come to this fun and enlightening session about dating and relationships. David Coleman is known nationwide as “The Dating Doctor™!” He has been honored 14 times as The National Speaker of the Year— 11 times by Campus Activities Magazine and 3 times by The National Association for Campus Activities. He recently won Entertainer of the Year! He is a highly sought after speaker, author, entertainer, radio, and television personality—this is one event you don’t want to miss!

New Student Week Dance

9:00pm-12:00am, WUC Pacific Room

This is a night you won’t want to miss! Come dance and win prizes at this fun event! The dance is \$3 for on- campus students and \$5 for off-campus.

Don’t Forget to follow PLUS TEAM on twitter for frequent updates and information!

twitter.com/WOUPLUSteamNSW

Don't forget to attend the Student Orgs. Fair and Activities Fair this Wednesday at 11am in the Grove to learn more about clubs and events on campus!

#WHERE SWOLFIE?

Off-Campus Sign-up for Prof. Chat!

All off-campus students who would like to go to Prof. Chat on Thursday need to email Laura Welch at welchl@mail.wou.edu by 5:00pm on Tuesday to reserve a spot.

9/18

[WOU daily sessions]

New Student Week Information Booth

8:00am-1:30pm , 4:15-5:30pm

WUC 2nd floor

Questions? This is the place where you can have all of your questions answered! You can also sign up for the variety show and get more information about joining PLUS Team 2018!

WOU ID Cards

10:00am-2:00pm, WUC 2nd Floor

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacements will be issued for \$15.

Health and Wellness Center

11:00am-7:00pm, HWC

Grab a friend and come down to the HWC for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Lap swim will be from 11:00am-1:00pm.

Residential Computer Support

11:00am-7:00pm, RSC North Side of Valsetz

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

[new to WOU daily events]

Discover Leadership

9:00-10:00, WUC Santiam Room

Discover Leadership is a program designed to help students further their leadership abilities in a variety of fun ways. In this session individuals will gain knowledge about what sort of skills will be enhanced during the duration of the program.



Why Study Abroad?: Ten Good Reasons

9:00-10:00am, Ackerman 141

Students can learn about all the study abroad opportunities at Western. They will see how study abroad fits into their academic program and their career.



SPEAK Up!

9:00-10:00am, WUC Calapooia Room

SPEAK (Student Promoting Equity Activism and Knowledge) is a WOU club that gives students opportunities to become aware of issues related to equity and non-violence (locally and globally), inspire their peers, and change our culture and community for the better - all while having a great time with fantastic people! At this session you will visit with current SPEAK members, hear about past events and programs, and learn how to get involved.



Roommates & Relationships

9:00-10:00am, WUC Columbia Room

For many students, living with someone or in a shared community can be a new experience. Know that you are not alone, and that even if your roommate seems different from you, there are many ways to make the relationship work! This presentation will give you tips and tools to open communication, set boundaries for each other, and open up so that this experience can be a great one!



This session will be repeated

Things You Need to Know About WOU Public Safety

9:00-10:00am, Ackerman 139

Staff from Public Safety will talk to you about the services we provide such as vehicle assists, self-defense classes, CPR/first aid/AED training, and the escort program just to name a few. We will discuss how to register your bike with us, and the alcohol, tobacco, and drug policies on campus. We will also talk about parking enforcement on campus.

This session will be repeated



Big City to Small Town - PLUS Team Panel

10:15-11:15am, Ackerman 139

Join a panel of PLUS Team members from larger cities to learn the ins and outs of adjusting to small town life here in Monmouth! They'll talk about differences, but also about what there is to do and where to hang out in town. Bring your questions to this student led session!



Introduction to Moodle

10:15-11:15am, Ackerman 141

Moodle is the Learning Management System (LMS) we use at WOU. Online and Hybrid courses are delivered via Moodle, and many faculty use Moodle for face-to-face classes as well. Come to this session to learn the basics of Moodle---what it is, how to use it, what to expect, and where to look for help. ***This session will be repeated***



Leaving Your Legacy at WOU

10:15-11:15am, WUC Calapooia Room

Want to leave a legacy? Or just looking for a way to make some connections on campus? Then join us to talk about how to get involved on campus ranging from student clubs and organizations, leadership opportunities, on campus jobs, and other activities that will be sure to leave your mark on campus and also increase your success as a student!

This session will be repeated



[new to WOU events]

Tuesday

How to Overcome Test Anxiety

10:15-11:15am, WUC Columbia Room

This session will help you better prepare for tests and provide some tips and techniques to help you be more successful in managing those worries. This a great session to gain some skills to help you with academics and providing new ways of thinking about tests.



The WUC Offers Many Things

10:15-11:15am, WUC Santiam Room

This session delves into all the things the WUC can help students with. Learn how to send faxes, where the ATM's are, where you can get food, and how to reserve a room. We will also cover the valuable resources housed here like the Bookstore, Service Learning & Career Development and much more. We hope to see you at this session!



Learn About the Student Activities Board

11:30am-12:30pm, Ackerman 139

The Student Activities Board (SAB) is a volunteer-based, event planning student organization that puts on high-quality events and activities for all students at WOU. Come learn about some of the amazing events we have planned, get to know our energetic team, and learn how you can become a part of SAB!



This session will be repeated

How Can I Keep from Singing? Choir Opportunities at WOU

11:30am-12:30pm, Ackerman 141

Keep your love of singing and choirs going while you are at Western. You can have a nice outlet from studies and meet a great bunch of people. You don't have to be a music major or minor to participate. Give it a try!

LGBT*Q+ Student Orientation

11:30am-12:30pm, WUC Calapooia Room

This session is for lesbian, gay, bisexual, pansexual, trans*, queer, genderqueer, nonbinary, questioning, asexual and straight/cis ally students new to WOU. Join us and meet new people while learning about available resources, helpful hints, and networking on campus. Also be introduced to important campus resources, tools, programs and activities, such as the WOU Safe Zone program, Stonewall Center and Triangle Alliance, as well as to staff, faculty and engaged students.

Getting Involved in WOU Theatre

11:30-12:30pm, Rice Auditorium Lobby

WOU Theatre provides many opportunities for students to act in plays and musicals, build sets and costumes and control lights and sound. This session will acquaint students with opportunities to get involved and how to become a theatre major.



Successfully Transitioning to College

11:30am-12:30pm, WUC Santiam Room

New people, a new school, lots of responsibility and FREEDOM! Join us to learn what pitfalls to avoid, and about helpful tools to help you make a smooth transition to college- physically, mentally, and socially.



Career Pathways in Natural Resource Management, Environmental

Protection and Geospatial Technology

12:45-1:45pm, Ackerman 139

This session will provide an overview of career pathways in Natural Resource Management, Environmental Protection and Geospatial Technology. Join faculty from the Earth Science program for a 1 hour presentation to learn more about our local environment and educational opportunities.



How to Prevent Those Deadlines From Passing You By

12:45-1:45pm, Ackerman 141

In this workshop, we are going to explore ways to keep yourself more organized so you can maximize your time and find the balance between school, friends and all of the other things involved with being a college student.



Abby's House: A Resource for Any Time

12:45-1:45pm, WUC Calapooia Room

Abby's House is a resource and referral center available to persons of any gender. Our mission is to provide the WOU community with educational programming, information, and referral services designed to promote equity and non-violence. We embrace a feminist model that empowers all people to actively stand against all forms of violence, harassment, verbal abuse, discrimination, and hatred. At this session you will visit Abby's House, learn about our history, and learn about the services and programs we offer. You will meet some of the advocates who work at Abby's House and find out about our upcoming events and activities. Join us and learn how you can get involved with Abby's House!



9/19

[new to WOU events]

Oh The Places You'll Go: On-Track Information Session

12:45-1:45pm, WUC Columbia Room

The On-Track program provided by the Multicultural Student Services and Programs office is designed to support first generation and/or culturally underrepresented students during their time at Western Oregon University. Stop by to learn more about how to stay ON TRACK!!

This session will be repeated

Taking Care of Your Health and Wellness at WOU

12:45-1:45pm, WUC SantiamRoom

Come get a tour of our NEW Health and Counseling Center! We are here to keep you feeling healthy and productive while you are here at school. This session will introduce you to our services: medical, counseling, wellness education and meet some of our staff. This session will introduce our services, inform you on how to access them, and answer any questions you may have.

This session will be repeated



How to Get Good Grades in College

4:15-5:15pm, WUC Santiam Room

This session is designed to provide students with information regarding how to be a successful student during college. Being organized, managing your time, and reducing test anxiety are just a few of the areas discussed in this session. Areas related to academics where students often struggle the most during their first year in college will also be discussed. Lastly, we will review the differences between high school and college and how students can successfully make the academic transition.

This session will be repeated



WouTV Digital Production Services

4:15-5:15pm, ITC 004

Take a tour of the Digital Production studio and find out if you'd like to be a part of the WouTV student production crew for athletics and other live campus events.



What the WOU Library Can do for You

4:15-5:15pm, Ackerman 139

The library is about more than just books! (Although we have those too.) Come learn how to get help with your writing, math, or English skills, how we can help with your research papers, how to reserve the perfect study room during finals before everyone else gets to it, how to find a good book to read when you have some downtime, and much more. We'll play a game (with prizes) and there will be candy!

This session will be repeated



MANDATORY SESSIONS

TOTO, WE'RE NOT IN KANSAS ANYMORE

2:00-4:00pm, NPE Gym

We are caught in times of political correctness, where "saying" the right things is worlds away from "doing" the right things. Considered one of the most inclusive sessions on diversity, participants will explore race, gender, sexual orientation, age, socio-economic class, religion, ability, and size discrimination in an interactive format. By using this approach, groups can build coalitions—not blame—when they never realized they had so much in common with one another.

Where are the Greeks?

4:15-5:15pm, WUC Columbia Room

Interested in joining one of WOU's fraternities and sororities, but not sure how? This session will give you all the answers from current members. Learn how WOU Greek Life gives back to campus and the community, creates life-long friendships, and provides invaluable leadership opportunities!



Spiritual Life in College

4:15-5:15pm, WUC Calapooia Room

What does spirituality look like for the modern college student? How can maintaining a healthy balance between Mind, Body, and Spirit help me to reach my goals? Can people experience spirituality in different ways and still find common ground and compassion for others? Come and discuss these questions and more in a relaxed, interactive setting where everyone is welcome.

Cultural Connections/Keynote & Dinner: Success is a Journey, Not a Destination!

5:30-7:00pm, WUC Pacific Room

Join us for this inspiring, life-changing story from **Roy Juarez Jr.**, CEO of IMPACTtruth, Inc. Once a homeless teenager, Juarez fought the battle to leave the streets, only to return to them after becoming a graduate of Hardin-Simmons University with the drive to inspire others. On his current national tour - **Rescuing Our Youth - IMPACT Tour** - Roy Juarez will live homeless once again as he travels the country with a goal of inspiring over 100,000 youth, parents and educators to never give up on life, their dreams and understand the value of a higher education. Don't miss his stop here in Monmouth!

Limited seats are available for this event - If you did not reserve your spot by September 11th, you can call 503-838-8737 or check in at the door 30 minutes prior to the beginning of the event to find out if there are any seats still available.

*NOTE: Everyone is welcome, however **Diversity Scholars** and **Bilingual Teacher Scholars** are required to attend.*

[new to WOU events]

Tuesday

HIGHLIGHTED EVENTS

IT IS TIME TO PLAY!

7:00-9:30pm, HWC

Interested in Campus Recreation's Intramurals, Club Sports, Fitness classes, Aquatic Center or Outdoor Rentals and Programs? Have some free time this evening? Grab a friend and come down to the Health and Wellness Center for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Want to sign-up for the Homecoming Powder Puff flag football game or Powder Tuff volleyball game? Don't miss out on the Zumba Party! You've seen the Climbing Wall, now get the chance to see what four stories looks like tied to a rope. Ever played water volleyball? Try it, you might like it. Want to play pickle ball, badminton, volleyball we've got it! Looking for something else? Stop by the photo booth, play mini games, win prizes, and much more!

HYPNOTIST: Christopher Pemberton

10:00-11:00pm, NPE

Join Christopher Pemberton, a hypnotist that will GLADLY take volunteers on stage to hypnotize. Come check out this fun event where you become the star of the show! This hilarious show, that will keep you laughing through the entire night.

DON'T FORGET TO SIGN UP FOR THE VARIETY SHOW AUDITIONS!

Auditions are tomorrow (Wednesday) at 11 in the WUC Pacific Room, but you can sign up in advance at the PLUS Team Info Booth, the Info Desk on the 2nd floor of the WUC, or with your PLUS Team member.



Going to the Health and Wellness Center?

Don't forget to grab your Student ID Card and fill out the Campus Assumption of Risk Form located on your Portal!

Don't forget to follow your WOU Plus Team on Social Media!

Snapchat: wouplusteam
Facebook: WOU Plus Team
Instagram: wou.plusteam

#WHERE SWOLFIE

9/19

[WOU daily sessions]

New Student Week Information Booth

8:00am-1:30pm

WUC 2nd floor

Questions about New Student Week? This is the place where you can have all of your questions answered! You can also sign up for the variety show and get more information about joining PLUS Team 2018!

WUC Food Hours

7:30am-1:00pm, Allegro

11:00am-1:00pm, Wolf Grill

Closed, Deli

Looking to grab something to eat? Stop on by the WUC for a variety of food options!

Health and Wellness Center

11:00am-7:00pm, HWC

Grab a friend and come down to the HWC for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Lap swim will be from 11:00am-1:00pm.

Residential Computer Support

11:00am-7:00pm, RSC North Side of Valsetz

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

[new to WOU daily events]

You Want Me To Read What?

9:00-10:00am, Ackerman 141

Everything you need to know about scholarly literature: what it is, why we read it in college, how to read and understand it, and how to use it for your class assignments. The amount and type of reading you will get in college can be overwhelming. Come to this session to learn insider tips for how to read smarter, not harder, and how this reading can help you succeed in your classes.



Staying Balanced at College

9:00-10:00am, Ackerman 139

Starting now, your college "Choose Your Own Adventure" has begun. You will be faced with a number of choices about your health, diet, sleep, and time management. Our Wellness Educators will help you come up with options and strategies that will assist you in staying healthy and balanced.



Be a Wolf and Lead the Pack

9:00-10:00am, WUC Calapooia Room

Now that you are part of our wolf pack, the Associated Students of Western Oregon University (ASWOU) is at your service. This informative presentation explains the benefits of involvement, and how to dive into student life. Learn about ASWOU, our internship program, clubs and organizations, leadership development opportunities, and get ideas on how to get involved in fun, meaningful ways at WOU!

This session will be repeated



First Year Writing Placement Challenge Exam

9:00-10:00am, HL 108

The Writing Placement Challenge Exam gives eligible students the opportunity to challenge their placements into WR 115 or WR 122. The student will write an argumentative essay during a 2-hour supervised session, addressing tasks similar to those encountered in first-year writing classes.

Introduction to Financial Aid

9:00-10:00am, WUC Columbia Room

This lecture will educate students on the financial aid processes at Western Oregon University. We will cover subjects like census date, requests students can make to change their aid package, fee remission awards, financial aid disbursement, concurrent enrollment and Satisfactory Academic Progress.

Learning to Relax and Manage Your Stress

9:00-10:00am, WUC Santiam Room

This workshop will help you come up with strategies to help manage your stress levels over the year, and take you through some techniques of relaxation that you may find helpful when you are feeling overwhelmed.



Student-led Library Tours– Where's Wolfie?

9:00-2:00pm, Library

Get the inside scoop on the library and how you can use it to your best advantage during your time at WOU. Tours of the library will be given throughout the week by students who work there. Bonus: Find Wolfie on your tour and take a selfie with him to enter to win prizes such as coffee gift cards, copy cards, and WOU swag.



Teacher Licensure Exam Preparation

10:15-11:15am, Ackerman 139

This session is strongly recommended for all new transfer students who plan to become licensed teachers. It includes important information about which exams to take, how much they cost, when/where to take them, and some specific preparation and test taking strategies.

[new to WOU events]

Wednesday

Moodle Prof Chat

10:15-11:15am, Ackerman 141

Meet with WOU faculty who teach online courses and ask them questions that may assist you in being a successful student in an online classroom. This session is more of a conversation with faculty who teach online classes. Strategies on how to be a successful student in an online class at WOU will be discussed. Please bring your questions for WOU's online faculty. We want to answer them!



The 49-minuet Budget-Saver

10:15-11:15am, WUC Columbia Room

In just 49 minutes, you can plan your finances for the next 4 years. Learn how to get (and keep) the best types of financial aid, how to read your student bill*, and how to plan for all your college expenses from books to burgers. *Bonus points if you bring a copy of your Wolf Web Account Summary.

This session will be repeated



Get PAID to be a Note taker

10:15-11:15am, HL 108

Do you take excellent notes? Do you want to be paid for your notes? If so, attend this session to learn how you can be paid to be a note taker in your classes! The Office of Disability Services (ODS) hires over 200 note takers per term to take notes in the classes they are enrolled in. Sign up to be a note taker and earn \$50 at the end of the term. That's \$50 for uploading notes that you are already taking! ODS will also give you pointers on how to take better notes! Join in and earn some spending money!



WOU Alternative Break Program: Service in Action

10:15-11:15am, WUC Santiam Room

Since 2004, more than 800 Wolves have volunteered in local and global communities through the WOU Alternative Break (AB) Program. Travel back in time with us to learn about where it all began and how you can be part of its future. This session will explore opportunities available to you to provide service and how to incorporate it into your college experience.



HIGHLIGHTED EVENTS

STUDENT ORGS. & ACTIVITIES FAIR

11:00am-12:30pm, Grove

(Rain back up - WUC 2nd floor)

Stop by and visit with student leaders about your interests in clubs, student organizations, special interest organizations, club sports, employment opportunities and even how to start a club. Remember, WOU has something for everyone!

VARIETY SHOW AUDITIONS

11:00am-1:00pm, WUC Pacific Room

Have a talent? Like to perform? We're looking for all acts--single or group! Sign up for your audition in the WUC, through OrgSync, or ask a PLUS Team member how to get signed up.

Mandatory rehearsal will be held on Thursday, Sept. 21st rom 5:30-7:30PM in the Pacific Room,

and an optional rehearsal with be held on Friday, Sept. 22nd, from 3:00-5:00PM in the Pacific Room as well. The Variety Show itself will take place on Saturday, Sept. 23rd at 6:00PM in the Pacific Room of the WUC. We can provide a piano, DI boxes, microphones, and all standard sound equipment. We do not have instrumental amps, or a drum kit, so please provide your own equipment if your act requires anything additional. It's your time to shine! Feel free to email jfreeman14@wou.edu or ask your PLUS Team member if you have any questions.

Acapella Club Auditions and Information

12:45-1:45pm, Ackerman 139

15 Miles West and Suspended (WOU's male and female acapella groups) are hosting an information session with optional auditions, impromptu performances, and everyone is invited! We're student led groups who simply love to sing and make music together. We've done shows with UO's On The Rocks, UO's Divisi, OSU's Outspoken, BYU's Vocal Point, and many more. There will be more audition opportunities next week so keep an eye out!

SEP TRIO Orientation

12:45-1:45pm, Ackerman 141

Welcome to the Student Enrichment Program. During this session, we're going to get to know each other better and learn about how SEP can support you in getting that degree quickly and inexpensively. This session is presented multiple times, and is required for students who have been accepted to the Student Enrichment Program - TRIO.

This session will be repeated

**Need a break? —
VOLLEYBALL IN THE GROVE
11:00am—1:00pm**

9/20

Cultural Connections: Where are all the Leaders?

12:45-1:45pm, WUC Columbia Room

Are you interested in finding out about leadership opportunities on campus? Are you interested in finding out which of those opportunities are paid positions? Are you looking to strengthen skills you can use in a future career? Well then, do we have the session for you! Join us to learn more about these opportunities and meet key individuals!

An Introduction to Critical Pedagogy (Critical Learning and Teaching)

12:45-1:45pm, WUC Santiam Room

This presentation is an introduction to the work of Paulo Freire and others who have developed a critical, alternative form of education that is dedicated to social justice issues. The goal is to raise a critical consciousness in students and motivate them to participate in various forms of community activism. Paulo wanted to use formal education as a means of helping to develop societies that were more humane, democratic, and egalitarian.

A.L.I.C.E. (Alert, Lockdown, Inform, Counter, Evacuate)

12:45-1:45pm, Calapooia

Well known "lockdown" drills are outdated and ineffective to today's threats. A.L.I.C.E. teaches proactive options to increase survivability during active shooters/killers by empowering each person to make their own decision.



MANDATORY SESSIONS

SHOT OF REALITY

2:00-3:00pm, NPE

The perfect way to handle something as serious as alcohol safety is to interject humor blended into the helpful tips that will serve college students well. *Shot of Reality* has received ample praise for their shows as well as Campus Activities Magazine Reader's Choice Award "2013 Nominee Best Speaker." You will get to witness this engaging, improv comedy session that promises to be the most enjoyable way to get educated on alcohol awareness. Presented by the award-winning improv group Mission IMPROVable.

MANDATORY SESSIONS

Community Meeting #2

3:30-5:00pm, Residence Halls

This community meeting is an important opportunity to learn more about the residence hall community members you live with. Your RA will also be leading you through everything you need to know about living in a community at Western. This is a **REQUIRED** meeting for students who live on-campus.

Note:

Off Campus students can check out the services and get to know the resources in the Werner Center or check out the great facilities of the Health and Wellness Center.

HIGHLIGHTED EVENTS

WUC PREMIERE NIGHT

7:00-9:00pm Werner University Center

The Werner University Center's biggest night is here! Sponsored by Student Engagement, Student Activities Board (SAB), and Residence Hall Association (RHA), get started on "Tracking Wolfe" - where you can visit the offices and departments and discover all of the resources and opportunities available in the university center. As you visit each office you will get a stamp on your Wolf Tracks and earn Bingo cards to give you the opportunity to win some great prizes and gift packages courtesy of the Residence Hall Association! **Bingo will be starting at 7:30pm** and ending at 9:00pm in the WUC Summit. During the evening you'll be able to sample some food and drinks, engage in some activities like laser tag, airbrush tattooing, or create a caricature or photo memory with your new friends from New Student Week.

Magician: Nash Fung

9:00-10:00pm, Werner University Center

Looking for some more fun and entertainment? Brought to you by SAB, is a performer hailing from Seattle and performing all over the world, Nash Fung is an innovator in the field of magic who routinely creates never before seen illusions. Using a stunning mix of humor, magic and mind-reading, Nash mesmerizes audiences. Nash gained national exposure as a featured performer on Penn & Teller's Fool Us on the CW Network .

Tonight will be one of the highlights of your New Student Week experience!

[WOU daily sessions]

Thursday

New Student Week Information Booth

8:00am-1:30pm

WUC 2nd floor

Questions about New Student Week? This is the place for answers! You can also sign up for the variety show and get more information about joining PLUS Team 2018!

WUC Food Hours

7:30am-1:00pm, Allegro

11:00am-1:00pm, Wolf Grill

Closed, Deli

Looking to grab something to eat? Stop on by the WUC for a variety of food options!

Health and Wellness Center

11:00am-7:00pm, HWC

Grab a friend and come down to the HWC for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Lap swim will be from 11:00am-1:00pm.

Residential Computer Support

11:00am-7:00pm, RSC North Side of Valsetz

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

[new to WOU daily events]

Be a traveling Wolf - Study Away in North America

9:00-10:00am, Ackerman 139

Are you interested in a low-cost way to study out-of-state and earn WOU academic credit? Come to this session to find out about the National Student Exchange program which allows students to study away at another university in the United States, Canada, Puerto Rico, Guam, and US Virgin Islands. A great way to make your resume stand out!



Earn a Leadership Certificate

9:00-10:00am, WUC Santiam Room

Do you want to make the most out of your leadership experiences in college? Make your time at WOU the decade you develop as an impactful leader. The Leadership Certificate program is geared towards students who plan on exploring and dedicating time to leadership development at WOU. Come learn how you can intentionally get involved, connect with a campus mentor, and earn the Leadership Certificate.



SEP TRIO Orientation

9:00-10:00am, Ackerman 141

Welcome to the Student Enrichment Program. During this session, we're going to get to know each other better and learn about how SEP can support you in getting that degree quickly and inexpensively. This session is presented multiple times, and is required for students who have been accepted to the Student Enrichment Program - TRIO.

Time Travel: Through the history of study abroad

9:00-10:00am, WUC Columbia Room

Study abroad or participate in an international internship or a service learning project and expand your global awareness while earning WOU credits. Choose from over 140 programs around the world. WOU financial aid may be available to help fund your program, and there are many scholarships for which students can apply. Learn some fun facts about the history of study abroad during this session!



MANDATORY SESSIONS

PROF. CHAT

10:00am-12:00pm, Residence Halls

This is a unique opportunity to meet a Western professor before classes even begin! You will be able to see what faculty members are like outside of the classroom as they share about themselves and what they expect from the students enrolled in their classes. Do not miss your chance to get the inside information about how to succeed academically at Western. Residence hall students should talk to your RA about your meeting time and location. Any off campus student who would like to participate needs to email Laura Welch at welchl@mail.wou.edu by 5:00pm on Tuesday to reserve a spot.

**Professor Chats happen right
after these sessions at
10am in your hall,
so hurry back afterward.**

Oh The Places You'll Go: On-Track Information Session

12:30-1:30pm, Ackerman 139

The On-Track program provided by the Multicultural Student Services and Programs office is designed to support first generation and/or culturally underrepresented students during their time at Western Oregon University. Stop by to learn more about how to stay ON TRACK!!

9/21

[new to WOU events]

Thursday

9/21

Hall Government: A Timeless Involvement

12:30-1:30pm, Ackerman 141

Welcome to WOU! Wondering how you can get involved in your residence hall community? Love planning events and representing your peers? Want to meet friends for life? Want to open future leadership doors here on campus? Come on down to learn more about Hall Government and how it can help you achieve your goals.



Playing Intramural and Club Sports at WOU

12:30-1:30pm, HL 108

Intramural and Club Sports are a great way to meet new people, be active and scratch that competitive itch! Come to this session to learn the differences between Intramural and Club Sports and for information on how to join each.



Go get a JOB!

12:30-1:30pm, WUC Columbia Room

Need a job? Want to gain some experience? How about some extra cash in your pocket? Come find out how to do all of this in one easy session! Learn how to navigate WolfLink, and why it's important to use your work study award! I can help you become a better employee in one simple session!!!



WOLF Ride: WOU Safe Ride Program

12:30-1:30pm, WUC Santiam Room

WOLF Ride is a complimentary shuttle service for WOU students who would otherwise walk alone at night. Information about how to use this free service in the Monmouth and Independence area will be presented.



Adventure Time!

Want to go on a fun adventure with all your brand new Western friends? Then sign up for the Portland Excursion for Sunday, the 24th! Check out the Portland zoo and then head on over to roam around at the Sunday market. This is a fun get-away that you will not want to miss! So head on over to the RSC (Residential Service Center) to get signed up.

Interested in Community Service?

Serve alongside WOU students in our local community. This is a great way to meet other new students interested in volunteering. Sign-up on WolfLink, through your Portal, to secure your spot. We'll meet at the Werner University Center Plaza at 1:30 pm on Friday and depart for the volunteer sites.

MANDATORY SESSION

Green Dot's Making Moments Matter Featuring Tim Mousseau: Reframing the Sexual Assault Conversation

2:00-4:00pm, NPE Gym

It only took one letter to redefine Tim's life forever. With a photograph and a few accompanying words, Tim was faced with the evidence of an experience he had no memory of – he discovered he was a victim of sexual assault. Not only did he have to come to grips with this new reality, but he also had to face the nightmare of being stalked and blackmailed. The next two years of his life were a struggle of mixed emotions and coping mechanisms, but over time he came to realize something—this was his story to tell, and by telling it, he could take ownership of it.

After years of silence, Tim wrote about his experience, and thousands read about his secret. He wasn't prepared for the response – he heard back from hundreds. By opening up the conversation on this sensitive topic, he discovered he had the power to redefine his outlook and made it his mission to empower others to do the same.

If you would like a weekly text throughout the year letting you know about all the weekend activities on campus, text "wouwknd" to 71441.

[new to WOU events]

Thursday

9/21

HIGHLIGHTED EVENTS

CULTURAL CONNECTIONS

Is Wolfie at MSU?: MSU BBQ & Volleyball

4:00-6:00pm, The Grove

(Rain Backup, WUC Summit)

The Multicultural Student Union is one of the most active and influential student organizations on campus. Whether it's with their Dia de los Muertos Altar, the Annual Powwow, the Women of Culture Celebration, the African American Awareness Celebration, the Out and Proud program or their Nuestra Fiesta Latina program, MSU continues to make significant contributions to the Western Oregon University campus. Join us for some free food (steak and chicken tortas!), music, activities (volleyball) and the opportunity to meet and mingle with the MSU (Multicultural Student Union) Executive Board and the MCRs (Multicultural Representatives).

HIGHLIGHTED EVENTS

LGBT*Q+ SOCIAL

6:00-8:00pm, WUC Columbia Room

Come meet other Lesbian, Gay, Bisexual, Transgender, and Queer students! There will be activities, light refreshments, and fun people. Hosted by WOU's LGBT*Q+ student organization: Triangle Alliance.

WOU Volleyball Game

7:00pm, New PE Gym

Come support your fellow Wolves in a battle against Northwest Nazarene! It is the first match of the season and you don't want to miss it!

DRIVE-IN MOVIE & HORSE RACING

8:30-11:00pm, Parking Lot H

(Rain Back Up, WUC Pacific Room)

Bring your blankets and sleeping bags to watch "Back to the Future". The movie will be shown on a giant drive-in screen! Come grab some popcorn from our booths and place your "bets" on video horse-racing

VARIETY SHOW REHEARSAL

5:30-7:30pm, WUC Pacific Room

Today's rehearsal is mandatory, but Friday's is optional. Equipment that will be provided: microphones, piano, and a DI box (to plug guitars into an amp, etc.). We do not have Mac adapters. Please bring any additional equipment you may need.

Campus Recreation offers FREE fitness classes each term in the Health and Wellness Center. Come check it out and join the fun!

Reminder: If you are performing in the Variety Show REHEARSAL TODAY IS Mandatory!

Another optional rehearsal takes place tomorrow.

Want to learn more about events on campus?

Check out the Orgsync icon located in the top right corner of you portal for more information about clubs and events on campus!

#howlaboutit

Friday

[WOU daily sessions]

New Student Week Information Booth

9:30am—3:00pm

WUC 2nd floor

Questions about New Student Week? This is the place where you can have all of your questions answered! You can also get more information about joining PLUS Team 2018!

WUC Food Hours

7:30am-1:00pm, Allegro

11:00am-1:00pm, Wolf Grill

Closed, Deli

Looking to grab something to eat? Stop on by the WUC for a variety of food options!

Health and Wellness Center

11:00am-7:00pm, HWC

Grab a friend and come down to the HWC for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Lap swim will be from 11:00am-1:00pm.

Residential Computer Support

11:00am-7:00pm, RSC North Side of Valsetz

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

MANDATORY SESSIONS

FEE PAYMENT FOR NEW STUDENTS

8:30am-5:00pm, Cashiers Office, Administration Building

Avoid the lines and rush-pay for Fall Term classes today! Be prepared to show a photo ID (WOU ID, driver's license, etc.) Avoid a late fee by going today!

[new to WOU daily events]

HIGHLIGHTED EVENTS

New Student Sunrise

6:30-8:00am, Football Stadium

Join your peers for this **NEW** Western tradition! Watch the sun rise on your WOU experience and reflect on everything you want to accomplish. Hear from President Fuller and enjoy coffee courtesy of Pastega Coffee Roasters. The traditional **Signing of the New Student Week** will take place immediately after. You won't want to miss out on these WOU traditions!

The Movement Grows With Your

Arrival: MEChA 101

10:00-11:00am, Ackerman 141

Movimiento Estudiantil Chicano de Aztlán (MEChA) is a student organization that promotes higher education, cultura (culture), and historia (history). This session you will learn what MEChA is about and how YOU can help the movement grow. Come join us mi gente!



Solving Hunger - One Wolf at a Time

10:00-11:00am, WUC Santiam Room

With over 50% of our campus not knowing where their next meal will come from, we have a desperate need to help feed our fellow wolves. Come and learn about the WOU Food Pantry and how you can aid in or partake in this great service to make sure every wolf has a meal to eat.



Why Study Abroad?: Ten Good Reasons.

10:00-11:00am, Ackerman 139

Students can learn about all the study abroad opportunities at Western. They will see how study abroad fits into their academic program and their career.



Roommates & Relationships

10:00-11:00am, WUC Columbia Room

For many students, living with someone or in a shared community can be a new experience. Know that you are not alone, and that even if your roommate seems different from you, there are many ways to make the relationship work!



Cultural Connections: Kickback Brunch

10:00-11:30am, WUC Pacific Room

Join us for Brunch (french toast and more!) and an opportunity to connect with current student leaders of cultural groups on campus. The drawings for the Cultural Connections Program prizes will be at the end of this session: Beats by Dre Wireless Headphones and a \$25 Gift Certificate to Dutch Brothers. Limited seats are available for this event. If you did not reserve your spot by picking up a VIP Pass at a previous Cultural Connections Session, Limited seats are available for this event. If you did not reserve your spot at a previous Cultural Connections session, you can call 503-838-8737 or you can register at the door 30 minutes prior to the beginning of the event to find out if there are any seats still available.



9/22

HIGHLIGHTED EVENTS

WORK STUDY FAIR

10:00am-2:00pm, WUC Willamette Room

Have you been awarded work study? Are you looking for a part time job in the community? How about some volunteer work to keep up the good deeds you've already been doing stop by the Opportunity Fair to find out what kinds of opportunities wait for you!

Introduction to Moodle

11:15am-12:15pm, Ackerman 141

Moodle is the Learning Management System (LMS) we use at WOU. Online and Hybrid courses are delivered via Moodle, and many faculty use Moodle for face-to-face classes as well. Come to this session to learn the basics of Moodle---what it is, how to use it, what to expect, and where to look for help.

Meet the Greeks!

11:15am-12:15pm, WUC Columbia Room

Come socialize with members from all of WOU's fraternities and sororities and learn more about these amazing organizations! Members from Alpha Chi Omega, Kappa Delta Chi, Kappa Sigma, and Omega Delta Phi will be there to answer all your questions.

Degree Works: Understanding Your Degree Audit

11:15am-12:15pm, HL 108

Degree Works, the audit system that is used here at Western Oregon University, is new to most faculty, staff, and new freshmen. If you are working on earning a degree, then you need to learn how to read your degree audit.

Successfully Transitioning to College

11:15am-12:15pm, WUC Santiam Room

New people, a new school, lots of responsibility and FREEDOM! Join us to learn what pitfalls to avoid, and about helpful tools to help you make a smooth transition to college-physically, mentally, and socially.

Things you need to know about WOU Public Safety

11:15am-12:15pm, Ackerman 139

Staff from Public Safety will talk to you about the services we provide such as vehicle assists, self-defense classes, CPR/first aid/AED training, and the escort program. We will discuss how to register your bike with us, and the alcohol, tobacco, and drug policies on campus.

Need a break?

VOLLEYBALL IN THE GROVE
12:00—2:00pm

Leaving Your Legacy at WOU

12:30-1:30pm, WUC Calapooia Room

Join us to talk about how to get involved on campus ranging from student clubs and organizations, leadership opportunities, on campus jobs, and other activities that will be sure to leave your mark on campus and also increase your success as a student!

How to Prevent Those Deadlines from Passing You By

12:30-1:30pm, Ackerman 141

In this workshop, we are going to explore ways to keep yourself more organized so you can maximize your time and find the balance between school, friends and all of the other things involved with being a college student.

How To Get Good Grades In College

12:30-1:30pm, WUC Columbia Room

This session is designed to provide students with information regarding how to be a successful student during college. Being organized, managing your time, and reducing test anxiety are just a few of the areas discussed in this session. Areas related to academics where students often struggle the most during their first year in college will also be discussed.

Taking Care of Your Health and Wellness at WOU

12:30-1:30pm, WUC Santiam Room

Come get a tour of our NEW Health and Counseling Center! We are here to keep you feeling healthy and productive while you are here at school. This session will introduce you to our services: medical, counseling, wellness education and meet some of our staff. This session will introduce our services, inform you on how to access them, and answer any questions you may have.

What the WOU Library Can Do for You

12:30-1:30pm, Ackerman 139

The library is about more than just books! (Although we have those too.) Come learn how to get help with your writing, math, or English skills, how we can help with your research papers, how to reserve the perfect study room during finals before everyone else gets to it, how to find a good book to read when you have some downtime, and much more. We'll play a game (with prizes) and there will be candy!



[new to WOU events]

Friday

Introduction to Financial Aid

1:45-2:45pm, WUC Columbia Room

This lecture will educate students on the financial aid processes at Western Oregon University. We will cover subjects like census date, requests students can make to change their aid package, fee remission awards, financial aid disbursement, concurrent enrollment and Satisfactory Academic Progress.



Be a Wolf and Lead the Pack

1:45-2:45pm, WUC Calapooia Room

Now that you are part of our wolf pack, the Associated Students of Western Oregon University (ASWOU) is at your service. This informative presentation explains the benefits of involvement, and how to dive into student life. Learn about ASWOU, our internship program, clubs and organizations, leadership development opportunities, and get ideas on how to get involved in fun, meaningful ways at WOU!



The 49-minute Budget-Saver

1:45-2:45pm, Ackerman 141

In just 49 minutes, you can plan your finances for the next 4 years. Learn how to get (and keep) the best types of financial aid, how to read your student bill*, and how to plan for all your college expenses from books to burgers.

*Bonus points if you bring a copy of your Wolf Web Account Summary.



Playing Intramural and Club Sports at WOU

1:45-2:45pm, HL 108

Intramural and Club Sports are a great way to meet new people, be active and scratch that competitive itch! Come to this session to learn the differences between Intramural and Club Sports and for information on how to join each.



Learn About the Student Activities Board

1:45-2:45pm, Ackerman 139

The Student Activities Board (SAB) is a volunteer-based, event planning student organization that puts on high-quality events and activities for all students at WOU. Some of the few events we plan are Casino Night, Movie Nights, school wide giveaways, and Homecoming. Come learn about some of the amazing events we have planned, get to know our energetic team, and learn how you can become a part of SAB!



HIGHLIGHTED EVENTS

VARIETY SHOW REHEARSAL

3:00-5:00pm, WUC Pacific Room

For those that are participating in the New Student Week Variety Show Saturday, you are welcome to come to another rehearsal. Totally up to you!

FREEBIE FRIDAY: TRIVIA

3:00-4:00pm, WUC Summit

Freebie Friday is a program that occurs almost every Friday in the University Center during the academic year. The weekly program features free entertainment, free food, and discounts at WUC retail locations. You won't want to miss a single event. This week, come play Trivia, enjoy some refreshments, win prizes, and get your Freebie Friday rewards punch card!

GUESS WHO IS STRAIGHT?

6:30-8:00pm, WUC Columbia Room

Come and ask a panel of WOU students questions about anything EXCEPT their sexuality and see if you can pick out who is straight! The Stonewall Center Coordinator will facilitate a discussion on stereotypes and sexuality.

First Year Bar

8:00-11:00 pm, Heritage Ballroom

This is one party you won't want to miss! Come join the Peer Mentors in a party to welcome all of the new students to WOU! Don't miss the free mocktails, beer goggle challenge, dancing, lots of prizes, and tons of fun! You'll meet new people, bust a move, and maybe even take some information away that will help you when making decisions about alcohol! Bring your Student ID to get in for free if you live on campus! \$5 for off-campus students.

MIDNIGHT MOVIES AT INDEPENDENCE 8 CINEMAS

11:30pm-2:00am, Independence Cinemas

Bring your WOU ID and \$7 cash to get exclusive access to a blockbuster hit of your choice (including 3D)! Movies showing include IT, Lego Ninjago, Kingsman The Golden Circle, and Mother*! Independence Cinemas is located at:

450 S. 2nd Street in Independence.

Med soda & popcorn \$6.50 / Med icee & popcorn \$7.50

*Movies are subject to change.

** Wolf Ride shuttle will be available from Parking Lot H near Ackerman**

9/22

Saturday

Health and Wellness Center

10:00am-5:00pm, HWC

Grab a friend and come down to the HWC for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Open swim will be 11:00am-1:00pm.

Werner University Center Hours

10:00am-10:00pm, WUC

Come play pool, grab a snack, or just lounge around with your new friends!

HIGHLIGHTED EVENT

Football Game

1:00pm, Football Stadium

Come support your fellow Wolves and head on over to the stadium to watch a great game! The Wolves will be taking on Humboldt State - so cheer them on with all of your new friends!

Variety Show Rehearsals

2:00-4:00pm, WUC Pacific Room

Today is the last chance for any performers to practice! So stop on by to fine tune your skills! You can sign up to practice during Friday's session.

CRU Root Beer Mugger

3:00-6:00pm, The Grove

Join CRU for field games and root beer in the Grove! Music, fun, and friends!

HIGHLIGHTED EVENT

NEW STUDENT WEEK

VARIETY SHOW & VIDEO!

6:00-8:30pm, WUC Pacific Room

The excitement of New Student Week reaches a climax at the annual Variety Show! Come watch your friends, PLUS Team members, and others perform in the biggest talent event of the year! The variety show always promises to be an incredibly fun night, and one that is remembered and applauded throughout the year. There will be all types of performances put on by as diverse manor of students. People performing could be people you already know or a potential classmate, don't miss out on the opportunity to meet you future friends!

Resonate Church Movie

9:00-11:00pm, The Grove

Come hang out in the grove for a fun-filled night! Enjoy good company, a great atmosphere, free popcorn, and a fantastic movie. Invite your friends and stop on by!

HIGHLIGHTED EVENT

MOONLIGHT PANCAKES

9:00pm-11:00pm, Valsetz

Come hang out for a delicious late-night pancake breakfast. We will provide the pancakes and a variety of toppings from classics like butter and syrup to adventurous fruits and candies, and perhaps a few surprises as well. First 300 people will get tickets for a free pancake plate, then a small fee per plate after that.

Remember, sign-up for
the Sunday Portland
Excursion today by
5:00pm!

*Sign-up in the RSC. Payment for
the trips are required at sign up.*

**Did you love sports in High School?
Campus Recreation hosts a
variety of both Club and
Intramural Sports to compete in!**

Sign up at www.wou.edu/campusrec

#WOUNSW

9/23

Sunday

Sunday Service

10:00am-12:00pm, WUC Pacific Room

Meet fellow Christian students on campus and mingle with an amazing, local church community. Get a taste of what it would be like to attend church during college! The service will include worship and a message provided by a local church, with help from current students, staff, and alumni of WOU CRU. Food and fellowship will follow.

Community Workday

10:00am-1:00pm, Gentle House

Join the Friends of Gentle House, Gentle House Master Gardeners, the Monmouth/Independence Community & Western Oregon University students in maintaining the historic Gentle House on the WOU campus. Volunteers are needed to weed, edge and spread bark at the century-old home of Professor Gentle. Lunch will be provided for all volunteers!

WOU Excursion!

Gather your friends and take part in our exciting excursion! Space is limited, so sign up at the Residential Service Center (RSC) ASAP or come see us at Wednesday's Student Organization and Activities Fair. You must register by 5 pm on Friday; payment for the trip is required at sign up. Meet between Landers Hall and Heritage Hall at 8:45am. *Sponsored by University Housing Weekend Programming.*

Portland Sunday Market and Oregon Zoo—\$10/person

9:00am-5:00pm, Meet in Heritage Loop at 8:45am
We will be checking out the Oregon Zoo in the morning followed by a trip to the Portland Sunday Market in the afternoon. The trip cost covers admission to the zoo and transportation; make sure to bring extra money for food and shopping at the market!

WANT TO GET INVOLVED?

WOU's student government (ASWOU) has openings to serve on the Judicial Board, Senate, and the food pantry. If you want to help make a difference here at WOU or want more information please get in touch by emailing:
aswou@wou.edu

Discover Leadership

Still looking to get involved here on campus but don't know how? Apply for Discover Leadership and learn more about how to grow as a leader and learn about all the ways to get involved during your time at Western! Questions?
Contact: madrian14@wou.edu

WOU BI-MART NIGHT

Wednesday, September 27th! 9:00-11:00pm

Come to Bi-Mart and participate in WOU Night! There will be a live radio station DJ, GREAT prices just for the night, and free giveaways for WOU Students!
Transportation leaving from WUC Plaza—meet here for vans.

Looking for an on campus job?

Visit the "Wolflink" icon in the right hand corner of your Portal, or check in with the Career Service and Learning Development Center.

9/24

FUTURE EVENTS:

New Student Week is over...

But that doesn't mean that the fun needs to end! Check out all of these following fun festivities that will continue to provide good times throughout the school year!

RHA and Hall Government Presents:

Safe Halls - October, 31st

This is a fun filled and safe night for the community of Monmouth and students at Western to enjoy! Be on the lookout for how to get involved in this great event!

Look out for these fantastic events sponsored by our Student Activities Board!

Tie Die Your Whites– September 29th

Board Game Night– October 25th

Holiday Craft Night– November 29th

Welcome to WOU!

If you would like a weekly text letting you know about all the weekend activities on campus, text "wouwknnd" to 71441.

50th Annual Holiday Tree Lighting

- Enter a float in the annual parade
- Take pictures with Santa
- Enjoy hot chocolate
- Watch the tree light up with the rest of the Monmouth community!
- Cookie Competition

Check out this big Monmouth tradition on
December 1st!



WOU Athletics



WOLVES UNITE TO CHEER ON OUR TEAMS!

Don't miss out on these WOU Fall Games! (*Away games)

Volleyball

09/30/2017 at 7:00pm	vs	*Western Washington
10/03/2017 at 7:00pm	vs	*Concordia
10/07/2017 at 2:00pm	vs	Montana State Billings
10/12/2017 at 7:00pm	vs	Alaska
10/14/2017 at 7:00pm	vs	Alaska Anchorage
10/19/2017 at 7:00pm	vs	*Central Washington
10/21/2017 at 2:00pm	vs	*Northwest Nazarene
10/26/2017 at 7:00pm	vs	Western Washington

Women's Soccer

09/26/2017 at 3:00pm	vs	Concordia
09/30/2017 at 1:00pm	vs	Seattle Pacific
10/07/2017 at 11:00am	vs	*Central Washington
10/12/2017 at 2:00pm	vs	*Montana State Billings
10/19/2017 at 7:00pm	vs	*Concordia
10/21/2017 at 1:00pm	vs	Saint Martin's

Football

09/30/2017 at 6:00pm	vs	*Azusa Pacific
10/07/2017 at 1:00pm	vs	*Simon Fraser
10/14/2017 at 1:00pm	vs	Central Washington
10/21/2017 at 6:00pm	vs	*Humboldt State
11/04/2017 at 1:00pm	vs	Azusa Pacific
11/11/2017 at 1:00pm	vs	Simon Fraser

WOLF Ride

503.428.7238

Monday-Sunday | 5pm-12am | WOU's Safe Ride Program

The mission of the WOLF Ride: WOU's Safe Ride program is to provide a free and reliable shuttle service to students of Western Oregon University who would otherwise walk alone at night and risk their safety or possible assault. WOLF Ride will provide a safer environment for all students by increasing public awareness of our services and the dangers of assault.

Announcements: Service will begin Fall term 2017 on Monday, September 25. Students can call 503.428.7238 at any time to request a ride between the hours of 5:00pm and 11:00pm, Monday through Sunday. Ride requests are taken on a first come, first served basis (there is no "route"). There is only one van. WOLF Ride is equipped with a wheelchair lift. If you call prior to operating hours or the driver cannot take your call, please leave a message on the voicemail stating the following:

Your name

Location and destination at which you would like to be picked up/dropped off

The time you would like to be picked up

A number at which you can be reached (the driver will call to confirm your ride upon receipt of the message)

If you have questions regarding the WOLF Ride program (no ride requests), please call the Office of the Vice President for Student Affairs at 503.838.8221.

To request a ride, please call 503.428.7238.

You must be a current WOU student.

Rides are First Come, First Served



HOMECOMING

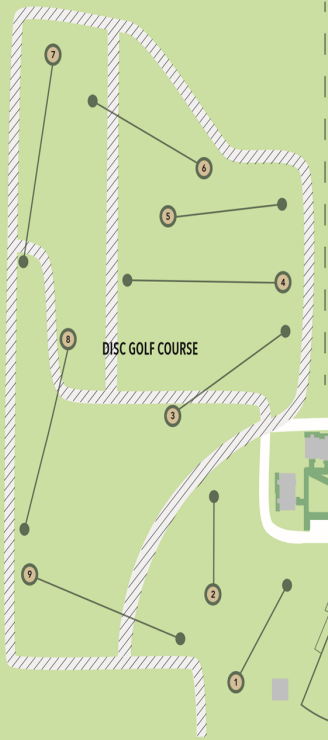
FEELS LIKE '97: TWENTY YEARS OF WOU!

October 30-November 4

Monday, October 30:	Homecoming Photo Booth Sixth Annual Fun Run Homecoming Carnival
Tuesday, October 31:	Dia de los Muertos Celebration hosted by MEChA 90's Scary Movie Marathon
Wednesday, November 1:	Homecoming Photo Booth Paint the Wolf Dia de los Muertos Celebration hosted by MSU
Thursday, November 2:	Paint the Town Red 90's Trivia Night Haunted House
Friday, November 3:	PowderPuff Tailgater PowderPuff Game Bonfire Pep Rally
Saturday, November 4:	Student Spirit Tailgate Homecoming Football Game Wolf Royalty Announcement



Western Oregon UNIVERSITY



DISC GOLF COURSE

ALDER VIEW TOWNHOUSES

ARBOR PARK APARTMENTS

UNIVERSITY PARK CONFERENCE CENTER

GENTLE HOUSE

S

GENTLE AVE.

VARITY SOFTBALL

INTRAMURAL TURF FIELD

SOCCER FIELD

VARITY BASEBALL

J

J LOOP

LANDERS HALL

BARNUM HALL

VALSETZ DINING HALL

GENTLE HALL

BUTLER HALL

ACKERMAN HALL

NEW P.E.

THE GROVE

CAMPUS PUBLIC SAFETY

TERRY HOUSE

STADIUM DR.

HERITAGE LP.

HERITAGE LP.

HERITAGE LP.

FACILITY SERVICES

STUDENT HEALTH & COUNSELING CENTER

WINTERS

MAASKE HALL

WERNER UNIVERSITY CENTER

O

FUTURE OF THE WOU WELCOME CENTER

RICHARD WOODCOCK EDUCATION CENTER

O

HAMERSLY LIBRARY

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WILLOW WAY

WINEGAR AVE.

One way

CHURCH ST.

One way

G



MCARTHUR STADIUM

STADIUM DR.

ADVISING CENTER

TODD HALL

COTTAGE

CAMPBELL HALL

MAPLE HALL

BELLAMY HALL

DEVOLDER FAMILY SCIENCE CENTER

PETER COURTNEY HEALTH & WELLNESS CENTER

OLD P.E.

NATURAL SCIENCES

AQUATIC CENTER

WEST HOUSE

ITC ANNEX

MODULAR CLASSROOMS

INSTRUCT. TECH. CENTER (ITC)

COMPUTING SERVICES

LIEVALLEN ADMIN.

SMITH MUSIC HALL

ACADEMIC PROGRAMS & SUPPORT CENTER

RICE AUDITORIUM

POWELL ST.

JACKSON ST.

WHITMAN ST.

COLLEGE ST.

MONMOUTH AVE. N.

WARREN ST.

LEGEND

- ACCESSIBLE (ADA) ENTRANCE
- DISABILITY PARKING
- EMERGENCY PHONE
- GENDER NEUTRAL RESTROOM
- LACTATION STATION
- ACCESSIBLE COMPUTERS
- OUTSIDE ELEVATOR TO 2ND FLOOR
- NO DISABILITY ACCESS ON SECOND FLOOR
- VIDEO PHONE

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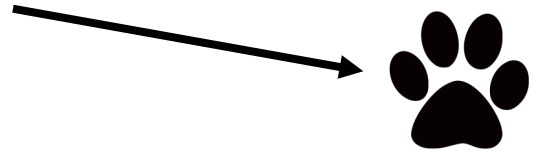
Where's Wolfie?

Help us find Wolfie using your "Wolf Tracks" postcard!

Turn the page to find your "Wolf Tracks" Postcard!

How the "Wolf Tracks" postcard works:

1. Make sure you put your name, building and RA's name on this page. If you live off-campus, please include your phone number.
2. Check your NSW program guide and look "Wolf Tracks" postcard sessions marked with a "Wolfie's Paw Print" icon
3. Attend these sessions and take your "Wolf Tracks" postcard (this page) with you.



A PLUS Team member will stamp your "Wolf Tracks" postcard at the end of each session.

4. Turn your "Wolf Tracks" postcard in to the WUC Information Desk OR the Residential Service Center Drop Box by FRIDAY, 9/22 at 5:00pm

5. Come to the NSW Variety Show on Saturday, 9/23 at 6pm in the WUC Pacific Room. Prizes will be awarded to the individuals with the most punches!

(Don't worry, there are random prizes too!)

Your Name: _____

E-mail: _____

Building/RA: _____

Phone: _____

Turn this page in to the box at the PLUS Team Info Desk or the RSC to win!

Transfer student?

Yes

No

Cut here to turn in! ↑



Wolf Tracks

One step closer to finding
Wolfie!

New Student Week 2017