

New Professional Development Workshop!

Cultural Competency Program

The *Cultural Competency Program (CCP)* is a social justice initiative of the <u>Western Restorative</u> and <u>Criminal Justice Research Center</u>. The CCP combines live instruction with online activities and interaction. The program teaches you how to enhance your cultural competence and become effective in interacting across cultures in our increasingly diverse world. Upon successful participation of the course, you will receive a certificate of completion.

What You Will Gain from This Program

The CCP is a journey toward heightened cultural self-awareness (discovery). This journey teaches you how to develop your cultural competency so you can effectively interact, communicate, and influence across cultures. The benefits of heightened self-awareness go beyond developing your cultural competence; they extend to many aspects of your life and will make it easier for you to engage with those having a different cultural background than yours.

Learning Cultural Competency:

- deepens your cultural self-awareness and understanding of bias, prejudice, discrimination, race, and racism
- enhances your ability to discuss and confront bias, prejudice, and racism
- offers a fact-based understanding of race and racism in America
- educates how to use your character strengths as a foundation for continued development as a culturally competent person

Program Faculty



Gregory M. Willeford has been a criminal justice professor since 2005, teaching in the U.S. and in SE Asia. Greg was formerly with the Oregon State Police as a trooper and eventually Deputy Superintendent. Greg has extensive government experience and has worked collaboratively within minority communities, Oregon tribal governments, and other nations on matters of public safety and education. In addition to being a university educator, Greg is a skilled facilitator and teaches others how to facilitate a program focusing on development of social-emotional learning skills within educational systems. Most of this work has been in collaboration with communities of color since 2008. Greg recently collaborated with local faith leaders to create and co-facilitate a year-long weekly discussion series on ending racism. (The Thursday Conversation Series 2020-2021). Greg earned his graduate degree in Public Administration from the Mark Hatfield School of Government, Portland State University.



Who Should Take This Program

Any person who wants to become culturally competent and increase their capacity of interacting effectively across cultures in an increasing diverse world. The CCP is for any person desiring a deeper training experience that allows for experiential learning tied to their daily lives and interaction with others. Persons working within the public service or in organizations experiencing an increase in diversity will find the CCP especially beneficial.

Key Things You Should Know Before Registering

Sessions & Homework: Due to the interactive and experiential design of the CCP, it is important participants attend the sessions and complete the assigned homework. This will be essential to getting the most out of the workshop experience and to receive a certificate of completion.

Required Materials: The CCP is writing intensive. You will complete a workbook (Discovery Journal) that reflects your rich ancestral, cultural, educational, and experiential heritage from which you emerged and that informs who you are now. The workbook will be provided digitally as part of the program. You will also receive a personal rank order inventory of your character strengths with the strengths that are most core to your identity emphasized. You will receive training on the use of character strengths in your life as a culturally competent person.

Technology: Requirements and utilization of technology will depend on delivery modality (e.g., in person, on Zoom, etc.) and may differ between customized and public workshop offerings.

Session Topics

- 1. Discovering: Your unique cultural lens
- 2. Discovering: Your unique cultural lens, continued
- 3. Understanding: Stereotype, Prejudice, Bias, and Discrimination
- 4. Leveling Up: Race & Racism in America
- 5. Learning: How to Talk About Race and Racism
- 6. Putting it All Together: Using a Strengths Based Approach

This workshop can be customized to meet your organization's needs.

Check out our dates for scheduled workshops open to the public on our Professional Development webpage.

Price depends on workshop length and delivery modality

For more information about the Cultural Competency Program visit: wou.edu/prodev