

Professional Activities 2007-2008

Faculty of the Health and Physical Education Division



Western Oregon University

**Division of Health and Physical Education
Professional Activities**

July 1, 2007 - June 30, 2008

Publications

Musmon, M., Welsh, K., Heath, F. L., Minton, S., Lavery, M. A., Maeshiba, N., Weeks, S., **Cardinal, M. K.**, Howton, A., & Tavacioglu, L. (2008). Dance specialists around the world: A living history. *Journal of Physical Education, Recreation, and Dance*, 79(4), 24-32.

Cardinal, M. K. (2008). Preventing dance injuries: Conditioning to overcome malalignments and muscular imbalances. *National Dance Association convention proceedings*. American Alliance for Health, Physical Education, Recreation and Dance Convention, Fort Worth, TX.

Caster, B., & Hautala, R. (2008). Changing our brains: Transforming a traditional view of scholarship and teaching. *International Journal for the Scholarship of Teaching and Learning*, 2(2).

Melton, D. & **Henderson, J.** (2007). Do public schools provide optimal support for children with diabetes? *Preventing Chronic Disease: Public Health Research, Practice and Policy*, 4(3), A78.

Pedersen, P.J. (2007). *American College Health Association-National College Health Assessment Survey: Executive Summary and Final Report*, Monmouth, OR: Western Oregon University

Presentations

International and National

Cardinal, M. K. (April 2008). *Preventing dance injuries: Conditioning to overcome malalignments and muscular imbalances*. Session presented at the National Dance Association of the American Alliance for Health, Physical Education, Recreation and Dance Convention, Fort Worth, TX.

Henderson, J. (April 2008). *Complementary and alternative medicine for women diagnosed with breast cancer*. Panel presentation at the National Breast Cancer Coalition Advocacy Conference, Washington, DC.

Van der Mars, H., McNamee, J.B., and **Timken, G.L.** (2008) *RC grant findings: Coaching physical educators to integrate formal assessment into daily instruction*. Paper presented at the Research Consortium of the American Alliance for Health, Physical Education, Recreation and Dance Convention, Fort Worth, TX.

Local State and Regional

- Bruce, E. & Farrell, K.** (November 2007) *Importance of physical activity and diet*. Presentation for the WOU Residence Halls occupants, Monmouth, OR.
- Cardinal, M., Ward, P., & Farrell, K.** and 20+ physical education students (April 2008). *Talmadge Middle School Health Fair*, Independence, OR.
- Caster, B.** (January 2008). *Awareness workshop on Leave No Trace principles and educational opportunities from Leave No Trace Center for Outdoor Ethics*, Silver Falls Higher Education Health and Physical Education Conference, Silver Falls, OR.
- Henderson, J.** (April 2008). *Student-generated social marketing ads for immunization*. Public Providers Immunization Conference, Portland, OR.
- Kelly, T.** (February 2008) *Active minds*. Invited presentation for a student group at WOU on mental health links to physical activity and nutrition, Monmouth, OR.
- Kelly, T.** (February 2008) *Energy drink issues*. Invited speaker on 1190 KEX News Radio, Portland, OR.
- Little, T., Pedersen, P.J., & Henderson, J.** (April 2008). *Students perspectives of teen pregnancy in Sweet Home, Oregon*. Paper presented at Adolescent Sexuality Conference, Seaside, Oregon.
- Pedersen, P.J.** (October 2007), *Perceptions of obesity among pre-service educators*. Presentation at the Oregon Association for Health, Physical Education, Recreation, and Dance Annual Conference, Salem, OR.
- Timken, G.L.** (October 2007) *“Very few students engage in this area” Not! History & Future Directions of Research on Teaching and Teacher Education Conference*, Pittsburg, PA.
- Ward, P.** (Fall 2007) *Final’s Week Relaxation Workshop*. Invited presentation for the WOU Residence Halls occupants, Monmouth, OR.
- Ward, P.** (Fall 2007) *Social Dance Workshops*. Invited presentations for the WOU Residence Halls occupants and social dance club, Monmouth, OR.

Professional Service Duties

International and National

Marita Cardinal

- (2000 to present) Editorial Board Member and Manuscript reviewer, *Journal of Dance Education*, National Dance Education Organization
- Program Planner and Presider, “Movement, Alignment, and Injury Prevention,” Workshop session presented at the National Dance Association, American Alliance for Health, Physical Education, Recreation and Dance Convention, Fort Worth, TX

- Presider and Moderator, “Research Design and Methodology Challenges in Dance”, Dance Symposium presented at the Research Consortium, American Alliance for Health, Physical Education, Recreation and Dance Convention, Fort Worth, TX

Jessica Henderson

- (2006 to present) Advisory Panelist, Endocrinology and Metabolic Drugs Committee, Food and Drug Administration (FDA), Washington, DC
- (2007-2008) Department of Defense Medical Division, Breast Cancer Research Program, Endocrinology Committee grant reviewer, Washington, DC
- (March 2008) California Breast Cancer Research Program. Innovative Treatment Committee grant reviewer. San Francisco, CA

Peggy J. Pedersen

- National Committee on Awards: Research Consortium of the American Alliance of Health, Physical Education, and Dance (AAHPERD). 2005-2008
- Abstract Reviewer, American School Health Association Research Council, February 2007
- Textbook Editing: Access to Health, 11th Ed., Pearson Benjamin Cummings Publishers, April 2008-June 2008

Linda Stonecipher

- Manuscript reviewer, *American Journal of Health Education*, 1993 to Present

Local, State and Regional

Elke Asleson

- Co-director of the 2nd Annual WOU Sprint Triathlon, April 2008.

Marita Cardinal

- Coordinator, Fitness students’ participation in Talmadge Middle School Community Health Fair (PE 244), Division of Health and Physical Education, Western Oregon University
- Coordinator, Dance students’ participation in “Dancing with Seniors” events at the ClareBridge of Salem Group Home for seniors with dementia and Alzheimer’s disease (PE 121 and 122), Division of Health and Physical Education, Western Oregon University
- Coordinator, Bridgeport Elementary (Luckiamute Valley Charter Schools) children’s participation in teacher education courses (PE 246, PE 433), Division of Health and Physical Education, Western Oregon University
- Coordinator, Teaching Research Child Development Center children's participation in teacher education courses (PE 246, PE 433), Division of Health and Physical Education, Western Oregon University
- Coordinator, Local home-schooled children's weekly participation in teacher education course (PE 434), Division of Health and Physical Education, Western Oregon University
- Advisor, Camp Adventure Club, Western Oregon University
- Advisor, Social Dance Club, Western Oregon University
- Mentor, Faculty Peer Portfolio Mentoring Program, Division of Health and Physical Education, College of Education, Western Oregon University
- Facilitator, Student Presentations on Elementary Physical Education Teaching Practicum (PE 434) and Scholarship Through Social Dance (PE 122), Academic Excellence Showcase, Western Oregon University

- Coordinator, Student Awards in Physical Education (NASPE Major of the Year Awards, OAHPERD Student Scholarships and Board Representative, WOU Student Leadership Awards), Division of Health and Physical Education, Western Oregon University
- Coordinator, WOU Physical Education Student Leadership/Assistance (Registration Table Workers, Assistants to Conference Director), Oregon Association for Health, Physical Education, Recreation, and Dance (OAHPERD) Conference, Salem, OR
- Participant, Prof Chat, New Student Week, Western Oregon University

Brian Caster

- Co-chair, Health, Physical Education and Exercise Science WOU Academic Excellence Showcase.
- Chair, Search Committee: Exercise Science, Western Oregon University, 2007-08

Robert Hautula

- Chair, Health and Physical Education Curriculum Committee, Western Oregon University.

Tom Kelly

- Chair, COE Policy Analysis and Review Committee, Western Oregon University

Peggy Pedersen

- Chair, Search Committee: Health Education, Western Oregon University, 2007-08
- Chair, Health Program Assessment Subcommittee, Western Oregon University, 2007-present

Daryl Thomas

- Coordinator for Health Promotion recognition award: Outstanding Undergraduate Health Education Major Award from the American Association for Health Education, Western Oregon University.
- Co-chair, Health, Physical Education and Exercise Science WOU Academic Excellence Showcase.

Grants and Contracts Received

Jerry Braza

- Category I Faculty Development Grant (\$900)
- Category I Faculty Development Grant (\$651)

Eric Bruce

- Category II Faculty Development Grant (\$600)

Marita Cardinal

- Category I Faculty Development Grant (\$900)
- Category I Faculty Development Grant (\$900)

Brian Caster

- Category II Faculty Development Grant (\$600)
- Faculty Development Course Reassignment for Scholarly Activities (winter 2008)

Jessica Henderson

- Faculty Development Course Reassignment for Scholarly Activities (winter 2008)
- Category I Faculty Development Grant (\$858)

Bob Hautala

- Category I Faculty Development Grant (\$900)
- Reassignment for Scholarly Activities (Fall 08)

Peggy Pedersen

- Category I Faculty Development Grant (\$372)

Linda Stonecipher

- Contract with the Oregon Department of Education, *Asthma Friendly School* Grant (\$19,000)

Gay Timken

- Category I Faculty Development Grant (\$900).
- Reorienting Secondary School Physical Education: A Fitness Club Model (\$3,500)

Awards**Warren Allen**

- Provost's Award for Excellence in Teaching by Adjunct Faculty, 2008

Elke Asleson

- United States Masters Swimming National Women's LCM Qualifying Times, Mt. Hood Community College, August 2008
- Set course record in age group in the Canby Sprint Triathlon, Canby, OR, May 2008

Marita K. Cardinal

- Faculty Academic Advisor of the Year Award, Western Oregon University, 2008
- Mario & Alma Pastega Award for Excellence in Scholarship, Western Oregon University, 2008
- Plaudit Award (for service as Dance Movement, Alignment, and Injuries Workshop coordinator), National Dance Association, 2008

Conferences Organized**Eric Bruce**

- Co-organizer of the annual Health & Physical Education Higher Education Conference, Silver Falls, OR (January 2008)

Gay Timken

- Council for Children's Expanded Physical Education conference, Portland, OR (February 2008)