

New Professional Development Workshop!

Difficult Conversations: Giving and Receiving Feedback

What is this workshop about?

In this workshop, we will explore tools and skills to create a culture of feedback. Throughout the workshop, we will identify best practices for having feedback conversations. In professional settings, we often compensate for work that's not being delivered 'right' or in the manner we hoped. Maybe we know the simple solution to a problem we're facing but are hesitant to speak up because we don't want to offend the other person this affects. The result is we continue with the status quo, and resentment may be quietly building to unproductive and unhealthy volumes.

What will you learn?

After this workshop, you will be able to:

- ✓ Identify dysfunctional communication practices
- ✓ Identify tools and skills needed to give or receive feedback.
- ✓ Adopt communication practices towards a more functional workplace.



<u>Sarah Sheldrick's</u> area of academic and practical work is in environmental science, conflict management, documentary filmmaking, and theater. In her work, she has met with a diverse group of stakeholders including, native tribes, city managers, farmers, ranchers, city council, state representatives. Sarah has spent her professional career focused on ethical and effective skills for oral and written communication. Sarah brings knowledge of conflict resolution, stakeholder engagement, and creative approaches to problem solving and collaborative governance.

This workshop can be customized to meet your organization's needs.

Check out our dates for scheduled workshops open to the public on our Professional

Development webpage.

Visit wou.edu/prodev for additional workshop and registration information!



Check out the rest of the workshops in the *Leadership Series*!

The **Leadership Series** is a <u>Professional Development Workshop</u> initiative of the <u>Organizational Leadership Master's Program</u>, featuring our talented Organizational Leadership faculty.

Workshops range in price depending on length and delivery modality.

Building Effective Teams

Most teams are comprised of smart, capable people. So why do some teams work, and other teams don't? The key to successful teamwork lies in building a strong foundation that effectively supports team processes such as communication, conflict management, and decision making. This workshop will help you identify, develop, maintain critical social forces such as trust, cohesion, and leadership that support effective teamwork.

Leadership Bootcamp

This workshop will help new and experienced leaders continue their development through intense personal feedback and reflection allowing leaders to develop the skills and competencies critical to success for new and mid-level leadership.

Critical Thinking for Leaders

Critical Thinking for Leaders is a two-session workshop that will help you develop critical thinking skills to simplify and solve complex organizational problems. Critical thinking is a process and a leadership skill that can be improved over time through training and experience. Through facilitated group discussions and complex organizational problem solving you will gain foundational knowledge of critical thinking concepts and principles; deepen your understanding of higher order thinking and Socratic questioning; practice critical thinking skills in simplifying and solving complex organizational problems; and develop the ability to lead problem solving workgroups.

For more information about each of these workshops, visit wou.edu/prodev today! We can't wait to have you join us!